

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

September 29, 2026

{ Feast – Michael, Gabriel and Raphael, Archangels }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship the Lord in the company of his angels.

— Come, let us worship the Lord in the company of his angels.

Come, let us sing to the Lord

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving

and sing joyful songs to the Lord.

— Come, let us worship the Lord in the company of his angels.

The Lord is God, the mighty God,

the great king over all the gods.

He holds in his hands the depths of the earth

and the highest mountains as well.

He made the sea; it belongs to him,

the dry land, too, for it was formed by his hands.

— Come, let us worship the Lord in the company of his angels.

Come, then, let us bow down and worship,

bending the knee before the Lord, our maker.

For he is our God and we are his people,

the flock he shepherds.

— Come, let us worship the Lord in the company of his angels.

Today, listen to the voice of the Lord:

Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,
Although they had seen all of my works.

— Come, let us worship the Lord in the company of his angels.

Forty years I endured that generation.
I said, “They are a people whose hearts go astray
and they do not know my ways.”
So I swore in my anger,
“They shall not enter into my rest.”

— Come, let us worship the Lord in the company of his angels.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship the Lord in the company of his angels.

Morning Prayer

HYMN

Christ, the splendor of the Father,
life and strength of ev’ry heart,
in the sight of all the angels
we sing psalms to you in prayer,
voices sounding, then responding,
raising songs of praise on high.

We acclaim with praise and honor
great Archangels in their choir,
but we chiefly praise the captain
of the mighty heav’nly host,
Michael, who with pow’r unvanquished

trampled Satan underfoot.

Under his defense in battle,
Christ most loving King and Lord,
banish Satan's snares and cunning,
lead us back to Paradise,
cleansed in body, mind, and spirit,
by your mercy, pure and kind.

Glory be to God the Father,
glory be to Christ, his Son,
glory to the Holy Spirit,
from all ages, Three in One:
let us sing with pleasing voices
praise resounding evermore. Amen.

*Metrical hymn, melody: Westminster Abbey, 8 7 8 7 8 7 ; adapted from an anthem by
Henry Purcell (1659-1695)*

Plainsong, mode II, melody 33; Liber Hymnarius, Solesmes, 1983, Text: Tibi, Christe,
splendor Patris, wrongly attributed to Rabanus Maurus, O.S.B., ca. 780-856*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023
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Sit or stand

PSALMODY

Antiphon 1

Let us join the angels in praising the Lord, as the cherubim and
seraphim sing: Holy, holy, holy.

Psalm 63:2-9

A soul thirsting for God

Whoever has left the darkness of sin yearns for God.

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thírsting.

My bódy pínes for yóu *
like a dry, weary lánd without wáter.
So I gáze on yóu in the sánctuary *
to sée your stréngth and your glóry.
For your lóve is bétter than life, *
my líps will spéak your práise.
So I will bléss you áll my lífe, *
in your náme I will líft up my hánds.
My sóul shall be filled as with a bándquet, *
my móuth shall práise you with jóy.

On my béd I remémber yóu. *
On yóu I múse through the níght
for yóu have béen my hélp; *
in the sháadow of your wíngs I rejóice.
My sóul clíngs to yóu; *
your right hand hólds me fást.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Let us join the angels in praising the Lord, as the cherubim and seraphim sing: Holy, holy, holy.

Antiphon 2

Angels of the Lord, sing praise to the Lord for ever.

Canticle – Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord. *
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.

Sun and moon, bless the Lord. *

Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. *

All you winds, bless the Lord.

Fire and heat, bless the Lord. *

Cold and chill, bless the Lord.

Dew and rain, bless the Lord. *

Frost and chill, bless the Lord.

Ice and snow, bless the Lord. *

Nights and days, bless the Lord.

Light and darkness, bless the Lord. *

Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. *

Praise and exalt him above all forever.

Mountains and hills, bless the Lord. *

Everything growing from the earth, bless the Lord.

You springs, bless the Lord. *

Seas and rivers, bless the Lord.

You dolphins and all water creatures, bless the Lord. *

All you birds of the air, bless the Lord.

All you beasts, wild and tame, bless the Lord. *

You sons of men, bless the Lord.

O Israel, bless the Lord. *

Praise and exalt him above all forever.

Priests of the Lord, bless the Lord. *

Servants of the Lord, bless the Lord.

Spirits and souls of the just, bless the Lord. *

Holy men of humble heart, bless the Lord.

Hananiah, Azariah, Mishael, bless the Lord. *

Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. *

Let us praise and exalt him above all forever.

Blessed are you, Lord, in the firmament of heaven. *

Praiseworthy and glorious and exalted above all forever.

Antiphon

Angels of the Lord, sing praise to the Lord for ever.

Antiphon 3

All the angels in heaven praise you, O Lord, and with one voice they say: To you we owe our hymn of praise, O God.

Psalm 149

The joy of God's holy people.

Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).

Síng a new sǫng to the Lórd, *
his práise in the assémbly of the fáithful.
Let Ísrael rejóice in its máker, *
let Zíon's sons exúlt in their kíng.
Let them práise his náme with dáncing *
and make músic with tímbrel and hárp.

For the Lórd takes delíght in his péople. *
He crówns the póor with salvátion.
Let the fáithful rejóice in their glóry, *
shout for jóy and táke their rést.
Let the práise of Gód be on their líps *
and a twó-edged swórd in their hánd,
to déal out véngeance to the nátions *
and púnishment on áll the péoples;
to bínd their kíngs in cháins *
and their nóbles in fétters of íron;
to cárry out the séntence pre-ordáined; *
this hónor is for áll his fáithful.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

All the angels in heaven praise you, O Lord, and with one voice

they say: To you we owe our hymn of praise, O God.

Sit

READING

Genesis 28: 12-13a

Jacob had a dream: a stairway rested on the ground, with its top reaching to the heavens; and God's messengers were going up and down on it. And there was the Lord standing beside him and saying: "I, the Lord, am the God of your forefather Abraham and the God of Isaac."

Responsory

An angel stood by the altar.

— An angel stood by the altar.

And held a golden censer

— by the altar.

Glory to the Father, and to the Son, and to the Holy Spirit,

— An angel stood by the altar.

Stand

GOSPEL CANTICLE

Antiphon

Truly I say to you: You will see the heavens open up, and the angels of God ascending and descending upon the Son of Man.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *

from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Truly I say to you: You will see the heavens open up, and the angels
of God ascending and descending upon the Son of Man.

INTERCESSIONS

With one voice the choirs of angels sing their unceasing praise of
the Lord. Let us join in their worship as we proclaim:

— Angels of the Lord, bless the Lord.

You commanded your angels to guard us in all our ways,
keep us from sin as you lead us in your path this day.

— Angels of the Lord, bless the Lord.

Father, the angels stand for ever before your face,
nourish in us a never-failing hope of coming at last into your pres-
ence.

— Angels of the Lord, bless the Lord.

Your children will be like the angels in heaven,
grant us chastity in both mind and body.

— Angels of the Lord, bless the Lord.

Send Michael, the prince of the heavenly hosts, to the aid of your people,
may he defend them against Satan and his angels on the day of battle.

— Angels of the Lord, bless the Lord.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

God our Father,
in a wonderful way you guide the work of angels and men.
May those who serve you constantly in heaven
keep our lives safe from all harm on earth.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

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