

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

May 13, 2026

{ Wednesday of the Sixth Week of Easter }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Come, servants, join in humble prayer
with psalms and hymns of worthy praise;
let mind and heart and lips extol
the blest and holy name of God.

For this is that dread time and hour,
in which the Judge of ages stood
condemned to death by false decree,
unjustly judged by mortal foes.

And we with all the love we owe,
compelled by just and humble fear,
seek help against our wicked foe
and all his sly and fierce assaults.

Let us implore the one true God,
the Father and the Son, our King,
the Holy Spirit, Paraclete,
in Trinity, our God and Lord. Amen.

Metrical hymn, melody: DEUS TUORUM MILITUM, 8 8 8 8; form the Grenoble Antiphoner, 1753

Plainsong, mode I, melody 2; Liber Hymnarius, Solesmes, 1983; Text: Venite, servi, supplices, 5-6th c.*

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Sit or stand

PSALMODY

Antiphon

Alleluia, alleluia, alleluia.

Psalm 119:57-64

VIII (Heth)

My párt, I have resólvéd, O Lórd,*
is to obéy your wórd.

With all my héart I implóre your fávor;*
show the mércy of your prómise.

I have póndered óver my wáys*
and retúrned to your will.

I made háste and díd not deláy*
to obéy your commánds.

Though the néts of the wícked ensnáred me*
I remébered your lów.

At mídnight I will ríse and thánk you*
for your júst decreés.

I am a fríend of áll who revére you,*
who obéy your précepts.

Lórd, your lóve fills the éarth.*
Téach me your commánds.

Glory to the Fátter, and to the Son,*
and to the Holy Spírit:
as it was in the béginning, is now,*
and will be for ever. Amen.

Psalm 55:2-15, 17-24

Against a fríend proved traitor

Jesus was seized with fear and distress (Mark 14:33).

I

O Gód, lísten to my práyer,*

do not hídé from my pléading,
atténd to mé and replý; *
with my cáres, I cannot rést.

I trémble at the shóuts of the fóe, *
at the críes of the wícked;
for they bríng down évil upón me. *
They assáil me with fúry.

My héart is strícken withín me, *
death's térror is ón me,
trémbling and féar fall upón me *
and hórror overwhélms me.

Ó that I had wíngs like a dóve *
to fly awáy and be at rést.
Só I would escápe far awáy *
and take réfuge in the désert.

I would hásten to fínd a shéltér *
from the ráging wínd,
from the destrúctive stórm, O Lórd, *
and from their plóttíng tóngues.

For Í can see nóthing but víolence *
and strífe in the cíty.
Níght and dáy they patról *
hígh on the cíty wálls.

It is fúll of wíckedness and évil; *
it is fúll of sín.
Its stréets are néver frée *
from týranny and decéit.

Glory to the Fátter, and to the Son, *
and to the Holy Spírít:
as it was in the bégínníng, is now, *
and will be for ever. Amen.

II

If thís had been dóne by an énýmý *
I could béar his táunts.

If a rival had risen against me, *
I could hide from him.

But it is you, my own companion, *
my intimate friend!
How close was the friendship between us. †
We walked together in harmony *
in the house of Gód.

As for me, I will cry to Gód *
and the Lórd will save me.
Évening, mórning and at noon *
I will cry and lament.

He will deliver my soul in peace *
in the attack against me:
for those who fight me are many, *
but he hears my voice.

Gód will hear and will humble them, *
the eternal judge:
for they will not amend their ways. *
They have no fear of Gód.

The traitor has turned against his friends; *
he has broken his word.
His speech is softer than butter, *
but war is in his heart.
His words are smoother than oil, *
but they are naked swords.

Entrust your cares to the Lórd *
and he will support you.
Hé will never allow *
the just man to stumble.

But you, O Gód, will bring them down *
to the pit of death.
Decéitful and bloodthirsty men †
shall not live half their days. *
O Lórd, I will trust in you.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Alleluia, alleluia, alleluia.

Sit

READING

1 John 5:5-6a

Who is conqueror of the world?
The one who believes that Jesus is the Son of God.
Jesus Christ it is who came through water and blood—
not in water only,
but in water and in blood.

Verse

The disciples rejoiced, alleluia.

— When they saw the risen Lord, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.

Lord,
as we celebrate your Son's resurrection,
so may we rejoice with all the saints
when he returns in glory,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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