

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

September 21, 2026

{ Feast – Matthew, Apostle and Evangelist }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord
with willing mind and fervent heart;
the noonday hour returns again
and summons us once more to prayer.

For to the faithful at this hour
true saving glory was restored
by off'ring of the blessed Lamb
and by the power of his Cross.

The Cross obscures the noonday sun
by its most clear and brilliant light;
let us receive with all our heart
the gift of such resplendent grace.

To God the Father glory be,
all honor to his only Son,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: DUGUET, 8 8 8 8; Abbé Dieudonné Duguet, 1794–1849

Plainsong, mode VIII, melody 107; Liber Hymnarius, Solesmes, 1983, Text: Dicamus
laudes Domino, before 6th c.*

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Sit or stand

PSALMODY

Antiphon 1

The will of God gives joy to the heart; we see all things in its light.

Psalm 19B

Praise of God who gave us the law of love

You must be perfect as your heavenly Father is perfect (Matthew 5:48).

The lár of the Lórd is pérfect, *
it revíves the sóul.

The rúle of the Lórd is to be trústed, *
it gives wísdóm to the símples.

The précepts of the Lórd are ríght, *
they gládden the héart.

The commánd of the Lórd is cléar, *
it gives líght to the éyes.

The féar of the Lórd is hóly, *
abíding for éver.

The decreés of the Lórd are trúth *
and áll of them júst.

They are móre to be desíred than góld, *
than the púrest of góld,
and swéeter are theý than hóney, *
than hóney from the cómb.

So in théms your sérvant finds instrúction; *
great rewárd is in their kéeping.

But whó can detéct all his érrors? *
From hídden faults acquít me.

From presúption restráin your sérvant *
and lét it not rúle me.

Thén shall Í be blámeless, *
cléan from grave sín.

May the spóken wórds of my móuth, *
the thóughts of my héart,

win fávor in your síght, O Lórd,*
my réscuer, my róck!

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

The will of God gives joy to the heart; we see all things in its light.

Antiphon 2

God comes in power to give his people justice.

Psalm 7

Prayer of a God-fearing man who is being calumniated

Here stands the Judge, at our very door (James 5:9).

I

Lord Gód, I take réfuge in yóu.*
From my pursúer sáve me and réscue me,
lest he téar me to piéces like a líon*
and drag me óff with nó one to réscue me.

Lord Gód, if my hánds have done wróng, †
if I have páid back évil for góod,*
I who sáved my unjúst oppréssor:
then let my fôe pursúe me and séize me, †
let him trámples my lífe to the gróund*
and láy my sóul in the dúst.

Lórd, rise úp in your ánger, †
rise against the fúry of my fôes;*
my God, awáke! Yóu will give júdgment.
Let the cómpany of nátions gather róund you, †
taking your séat abóve them on hígh.*
The Lórd is júdge of the péoples.

Give júdgment for me, Lórd; I am júst †
and ínnocent of héart.*
Put an énd to the évil of the wícked!

Make the júst stand fírm, †
you who tést mínd and héart, *
O júst Gód!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

God comes in power to give his people justice.

Antiphon 3

God is our judge, strong and just; he saves the upright of heart.

II

Gód is the shíeld that protécts me, *
who saves the úpright of héart.
Gód is a júst júdge *
slów to ánger;
but he threátens the wícked every dáy, *
men who wíll not repént.

Gód will shárpen his swórd; *
he has bráced his bów and taken áim.
For thém he has prépared deadly wéapons; *
he bárbs his árrows with fire.
Here is óne who is prégnant with málice, *
conceives évil and bríngs forth lías.

He digs a pítfall, dígs it déep; *
and in the tráp he has máde he will fáll.
His málice will recóil on himsélf; *
on his ówn head his víolence will fáll.

I will thánk the Lórd for his jústice: *
I will síng to the Lórd, the Most Hígh.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Antiphon

God is our judge, strong and just; he saves the upright of heart.

Sit

READING

Acts 5:12a, 14

Through the hands of the apostles, many signs and wonders occurred among the people. Nevertheless more and more believers, men and women in great numbers, were continually added to the Lord.

Verse

The apostles held fast to Christ's message.

— They kept the precepts he gave them.

Stand

CONCLUDING PRAYER

Let us pray.

God of mercy,
you chose a tax collector, Saint Matthew,
to share the dignity of the apostles.
By his example and prayers
help us to follow Christ
and remain faithful in your service.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

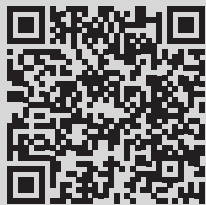
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