

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

July 25, 2026

{ Feast – James, Apostle }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord
with willing mind and fervent heart;
the noonday hour returns again
and summons us once more to prayer.

For to the faithful at this hour
true saving glory was restored
by off'ring of the blessed Lamb
and by the power of his Cross.

The Cross obscures the noonday sun
by its most clear and brilliant light;
let us receive with all our heart
the gift of such resplendent grace.

To God the Father glory be,
all honor to his only Son,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: Tallis' Canon, 8 8 8 8; Thomas Tallis, ca. 1505–1585

*Plainsong, mode D, melody 124; Liber Hymnarius, Solesmes, 1983, Text: Dicamus
laudes Domino, before 6th c.*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023
International Commission on English in the Liturgy Corporation (ICEL).*

*Reproduced from The Divine Office Hymnal (hymns #327/328). Copyright © 2023
United States Conference of Catholic Bishops, Washington, DC (USCCB). Published
and distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the
Pew Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and
plainsong melodies, visit www.giamusic.com.*

Sit or stand

PSALMODY

Antiphon 1

I have chosen to do your will; may your hand be always there to strengthen me.

Psalm 119:169-176

XXII (Tau)

Lórd, let my cry come before you: *
téach me by your wórd.

Let my pléading come before you; *
sáve me by your prómise.

Let my líps procláim your práise *
because you téach me your commánds.

Let my tóngue síng your prómise *
for your commánds are júst.

Let your hánd be réady to hélp me, *
since I have chósén your précepts.

Lord, I lóng for your sáving hélp *
and your lów is my delíght.

Give lífe to my sóul that I may práise you. *
Let your decreés give me hélp.

I am lóst like a shéep; seek your sérvant *
for I reméber your commánds.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

I have chosen to do your will; may your hand be always there to strengthen me.

Antiphon 2

Your throne stands firm, O God, for ever.

Psalm 45

The marriage of the king

The Bridegroom is here; go out and welcome him (Matthew 25:6).

I

My héart overflóws with nóble wórds. †
To the kíng I must spéak the sóng I have máde; *
my tóngue as nímble as the pén of a scribe.

Yóu are the fáirest of the chíldren of mén †
and gráciousness is póured upón your líps: *
because Gód has bléssed you for évermóre.

O míghty one, gírd your swórd upon your thíg; †
in spléndor and státe, ríde on in tríumph *
for the cáuse of trúth and góodness and ríght.

Take áim with your bów in your dréad ríght hánd. †
Your árrows are shárp: péoples fall benéath you. *
The fóes of the kíng fall dówn and lose héart.

Your thróne, O Gód, shall endúre for éver. †
A scépter of jústice is the scépter of your kíngdom. *
Your lóve is for jústice; your háted for évil.

Therefore Gód, your Gód, has anóinted yóu †
with the óil of gládness abóve other kíngs: *
your róbes are frágrant with áloes and mýrrh.

From the ívory pálace you are gréeted with músic. †
The dáughters of kíngs are amóng your lóved ones. *
On your ríght stands the quéen in góld of Óphir.

Glory to the Father, and to the Son, *
and to the Holy Spírít:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Your throne stands firm, O God, for ever.

Antiphon 3

I saw the new Jerusalem, beautiful as a bride adorned to meet her husband.

II

Listen, O daughter, give ear to my words: *
forget your own people and your father's house.
So will the king desire your beauty: *
he is your lord, pay homage to him.

And the people of Tyre shall come with gifts, *
the richest of the people shall seek your favor.
The daughter of the king is clothed with splendor, *
her robes embroidered with pearls set in gold.

She is led to the king with her maiden companions. †
They are escorted amid gladness and joy; *
they pass within the palace of the king.

Sons shall be yours in place of your fathers: *
you will make them princes over all the earth.
May this song make your name for ever remembered. *
May the peoples praise you from age to age.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

I saw the new Jerusalem, beautiful as a bride adorned to meet her husband.

Sit

READING

Acts 5:12a, 14

Through the hands of the apostles, many signs and wonders occurred among the people. Nevertheless more and more believers, men and women in great numbers, were continually added to the Lord.

Verse

The apostles held fast to Christ's message.

— They kept the precepts he gave them.

Stand

CONCLUDING PRAYER

Let us pray.

Almighty Father,
by the martyrdom of Saint James
you blessed the work of the early Church.
May his profession of faith give us courage
and his prayers bring us strength.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri, Te Deum Laudamus, Benedictus, Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



UNITED STATES OF AMERICA
www.ebreviary.com