

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

August 6, 2026

{ Feast – Transfiguration }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship the King of glory, exalted on high.

— Come, let us worship the King of glory, exalted on high.

Come, let us sing to the Lord

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving

and sing joyful songs to the Lord.

— Come, let us worship the King of glory, exalted on high.

The Lord is God, the mighty God,

the great king over all the gods.

He holds in his hands the depths of the earth

and the highest mountains as well.

He made the sea; it belongs to him,

the dry land, too, for it was formed by his hands.

— Come, let us worship the King of glory, exalted on high.

Come, then, let us bow down and worship,

bending the knee before the Lord, our maker.

For he is our God and we are his people,

the flock he shepherds.

— Come, let us worship the King of glory, exalted on high.

Today, listen to the voice of the Lord:

Do not grow stubborn, as your fathers did

in the wilderness,

when at Meriba and Massah

they challenged me and provoked me,

Although they had seen all of my works.

— Come, let us worship the King of glory, exalted on high.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— Come, let us worship the King of glory, exalted on high.

Glory to the Father, and to the Son,

and to the Holy Spirit:

as it was in the beginning, is now,

and will be for ever. Amen.

— Come, let us worship the King of glory, exalted on high.

Morning Prayer

HYMN

How sweet the thought of Jesus' name!

It brings true joy to ev'ry heart;

yet sweeter still than honeycomb

and all things is his presence here.

No voice can sing a gentler song,

no ear can hear a gladder note,

no mind can think a sweeter thought

than Jesus, Son of God most high.

O Jesus, sweetness for the heart,

light for the mind and font of truth,

surpassing ev'ry earthly joy

and far exceeding all desire,

When you draw near to cheer our hearts,

truth gleams and gives them holy light;

all earthly pride grows old and vain

and charity burns bright within.

Good Jesus, pardon us our sin,

show us the treasures of your love,
and grant us through your presence, Lord,
to gaze upon your majesty.

To you we sing our hymns of praise,
who are the well-beloved Son,
revealed in glory, splendid light,
by Father and by Spirit blest. Amen.

Metrical hymn, melody: GONFALON ROYAL, 8 8 8 8; Sir Percy Carter Buck, 1871-1947

Plainsong, mode D, melody 125; Liber Hymnarius, Solesmes, 1983, Text: Dulcis Iesu memoria, 12-13th c.; traditionally attributed to St. Bernard of Clairvaux, O.Cist., 1090-1153

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Sit or stand

PSALMODY

Antiphon 1

Today the Lord Jesus shone with splendor on the mountain, his
face like the sun and his clothes white as snow.

Psalm 63:2-9

A soul thirsting for God

Whoever has left the darkness of sin yearns for God.

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thírsting.
My bódy pínes for yóu *
like a drý, weary lánd without wáter.
So I gáze on yóu in the sánctuary *
to sée your stréngth and your glóry.
For your lóve is bétter than life, *

my líps will spéak your práise.
So I will bléss you áll my lífe, *
in your náme I will líft up my hánds.
My sóul shall be filled as with a bánquet, *
my móuth shall práise you with jóy.

On my béd I remémber yóu. *
On yóu I múse through the níght
for yóu have béen my hélp; *
in the sháadow of your wíngs I rejóice.
My sóul clíngs to yóu; *
your right hand hólds me fást.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Today the Lord Jesus shone with splendor on the mountain, his
face like the sun and his clothes white as snow.

Antiphon 2

Today the Lord was transfigured and the voice of the Father bore
witness to him; Moses and Elijah appeared with him in glory and
spoke with him about the death he was to undergo.

Canticle – Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord. *
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord. *
Stars of heaven, bless the Lord.
Every shower and dew, bless the Lord. *

All you winds, bless the Lord.
Fire and heat, bless the Lord. *
Cold and chill, bless the Lord.
Dew and rain, bless the Lord. *
Frost and chill, bless the Lord.
Ice and snow, bless the Lord. *
Nights and days, bless the Lord.
Light and darkness, bless the Lord. *
Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. *
Praise and exalt him above all forever.
Mountains and hills, bless the Lord. *
Everything growing from the earth, bless the Lord.
You springs, bless the Lord. *
Seas and rivers, bless the Lord.
You dolphins and all water creatures, bless the Lord. *
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord. *
You sons of men, bless the Lord.

O Israel, bless the Lord. *
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord. *
Servants of the Lord, bless the Lord.
Spirits and souls of the just, bless the Lord. *
Holy men of humble heart, bless the Lord.
Hananiah, Azariah, Mishael, bless the Lord. *
Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. *
Let us praise and exalt him above all forever.
Blessed are you, Lord, in the firmament of heaven. *
Praiseworthy and glorious and exalted above all forever.

Antiphon

Today the Lord was transfigured and the voice of the Father bore witness to him; Moses and Elijah appeared with him in glory and spoke with him about the death he was to undergo.

Antiphon 3

The law was given through Moses and prophecy through Elijah.
Radiant in the divine majesty, they were seen speaking with the
Lord.

Psalm 149

The joy of God's holy people.

*Let the sons of the Church, the children of the new people, rejoice in Christ, their King
(Hesychius).*

Síng a new sǫng to the Lórd, *
his práise in the assémbly of the fáithful.
Let Ísrael rejóice in its máker, *
let Zíon's sons exúlt in their kíng.
Let them práise his náme with dáncing *
and make músic with tímbrel and hárp.

For the Lórd takes delíght in his péople. *
He crówns the póor with salvátion.
Let the fáithful rejóice in their glóry, *
shout for jóy and táke their rést.
Let the práise of Gód be on their líps *
and a twó-edged swórd in their hánd,
to déal out véngeance to the nátions *
and púnishment on áll the péoples;
to bínd their kíngs in cháins *
and their nóbles in fétters of íron;
to cárry out the séntence pre-ordáined; *
this hónor is for áll his fáithful.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The law was given through Moses and prophecy through Elijah.
Radiant in the divine majesty, they were seen speaking with the
Lord.

Sit

READING

Revelation 21:10, 23

The angel carried me away in spirit to the top of a very high mountain and showed me the holy city Jerusalem coming down out of heaven from God. The city had no need of sun or moon, for the glory of God gave it light, and its lamp was the Lamb.

RESPONSORY

With glory and honor, Lord, you have crowned him.

— With glory and honor, Lord, you have crowned him.

You set him over the works of your hands.

— Lord, you have crowned him.

Glory to the Father, and to the Son, and to the Holy Spirit,

— With glory and honor, Lord, you have crowned him.

Stand

GOSPEL CANTICLE

Antiphon

A voice spoke from the cloud: This is my beloved Son in whom I am well pleased; listen to him.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *

and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

A voice spoke from the cloud: This is my beloved Son in whom I
am well pleased; listen to him.

INTERCESSIONS

In the presence of his disciples our Savior was wonderfully trans-
figured on Mount Tabor. Let us pray to him with confidence:

— Lord, in your light may we see light.

Father of mercies, you glorified your heavenly Son and revealed
yourself in the bright cloud,
grant that we may listen in faith to the word of Christ.

— Lord, in your light may we see light.

O God, you have filled your chosen people with the bounty of your
house,
grant that we may always find the source of our life in the body of
Christ.

— Lord, in your light may we see light.

O God, you have scattered the darkness with your light and have poured your light into our hearts so that we might look upon the radiant face of Jesus Christ,
nourish in us the desire to contemplate your beloved Son.

— Lord, in your light may we see light.

O God, according to your plan, you have called us to holiness by your grace which you have revealed in Jesus Christ,
through your Gospel show to all mankind the glorious splendor of unending life.

— Lord, in your light may we see light.

Loving Father, you have so loved us that we have been called to be sons of God,
when Christ comes grant that we may be like him.

— Lord, in your light may we see light.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

God our Father,
in the transfigured glory of Christ your Son,
you strengthen our faith
by confirming the witness of your prophets,
and show us the splendor of your beloved sons and daughters.
As we listen to the voice of your Son,
help us to become heirs to eternal life with him

who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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