

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER I

September 13, 2025

{ Feast – Triumph of the Cross }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

The banners of the King go forth,
the gleaming myst'ry of the Cross,
by which the Maker of all flesh
was yoked in flesh upon the wood;

Where, wounded as he hung on high
by ruthless blade of sharpened spear,
there flowed forth water mixed with blood,
to wash us clean from ev'ry sin.

O noble tree with blood adorned,
the splendid purple of the King,
wood chosen from a worthy stock
to touch and bear such holy limbs.

O blessed tree whose branches bore
the price and ransom of the world!
Like scales it weighed the body's worth
and bore away the spoils of hell.

Hail altar, victim, sacrifice,
for glory gained through grief and death,
by which our Life endured to die
and through his death restored our life.

O Cross, all hail, our only hope!
In glorious triumph raised on high,
increase the grace of loving hearts
and rid the guilty of their sin.

O Triune God, let all sing praise

to you, the font of saving grace;
sustain for ever those you save
by wondrous myst'ry of the Cross. Amen.

Metrical hymn, melody: GONFALON ROYAL, 8 8 8 8; Sir Percy Carter Buck, 1871–1947

*Plainsong, mode I, melody 29; Liber Hymnarius, Solesmes, 1983, Text: Vexilla regis
prodeunt, Venantius Fortunatus, ca. 530–600*

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Sit or stand

PSALMODY

Antiphon 1

Our crucified and risen Lord has redeemed us.

Psalms 147:1–11

The loving kindness of God who can do all he wills

You are God: we praise you; you are the Lord: we acclaim you.

Praise the Lórd for hé is góod; †
sing to our Gód for hé is lóving: *
to hím our práise is dúe.

The Lórd builds up Jerúsalem *
and bríngs back Ísrael's éxiles,
he héals the bróken-héarted, *
he bínds up áll their wóunds.
He fixes the númer of the stárs; *
he cálls each óne by its náme.

Our Lórd is gréat and almíghty; *
his wísdom can néver be méasured.
The Lórd ráises the lówly; *
he húmbles the wícked to the dúst.

O síng to the Lórd, giving thánks; *
sing psálms to our Gód with the hárp.

He cóvers the héavens with clóuds; *
he prepáres the ráin for the éarth,
making móuntains spróut with gráss *
and with plánts to sérvé man's néeds.
He provídes the béasts with their fóod *
and young rávens that cáll upón him.

His delíght is nót in hórses *
nor his pléasure in wárríors' stréngth.
The Lórd delights in thóse who revére him, *
in thóse who wáit for his lóve.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Our crucified and risen Lord has redeemed us.

Antiphon 2

The tree of life flourished in the midst of the holy city of Jerusalem,
and its leaves had power to save all the nations, alleluia.

Psalm 147:12-20

The restoration of Jerusalem

Come, I will show you the bride of the Lamb (Revelation 21:9).

O práise the Lórd, Jerúsalem! *
Zíon, práise your Gód!

He has stréngthened the bárs of your gátes, *
he has bléssed the chíldren withín you.
He estáblished péace on your bórders, *
he féeds you with fínest whéat.

He sénds out his wórd to the éarth *
and swíftly rúns his commánd.
He shówers down snów white as wóol, *

he scátters hóar-frost like áshes.

He húrles down háilstones like crúmbs. *
The wáters are frózen at his tóuch;
he sénd forth his wórd and it mélts them: *
at the bréath of his móuth the waters flów.

He mákes his wórd known to Jácob, *
to Ísrael his láws and decrées.
He has not déalt thus with óther nátions; *
he has not táught them hís decrées.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The tree of life flourished in the midst of the holy city of Jerusalem,
and its leaves had power to save all the nations, alleluia.

Antiphon 3

We must glory in the cross of our Lord Jesus Christ.

Canticle - Philippians 2:6-11

Christ, God's holy servant

Though he was in the form of God, †
Jesus did not deem equality with God *
something to be grasped at.

Rather, he emptied himself †
and took the form of a slave, *
being born in the likeness of men.

He was known to be of human estate, *
and it was thus that he humbled himself,
obediently accepting even death, *
death on a cross!

Because of this, *
God highly exalted him
and bestowed on him the name *

above every other name,
So that at Jesus' name *
every knee must bend
in the heavens, on the earth, *
and under the earth,
and every tongue proclaim †
to the glory of God the Father: *
JESUS CHRIST IS LORD!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

We must glory in the cross of our Lord Jesus Christ.

Sit

READING

1 Corinthians 1:23-24

We preach Christ crucified—a stumbling block to Jews, and an absurdity to Gentiles; but to those who are called, Jews and Greeks alike, Christ the power of God and the wisdom of God.

RESPONSORY

The sign will appear in the heavens when the Lord comes.

— The sign will appear in the heavens when the Lord comes.

Lift up your heads, your salvation is at hand.

— When the Lord comes.

Glory to the Father, and to the Son, and to the Holy Spirit,

— The sign will appear in the heavens when the Lord comes.

Stand

GOSPEL CANTICLE

Antiphon

It was ordained that Christ should suffer, and on the third day rise from the dead.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

It was ordained that Christ should suffer, and on the third day rise

from the dead.

INTERCESSIONS

Let us pray with confidence to Christ who endured the cross to save us:

— Lord, through your cross bring us to the glory of your kingdom.

O Christ, you emptied yourself, taking the form of a servant and being made like us,
grant that your people may follow the example of your humility.

— Lord, through your cross bring us to the glory of your kingdom.

O Christ, you humbled yourself and became obedient unto death, even death on a cross,
grant that your servants may imitate your obedience and willing acceptance of trials.

— Lord, through your cross bring us to the glory of your kingdom.

O Christ, you were raised up by the Father and given the name that is above all other names,
may your people, strengthened in the hope of a heavenly resurrection, persevere to the end.

— Lord, through your cross bring us to the glory of your kingdom.

O Christ, at your name every knee in heaven, on earth and under the earth will bend in adoration,
pour out your love upon all men that they may join together in proclaiming your glory.

— Lord, through your cross bring us to the glory of your kingdom.

O Christ, every tongue shall confess that you are Lord to the glory of God the Father,
welcome our brothers and sisters who have died into the unfailing

joy of your kingdom.

— Lord, through your cross bring us to the glory of your kingdom.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

God our Father,
in obedience to you
your only Son accepted death on the cross
for the salvation of mankind.
We acknowledge the mystery of the cross on earth.
May we receive the gift of redemption in heaven.
We ask this through our Lord Jesus Christ,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

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