

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

May 30, 2026

{ Saturday of the Eighth Week in Ordinary Time }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Let us listen to the voice of God; let us enter into his rest.

— Let us listen to the voice of God; let us enter into his rest.

Come, let us sing to the Lord

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving

and sing joyful songs to the Lord.

— Let us listen to the voice of God; let us enter into his rest.

The Lord is God, the mighty God,

the great king over all the gods.

He holds in his hands the depths of the earth

and the highest mountains as well.

He made the sea; it belongs to him,

the dry land, too, for it was formed by his hands.

— Let us listen to the voice of God; let us enter into his rest.

Come, then, let us bow down and worship,

bending the knee before the Lord, our maker.

For he is our God and we are his people,

the flock he shepherds.

— Let us listen to the voice of God; let us enter into his rest.

Today, listen to the voice of the Lord:

Do not grow stubborn, as your fathers did

in the wilderness,

when at Meriba and Massah

they challenged me and provoked me,

Although they had seen all of my works.

— Let us listen to the voice of God; let us enter into his rest.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— Let us listen to the voice of God; let us enter into his rest.

Glory to the Father, and to the Son,

and to the Holy Spirit:

as it was in the beginning, is now,

and will be for ever. Amen.

— Let us listen to the voice of God; let us enter into his rest.

Morning Prayer

HYMN

As daylight fills the sky once more,
let us with thanks and joyful voice
sing glory to the Lord our God
as we proclaim the grace of Christ,

Through whom the Maker of the world
decreed and fixed both night and day,
confirming by eternal law
that each proceed in ordered course.

True Light that shines on faithful hearts,
you are not bound by ancient law,
nor do you fail at close of day,
resplendent with eternal light.

O unbegotten Father, grant
that we may live throughout this day
filled with the Holy Spirit’s gifts,
intent on always pleasing Christ. Amen.

Metrical hymn, melody: Morning Hymn, 8 8 8 8; François Barthélémon, 1741–1808

Plainsong, mode IV, melody 70; Liber Hymnarius, Solesmes, 1983, Text: Diei luce reddita, 7–8th c.*

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Sit or stand

PSALMODY

Antiphon 1

We do well to sing to your name, Most High, and proclaim your mercy at daybreak.

Psalm 92

Praise of God the Creator

Sing in praise of Christ's redeeming work (Saint Athanasius).

It is good to give thánks to the Lórd, *
to make músic to your náme, O Most Hígh,
to procláim your lóve in the mórning *
and your trúth in the wátches of the níght,
on the tén-stringed lýre and the lúte, *
with the múrmuring sóund of the hárp.

Your déeds, O Lórd, have made me glád; *
for the wórk of your hánds I shout with jóy.
O Lórd, how gréat are your wórks! *
How déep are yóur desígns!
The fóolish man cánnót knów this *
and the fóol cánnót understánd.

Though the wícked spring úp like gráss *
and áll who do évil thríve:
they are dóomed to be etérnally destróyed. *
But yóu, Lord, are etérnally on hígh.
Sée how your énemíes pérish; *
all dóers of évil are scáttered.

To mé you give the wíld-ox's stréngth; *
you anóint me with the púrest óil.
My éyes looked in tríumph on my fóes; *
my éars heard gládly of their fáll.
The júst will flóurish like the pálm-tree *
and grów like a Lébanon cédar.

Plánted in the hóuse of the Lórd *
they will flóurish in the cóurts of our Gód,
still bearing frúit when they are óld, *
still full of sáp, still gréen,
to procláim that the Lórd is júst; *
in hím, my róck, there is no wróng.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

We do well to sing to your name, Most High, and proclaim your mercy at daybreak.

Antiphon 2

I will create a new heart in you, and breathe into you a new spirit.

Canticle – Ezekiel 36:24-28

The Lord will renew his people

They will be his own people, and God himself will be with them, their own God (Revelation 21:3).

I will take you away from among the nations, †
gather you from all the foreign lands, *
and bring you back to your own land.

I will sprinkle clean water upon you †
to cleanse you from all your impurities, *
and from all your idols I will cleanse you.

I will give you a new heart *
and place a new spirit within you,

taking from your bodies your stony hearts *
and giving you natural hearts.

I will put my spirit within you †
and make you live by my statutes, *
careful to observe my decrees.

You shall live in the land I gave your fathers; †
you shall be my people, *
and I will be your God.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

I will create a new heart in you, and breathe into you a new spirit.

Antiphon 3

On the lips of children and infants you have found perfect praise.

Psalm 8

The majesty of the Lord and man's dignity

The Father gave Christ lordship of creation and made him head of the Church (Ephesians 1:22).

How gréat is your náme, O Lórd our Gód, *
through áll the éarth!

Your májesty is práised above the héavens; *
on the líps of chíldren and of bábes
you have found práise to fóil your énemy, *
to sílence the fóe and the rébel.

When I see the héavens, the wórks of your hánds, *
the móon and the stárs which you arráinged,
what is mán that you should kéeep him in mínd, *
mortal mán that you cáre for hím?

Yet you have máde him little léss than a gód; *
with glóry and hónor you crówned him,
gave him pówer over the wórks of your hánd, *

put áll things únder his féet.

Áll of them, shéep and cáttle, *
yes, éven the sávage béasts,
bírd of the aír, and fish *
that máke their wáy through the wáters.

How gréat is your náme, O Lórd our Gód, *
through áll the éarth!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

On the lips of children and infants you have found perfect praise.

Sit

READING

2 Peter 3:13-15a

What we await are new heavens and a new earth where, according to his promise, the justice of God will reside. So, beloved, while waiting for this, make every effort to be found without stain or defilement, and at peace in his sight. Consider that our Lord's patience is directed toward salvation.

Responsory

It is my joy, O God, to praise you with song.

— It is my joy, O God, to praise you with song.

To sing as I ponder your goodness,

— to praise you with song.

Glory to the Father, and to the Son, and to the Holy Spirit,

— It is my joy, O God, to praise you with song.

Stand

GOSPEL CANTICLE

Antiphon

Lord, guide our feet into the way of peace.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Lord, guide our feet into the way of peace.

INTERCESSIONS

Let us adore God, who has given hope and life to the world through his Son, and let us humbly ask him:

— Lord, hear us.

Lord, Father of all, you have brought us to the dawn of this day, make us live with Christ and praise your glory.

— Lord, hear us.

You have poured out faith, hope and love upon us, keep them firmly rooted in our hearts.

— Lord, hear us.

Lord, let our eyes be always raised up to you, so that we may swiftly answer your call.

— Lord, hear us.

Protect us from the snares and enticements of evil, keep our feet from stumbling.

— Lord, hear us.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

All-powerful and ever-living God,
splendor of true light, and never ending day:

let the radiance of your coming
banish from our minds
the darkness of sin.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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