

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

September 13, 2025

{ Memorial – John Chrysostom, Bishop and Doctor }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship the Lord, fount of all wisdom.

— Come, let us worship the Lord, fount of all wisdom.

Come, let us sing to the Lord

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving

and sing joyful songs to the Lord.

— Come, let us worship the Lord, fount of all wisdom.

The Lord is God, the mighty God,

the great king over all the gods.

He holds in his hands the depths of the earth

and the highest mountains as well.

He made the sea; it belongs to him,

the dry land, too, for it was formed by his hands.

— Come, let us worship the Lord, fount of all wisdom.

Come, then, let us bow down and worship,

bending the knee before the Lord, our maker.

For he is our God and we are his people,

the flock he shepherds.

— Come, let us worship the Lord, fount of all wisdom.

Today, listen to the voice of the Lord:

Do not grow stubborn, as your fathers did

in the wilderness,

when at Meriba and Massah

they challenged me and provoked me,

Although they had seen all of my works.

— Come, let us worship the Lord, fount of all wisdom.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— Come, let us worship the Lord, fount of all wisdom.

Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship the Lord, fount of all wisdom.

Morning Prayer

HYMN

John, great and holy,
noble-minded Bishop,
eminent teacher:
citizens of heaven
crown you with praises,
as our hymns re-echo
their joyous singing.

Your mouth is golden,
uttering with ardor
words born of genius,
eloquent and loving,
richly instructing,
bitterly assailing
sin and injustice.

Mirror of virtue,
glorious in your merits,
you shine in splendor

and inspire the faithful,
truly becoming
all things to all people,
Paul's true disciple.

No one could break you,
nor could angry rulers
daunt or dismay you,
sending you to exile,
where you gained honor
worthy of a martyr,
palms of bright glory.

John, now in glory,
come with prayers to help us,
that we may hasten
to God's throne in heaven,
where we may join you,
singing pleasing anthems
to love eternal. Amen.

*Metrical hymn, melody: ISTE CONFESSOR (ROUEN/POITIERS), 11 11 11 5;
from the Poitiers Antiphoner, 1746*

*Plainsong, mode I, melody 4; Liber Hymnarius, Solesmes, 1983, Text: Laude te cives
superi coronant, Anselmo Lentini, O.S.B., 1901–1989*

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Sit or stand

PSALMODY

Antiphon 1

Lord, you are near to us, and all your ways are true.

Psalm 119:145-152

XIX (Koph)

I cáll with all my héart; Lord, héar me, *
I will kéep your commánds;
I cáll upón you, sáve me *
and Í will do your wíll.

I ríse before dáwn and cry for hélp, *
I hópe in your wórd.
My éyes wáitch through the níght *
to pónder your prómise.

In your lóve hear my vóice, O Lórd; *
give me lífe by your decreés.
Those who hárm me unjústly draw néar: *
they are fár from your láw.

But yóu, O Lórd, are clóse: *
your commánds are trúth.
Lóng have I knówn that your wíll *
is estáblished for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Lord, you are near to us, and all your ways are true.

Antiphon 2

Wisdom of God, be with me, always at work in me.

Canticle – Wisdom 9:1-6, 9-11

Lord, give me wisdom

I will inspire you with wisdom which your adversaries will be unable to resist (Luke 21:15).

God of my fathers, Lord of mercy, *
you who have made all things by your word
and in your wisdom have established man *

to rule the creatures produced by you,
to govern the world in holiness and justice, *
and to render judgment in integrity of heart:

Give me Wisdom, the attendant at your throne, *
and reject me not from among your children:
for I am your servant, the son of your handmaid, †
a man weak and short-lived *
and lacking in comprehension of judgment and of laws.

Indeed, though one be perfect among the sons of men, †
if Wisdom, who comes from you, be not with him, *
he shall be held in no esteem.

Now with you is Wisdom who knows your works *
and was present when you made the world;
who understands what is pleasing in your eyes *
and what is conformable with your commands.

Send her forth from your holy heavens *
and from your glorious throne dispatch her
that she may be with me and work with me, *
that I may know what is your pleasure.

For she knows and understands all things, †
and will guide me discreetly in my affairs *
and safeguard me by her glory.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Wisdom of God, be with me, always at work in me.

Antiphon 3

The Lord remains faithful to his promise for ever.

Psalm 117

Praise for God's loving compassion

I affirm that . . . the Gentile peoples are to praise God because of his mercy (Romans

15:8-9).

O praise the Lórd, all you nátions,*
accláim him, all you péoples!

Stróng is his lóve for ús;*
he is fáithful for éver.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

The Lord remains faithful to his promise for ever.

Sit

READING

Wisdom 7:13-14

Simply I learned about Wisdom, and ungrudgingly do I share—
her riches I do not hide away;
For to men she is an unfailing treasure;
those who gain this treasure win the friendship of God,
to whom the gifts they have from discipline commend them.

RESPONSORY

Let the peoples proclaim the wisdom of the saints.

— Let the peoples proclaim the wisdom of the saints.

With joyful praise let the Church tell forth

— the wisdom of the saints.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Let the peoples proclaim the wisdom of the saints.

Stand

GOSPEL CANTICLE

Antiphon

Those who are learned will be as radiant as the sky in all its beauty;

those who instruct the people in goodness will shine like the stars
for all eternity.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Those who are learned will be as radiant as the sky in all its beauty;
those who instruct the people in goodness will shine like the stars

for all eternity.

INTERCESSIONS

Christ is the Good Shepherd who laid down his life for his sheep.
Let us praise and thank him as we pray:

— Nourish your people, Lord.

Christ, you decided to show your merciful love through your holy shepherds,
let your mercy always reach us through them.

— Nourish your people, Lord.

Through your vicars you continue to perform the ministry of shepherd of souls,
direct us always through our leaders.

— Nourish your people, Lord.

Through your holy ones, the leaders of your people, you served as physician of our bodies and our spirits,
continue to fulfill your ministry of life and holiness in us.

— Nourish your people, Lord.

You taught your flock through the prudence and love of your saints,
grant us continual growth in holiness under the direction of our pastors.

— Nourish your people, Lord.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

Father,
the strength of all who trust in you,
you made John Chrysostom
renowned for his eloquence
and heroic in his sufferings.
May we learn from his teaching
and gain courage from his patient endurance.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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