

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

June 24, 2026

{ Solemnity – Birth of John the Baptist }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord
with willing mind and fervent heart;
the noonday hour returns again
and summons us once more to prayer.

For to the faithful at this hour
true saving glory was restored
by off'ring of the blessed Lamb
and by the power of his Cross.

The Cross obscures the noonday sun
by its most clear and brilliant light;
let us receive with all our heart
the gift of such resplendent grace.

To God the Father glory be,
all honor to his only Son,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: TALLIS' CANON, 8 8 8 8; Thomas Tallis, ca. 1505–1585

Plainsong, mode VIII, melody 113; Liber Hymnarius, Solesmes, 1983, Text: Dicamus laudes Domino, before 6th c.*

The English translation of Hymns and chants from The Liturgy of the Hours © 2023 International Commission on English in the Liturgy Corporation (ICEL).

Reproduced from The Divine Office Hymnal (hymns #325/326C). Copyright © 2023 United States Conference of Catholic Bishops, Washington, DC (USCCB). Published and distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the Pew Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and plainsong melodies, visit www.giamusic.com.

Sit or stand

PSALMODY

Antiphon

When your greeting sounded in my ears, the infant in my womb leaped for joy.

Psalm 123

The Lord, unfailing hope of his people

Two blind men cried out: "Have pity on us, Lord, Son of David" (Matthew 20:30).

To you have I lifted up my eyes, *
you who dwell in the heavens:
my eyes, like the eyes of slaves *
on the hand of their lords.

Like the eyes of a servant *
on the hand of her mistress,
so our eyes are on the Lord our God *
till he show us his mercy.

Have mercy on us, Lord, have mercy. *
We are filled with contempt.
Indeed all too full is our soul †
with the scorn of the rich, *
with the proud man's disdain.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 124

Our help is in the name of the Lord

The Lord said to Paul: "Fear not . . . I am with you" (Acts 18:9-10).

"If the Lord had not been on our side," *
this is Israel's song.

"If the Lord had not been on our side *
when men rose against us,
then would they have swallowed us alive *"

when their ánger was kíndled.

Thén would the wáters have engúlfed us, *
the tórrént gone óver us;
óver our héad would have swépt *
the ráging wáters.”

Bléssed be the Lórd who did not gíve us *
a préy to their téeth!
Our lífe, like a bírd, has escáped *
from the snáre of the fówler.

Indéed the snáre has been bróken *
and wé have escáped.
Our hélp is in the náme of the Lórd, *
who made héaven and éarth.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 125

The Lord, guardian of his people

Peace to God's true Israel (Galatians 6:16).

Thóse who put their trúst in the Lórd †
are like Mount Zíon, that cánnót be sháken, *
that stánds for éver.

Jerúsalem! The móuntains surróund her, †
so the Lórd surróunds his péople *
both nów and for éver.

For the scépter of the wícked shall not rést *
over the lánd of the júst
for féar that the hánds of the júst *
should túrn to évil.

Do góod, Lord, to thóse who are góod, *
to the úpright of héart;
but the cróoked and thóse who do évil, †

drive them away! *
On Ísrael, péace!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

When your greeting sounded in my ears, the infant in my womb
leaped for joy.

Sit

READING

See Isaiah 49:5-6

For now the Lord has spoken
who formed me as his servant from the womb.
I will make you a light to the nations,
that my salvation may reach to the ends of the earth.

Verse

The Lord called me from birth.

— From my mother's womb he named me.

Stand

CONCLUDING PRAYER

Let us pray.

God our Father,
you raised up John the Baptist
to prepare a perfect people for Christ the Lord.
Give your Church joy in spirit
and guide those who believe in you
into the way of salvation and peace.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri, Te Deum Laudamus, Benedictus, Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



UNITED STATES OF AMERICA
www.ebreviary.com