

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

June 12, 2026

{ Solemnity – Sacred Heart }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship Jesus, whose heart was wounded for love of us.

— Come, let us worship Jesus, whose heart was wounded for love of us.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us worship Jesus, whose heart was wounded for love of us.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us worship Jesus, whose heart was wounded for love of us.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Come, let us worship Jesus, whose heart was wounded for love of us.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,
Although they had seen all of my works.

— Come, let us worship Jesus, whose heart was wounded for
love of us.

Forty years I endured that generation.
I said, “They are a people whose hearts go astray
and they do not know my ways.”
So I swore in my anger,
“They shall not enter into my rest.”

— Come, let us worship Jesus, whose heart was wounded for
love of us.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship Jesus, whose heart was wounded for
love of us.

Morning Prayer

HYMN

O Jesus, source of clemency,
our hope of full and perfect joy,
the fount of tenderness and grace,
and true delight of ev'ry heart:

O Jesus, hope for contrite hearts:
how kind you are to those who ask,
how good to those who humbly seek!
What must you be for those who find?

Your love, O Jesus, is delight,

refreshment for the mind and heart:
it satisfies with no distaste
and brings new hunger to desire.

O Jesus, loved beyond all love
and hope of souls that long for you,
who seek you with devoted tears,
whose inmost heart cries out to you,

Remain with us, O Lord, remain,
dispel the darkened gloom of night
and with your light renew the dawn;
with sweetness fill the world once more.

O Jesus, height of kindliness,
true joy so wondrous to the heart
and goodness far beyond our ken,
the love you show us binds us fast.

O Flow'r of Virgin Mother pure,
O Love that brings us sweetest joy,
O Jesus, endless praise to you,
O Kingdom of all blessedness. Amen.

Metrical hymn, melody: FULDA, 8 8 8 8; attributed to William Gardiner, 1770-1853, in his Sacred Melodies, Volume II, 1815

Plainsong, mode III, melody 62; Liber Hymnarius, Solesmes, 1983; Text: Iesu, auctor clementiae, 12-13th c.; traditionally attributed to St. Bernard of Clairvaux, O.Cist., 1090-1153*

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Sit or stand

PSALMODY

Antiphon 1

Jesus stood and cried out: If anyone thirsts, let him come to me and

drink.

Psalm 63:2-9

A soul thirsting for God

Whoever has left the darkness of sin yearns for God.

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thírsting.

My bódý pínes for yóu *
like a drý, weary lánd without wáter.
So I gáze on yóu in the sánctuary *
to sée your stréngth and your glóry.

For your lóve is bétter than lífe, *
my líps will spéak your práise.
So I will bléss you áll my lífe, *
in your náme I will líft up my hánds.
My sóul shall be filled as with a bánquet, *
my móuth shall práise you with jóy.

On my béd I remémber yóu. *
On yóu I múse through the níght
for yóu have béen my hélp; *
in the sháadow of your wíngs I rejóice.
My sóul clíngs to yóu; *
your ríght hand hólds me fást.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Jesus stood and cried out: If anyone thirsts, let him come to me and drink.

Antiphon 2

Come to me, all you who labor and are burdened, and I will give you rest.

Canticle – Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord. *
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord. *
Stars of heaven, bless the Lord.
Every shower and dew, bless the Lord. *
All you winds, bless the Lord.
Fire and heat, bless the Lord. *
Cold and chill, bless the Lord.
Dew and rain, bless the Lord. *
Frost and chill, bless the Lord.
Ice and snow, bless the Lord. *
Nights and days, bless the Lord.
Light and darkness, bless the Lord. *
Lightnings and clouds, bless the Lord.
Let the earth bless the Lord. *
Praise and exalt him above all forever.
Mountains and hills, bless the Lord. *
Everything growing from the earth, bless the Lord.
You springs, bless the Lord. *
Seas and rivers, bless the Lord.
You dolphins and all water creatures, bless the Lord. *
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord. *
You sons of men, bless the Lord.
O Israel, bless the Lord. *
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord. *
Servants of the Lord, bless the Lord.

Spirits and souls of the just, bless the Lord. *
Holy men of humble heart, bless the Lord.
Hananiah, Azariah, Mishael, bless the Lord. *
Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. *
Let us praise and exalt him above all forever.
Blessed are you, Lord, in the firmament of heaven. *
Praiseworthy and glorious and exalted above all forever.

Antiphon

Come to me, all you who labor and are burdened, and I will give you rest.

Antiphon 3

My son, give me your heart; note carefully the way I point out to you.

Psalm 149

The joy of God's holy people.

Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).

Síng a new sǫng to the Lórd, *
his práise in the assémbly of the fáithful.
Let Ísrael rejóice in its máker, *
let Zíon's sons exúlt in their kíng.
Let them práise his náme with dáncing *
and make músic with tímbrél and hárp.
For the Lórd takes delíght in his péople. *
He crówns the póor with salvátion.
Let the fáithful rejóice in their glóry, *
shout for jóy and táke their rést.
Let the práise of Gód be on their líps *
and a twó-edged swórd in their hánd,
to déal out véngéance to the nátions *
and púnishment on áll the péoples;
to bínd their kíngs in cháins *
and their nóbles in fétters of íron;

to cárry out the séntence pre-ordáined; *
this hónor is for áll his fáithful.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

My son, give me your heart; note carefully the way I point out to you.

Sit

READING

Jeremiah 31:33

This is the covenant which I will make with the house of Israel after those days, says the Lord. I will place my law within them, and write it upon their hearts; I will be their God, and they shall be my people.

Responsory

Take my yoke upon you and learn from me.

— Take my yoke upon you and learn from me.

For I am gentle and humble of heart.

— Learn from me.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Take my yoke upon you and learn from me.

Stand

GOSPEL CANTICLE

Antiphon

With tender compassion, our God has come to his people and set them free.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

With tender compassion, our God has come to his people and set them free.

INTERCESSIONS

Brethren, let us pray to the Lord Jesus, who is meek and humble of

heart. Let us ask him:

— Most loving Lord, have mercy on us.

Jesus, the fullness of divinity dwells in you,
give us a share in your divine life.

— Most loving Lord, have mercy on us.

Jesus, in you are all the treasures of wisdom and knowledge,
make known to us through your Church the manifold wisdom of
God.

— Most loving Lord, have mercy on us.

Jesus, the Father was well pleased in you,
help us to hear your word and keep it.

— Most loving Lord, have mercy on us.

Jesus, of your fullness we have all received,
pour out upon us in abundance the Father's favor and truth.

— Most loving Lord, have mercy on us.

Jesus, you are the source of life and holiness,
make us holy and blameless in love.

— Most loving Lord, have mercy on us.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

CONCLUDING PRAYER

Father,
we rejoice in the gifts of love

we have received from the heart of Jesus your Son.
Open our hearts to share his life
and continue to bless us with his love.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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