Liturgy of the Hours LITURGY OF THE HOURS

Office of Readings

June 22, 2025 { Solemnity – Corpus Christi }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Ηγμν

Let our joys magnify sacred solemnities, praises re-echoing from the heart's hidden depth; let the old pass away, all things be new again, hearts and voices and ev'ry work.

Christ on that blessed night, at his last Paschal Meal, gave his disciples there, as we recall in faith, lamb and unleavened bread, food by the Law bestowed on our fathers of ancient days.

Then for the frail and weak he gave his Flesh as food, and for the sorrowful he gave his Blood as drink, saying: Receive this cup, which I hand on to you; take this, all of you, drink from it.

Christ instituted thus this very sacrifice, granting to priests alone power to offer it, by his will and his charge

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making them fit to act, to receive, and to others give.

Bread of the angel hosts now is made bread for us, heavenly bread from God, truth of all prophecies, O marvel, wondrous gift! Who may consume the Lord? Lowly servants and poor of heart.

O God-head, Three in One, hear us, we beg of you: as we adore you, Lord, so come and visit us, lead us along your paths, where our hearts long to go, to that light where you live and reign. Amen.

Metrical hymn, melody: CHORLAMBUS, 12 12 12 8; ICEL, 2021

Plainsong, mode I, melody 18; Liber Hymnarius, Solesmes, 1983*, Text: Sacris sollemniis iuncta sint gaudia, attributed to St. Thomas Aquinas, O.P., 1225–1274

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Sit or stand

PSALMODY

Antiphon 1

Tell those who are invited: Behold, the meal is ready; come to the marriage feast.

Psalm 23

The Good Shepherd

The Lamb himself will be their shepherd and will lead them to the springs of living

waters (Revelation 7:17).

The Lórd is my shépherd; * there is nóthing I shall wánt. Frésh and gréen are the pástures * where he gíves me repóse. Near réstful wáters he léads me, * to revíve my drooping spírit.

He guídes me alóng the right páth; * he is trúe to his náme. If I should wálk in the válley of dárkness * no évil would I féar. You are thére with your cróok and your stáff; * with thése you give me cómfort.

You have prepáred a bánquet for mé ^{*} in the síght of my fóes. My héad you have anóinted with óil; ^{*} my cúp is overflówing.

Surely góodness and kíndness shall fóllow me ^{*} all the dáys of my lífe. In the Lórd's own hóuse shall I dwéll ^{*} for éver and éver.

Glory to the Father, and to the Son,* and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Tell those who are invited: Behold, the meal is ready; come to the marriage feast.

Antiphon 2

If anyone thirsts, let him come to me and drink from the ever-flowing streams.

Psalm 42

Longing for the Lord's presence in his Temple

Let all who thirst come; let all who desire it, drink from the life-giving water (Revelation 22:17).

Líke the déer that yéarns * for rúnning stréams, só my sóul is yéarning * for yóu, my Gód.

My sóul is thírsting for Gód, * the Gód of my lífe; whén can I énter and sée * the fáce of Gód?

My téars have becóme my bréad, * by níght, by dáy, as I héar it sáid all the day lóng: * "Whére is your Gód?"

Thése things will Í remémber * as I póur out my sóul: how I would léad the rejóicing crówd * into the hóuse of Gód, amid críes of gládness and thanksgíving, * the thróng wild with jóy.

Whý are you cast dówn, my sóul, * why gróan withín me? Hope in Gód; I will práise him stíll, * my sávior and my Gód.

My sóul is cast dówn withín me ^{*} as I thínk of yóu, from the cóuntry of Jórdan and Mount Hérmon, ^{*} from the Híll of Mízar.

Déep is cálling on déep, * in the róar of wáters: your tórrents and áll your wáves * swept óver mé. By dáy the Lórd will sénd * his lóving kíndness; by níght I will síng to hím, * praise the Gód of my lífe.

I will sáy to Gód, my róck: * "Whý have you forgótten me? Whý do Í go móurning * oppréssed by the fóe?"

With críes that píerce me to the héart, * my énemies revíle me, sáying to me áll the day lóng: * "Whére is your Gód?"

Whý are you cast dówn, my sóul, * why gróan withín me? Hope in Gód; I will práise him stíll, * my sávior and my Gód.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

If anyone thirsts, let him come to me and drink from the everflowing streams.

Antiphon 3

The Lord fed us with the finest wheat and filled us with honey from the rock.

Psalm 81

Solemn renewal of the Covenant

See that no one among you has a faithless heart (Hebrews 3:12).

Ring out your jóy to Gód our stréngth, * shout in tríumph to the Gód of Jácob.

Raise a sóng and sóund the tímbrel, * the swéet-sounding hárp and the lúte,

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blów the trúmpet at the néw moon, * when the móon is fúll, on our féast.

For thís is Ísrael's láw, * a commánd of the Gód of Jácob. He impósed it as a rúle on Jóseph, * when he went óut against the lánd of Égypt.

A vóice I did not knów said to mé: * "I fréed your shóulder from the búrden; your hánds were fréed from the lóad. * You cálled in distréss and I sáved you.

I ánswered, concéaled in the stórm cloud, * at the wáters of Meríbah I tésted you. Lísten, my péople, to my wárning, * O Ísrael, if ónly you would héed!

Let there bé no fóreign god amóng you,^{*} no wórship of an álien gód. Í am the Lórd your Gód, † who bróught you from the lánd of Égypt.^{*} Ópen wide your móuth and I will fill it.

But my péople did not héed my vóice * and Ísrael wóuld not óbey, so I léft them in their stúbbornness of héart * to fóllow their ówn desígns.

Ó that my péople would héed me, * that Ísrael would wálk in my wáys! At ónce I would subdúe their fóes, * turn my hánd agáinst their énemies.

The Lord's énemies would crínge at their féet * and their subjéction would lást for éver. But Ísrael I would féed with finest whéat * and fill them with hóney from the róck."

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

The Lord fed us with the finest wheat and filled us with honey from the rock.

VERSE

Wisdom built herself a house, alleluia.

— She mixed her wine and set her table, alleluia.

Sit

Readings

First reading

From the book of Exodus

24:1-11

They saw God, and they ate and drank

Moses himself was told, "Come up to the Lord, you and Aaron, with Nadab, Abihu, and seventy of the elders of Israel. You shall all worship at some distance, but Moses alone is to come close to the Lord; the others shall not come too near, and the people shall not come up at all with Moses."

When Moses came to the people and related all the words and ordinances of the Lord, they all answered with one voice, "We will do everything that the Lord has told us." Moses then wrote down all the words of the Lord and, rising early the next day, he erected at the foot of the mountain an altar and twelve pillars for the twelve tribes of Israel.

Then, having sent certain young men of the Israelites to offer holocausts and sacrifice young bulls as peace offerings to the Lord, Moses took half of the blood and put it in large bowls; the other half he splashed on the altar. Taking the book of the covenant, he read it aloud to the people, who answered, "All that the Lord has said, we will heed and do." Then he took the blood and sprinkled it on the people, saying, "This is the blood of the covenant which the Lord has made with you in accordance with all these words of his." Moses then went up with Aaron, Nadab, Abihu, and seventy elders of Israel, and they beheld the God of Israel. Under his feet there appeared to be sapphire tilework, as clear as the sky itself. Yet he did not smite these chosen Israelites. After gazing on God, they could still eat and drink.

Responsory

John 6:48, 49, 50, 51, 52

I am the bread of life. Your forefathers ate manna in the desert, and they died.

— This is the bread that comes down from heaven; anyone who eats this bread will never die.

I am the living bread come down from heaven. Anyone who eats this bread will live for ever.

— This is the bread that comes down from heaven; anyone who eats this bread will never die.

Second reading

From a work by Saint Thomas Aquinas, priest

(Opusculum 57, in festo Corporis Christi, lect. 1-4)

O precious and wonderful banquet!

Since it was the will of God's only-begotten Son that men should share in his divinity, he assumed our nature in order that by becoming man he might make men gods. Moreover, when he took our flesh he dedicated the whole of its substance to our salvation. He offered his body to God the Father on the altar of the cross as a sacrifice for our reconciliation. He shed his blood for our ransom and purification, so that we might be redeemed from our wretched state of bondage and cleansed from all sin. But to ensure that the memory of so great a gift would abide with us for ever, he left his body as food and his blood as drink for the faithful to consume in the form of bread and wine.

O precious and wonderful banquet, that brings us salvation and contains all sweetness! Could anything be of more intrinsic value? Under the old law it was the flesh of calves and goats that was offered, but here Christ himself, the true God, is set before us as our food. What could be more wonderful than this? No other sacrament has greater healing power; through it sins are purged away, virtues are increased, and the soul is enriched with an abundance of every spiritual gift. It is offered in the Church for the living and the dead, so that what was instituted for the salvation of all may be for the benefit of all. Yet, in the end, no one can fully express the sweetness of this sacrament, in which spiritual delight is tasted at its very source, and in which we renew the memory of that surpassing love for us which Christ revealed in his passion.

It was to impress the vastness of this love more firmly upon the hearts of the faithful that our Lord instituted this sacrament at the Last Supper. As he was on the point of leaving the world to go to the Father, after celebrating the Passover with his disciples, he left it as a perpetual memorial of his passion. It was the fulfillment of ancient figures and the greatest of all his miracles, while for those who were to experience the sorrow of his departure, it was destined to be a unique and abiding consolation.

Responsory

Know that in this bread is the body of Christ which hung on the cross, and in this cup, the blood of Christ which flowed from his side. Take, therefore, and eat his body; take and drink his blood,

- and you will become members of his body.

Eat this sacred food, so that your bond of unity with Christ may never be broken. Drink this sacred blood, the price he paid for you, so that you may never lose heart because of your sinfulness.

- And you will become members of his body.

Stand

Te Deum

You are God: we praise you; You are the Lord: we acclaim you; You are the eternal Father: All creation worships you.

To you all angels, all the powers of heaven,

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Cherubim and Seraphim, sing in endless praise: Holy, holy, holy, Lord, God of power and might, heaven and earth are full of your glory.

The glorious company of apostles praise you. The noble fellowship of prophets praise you. The white-robed army of martyrs praise you.

Throughout the world the holy Church acclaims you: Father, of majesty unbounded, your true and only Son, worthy of all worship, and the Holy Spirit, advocate and guide.

You, Christ, are the King of glory, the eternal Son of the Father.

When you became man to set us free you did not spurn the Virgin's womb.

You overcame the sting of death, and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory. We believe that you will come, and be our judge.

Come then, Lord, and help your people, bought with the price of your own blood, and bring us with your saints to glory everlasting.

Concluding Prayer

Let us pray.

Lord Jesus Christ, you gave us the eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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