

*Liturgy of the Hours*  
LITURGY OF THE HOURS

EVENING PRAYER

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August 6, 2026

{ Feast – Transfiguration }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

**HYMN**

O Jesus, born true Light from Light,  
Redeemer of the passing world,  
with tender mercy hear our plea,  
receive our humble prayer and praise.

Your face more dazzling than the sun,  
your garments glist'ning white as snow:  
you showed yourself as sov'reign Lord  
to witnesses on Tabor's height.

You joined the hidden seers of old  
to new disciples you had formed;  
to both you gave the heav'nly gift,  
the faith to see that you are God.

From heav'n the Father's voice declared  
that you are his beloved Son,  
and we with faithful hearts confess  
that you are heaven's King on high.

As once it was your gracious will  
to come in flesh and save the lost,  
so, in your mystic Body, Lord,  
grant us as members to remain.

To you we sing our evening praise,  
who are the well-beloved Son,  
revealed in glory, splendid light,  
by Father and by Spirit blest. Amen.

*Metrical hymn, melody: GONFALON ROYAL, 8 8 8 8; Sir Percy Carter Buck, 1871-*

1947

*Plainsong, mode IV, melody 64; Liber Hymnarius, Solesmes, 1983, Text: O nata lux de lumine, ca. 9th c.*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

Jesus took Peter, James and his brother John and led them up a high mountain where they could be alone, and he was transfigured before them.

*Psalm 110:1-5, 7*

*The Messiah, king and priest*

*Christ's reign will last until all his enemies are made subject to him (1 Corinthians 15:25).*

The Lórd's revelátion to my Máster: †  
“Sít on my ríght: \*  
your fóes I will pút beneath your féet.”

The Lórd will wíeld from Zíon †  
your scépter of pówer: \*  
rúle in the mídst of all your fóes.

A prínce from the dáy of your bírth †  
on the hólý móuntains; \*  
from the wómb before the dáwn I begót you.

The Lórd has sworn an óath he will not chánge. †  
“You are a príest for éver, \*  
a príest like Melchízedeck of óld.”

The Máster stánding at your ríght hand \*  
will shatter kíngs in the dáy of his wráth.

He shall drínk from the stréam by the wáyside \*  
and thérefore he shall líft up his héad.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Jesus took Peter, James and his brother John and led them up a high mountain where they could be alone, and he was transfigured before them.

*Antiphon 2*

A bright cloud overshadowed them and suddenly a voice spoke from the cloud: This is my beloved Son in whom I am well pleased; listen to him.

*Psalm 121*

*Guardian of his people*

*Never again will they hunger and thirst, never again know scorching heat (Revelation 7:16).*

I líft up my éyes to the móuntains: \*  
from whére shall come my hélp?  
My hélp shall cóme from the Lórd \*  
who made héaven and éarth.

May he néver állow you to stúmb! \*  
Let him sléep not, your guárd.  
Nó, he sléeps not nor slúmbers, \*  
Ísrael's guárd.

The Lórd is your guárd and your sháde, \*  
at your ríght side he stánds.  
By dáy the sún shall not smíte you \*  
nor the móon in the níght.

The Lórd will guárd you from évil, \*  
he will guárd your sóul.  
The Lord will guárd your góing and cóming \*

both now and for ever.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

A bright cloud overshadowed them and suddenly a voice spoke from the cloud: This is my beloved Son in whom I am well pleased; listen to him.

*Antiphon 3*

As they came down from the mountain Jesus commanded them: Tell no one of the vision until the Son of Man has risen from the dead.

*Canticle – See 1 Timothy 3:16*

*The mystery and glory of Christ*

Praise the Lord, all you nations.

Christ manifested in the flesh,\*  
Christ justified in the Spirit.

Praise the Lord, all you nations.

Christ contemplated by the angels,\*  
Christ proclaimed by the pagans.

Praise the Lord, all you nations.

Christ who is believed in the world,\*  
Christ exalted in glory.

Praise the Lord, all you nations.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

As they came down from the mountain Jesus commanded them:

Tell no one of the vision until the Son of Man has risen from the dead.

*Sit*

READING

*Romans 8:16-17*

The Spirit himself gives witness with our spirit that we are children of God. But if we are children, we are heirs as well: heirs of God, heirs with Christ, if only we suffer with him so as to be glorified with him.

RESPONSORY

Beauty and wealth surround him, alleluia, alleluia.

— Beauty and wealth surround him, alleluia, alleluia.

Richness and splendor adorn his holy place.

— Alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Beauty and wealth surround him, alleluia, alleluia.

*Stand*

GOSPEL CANTICLE

*Antiphon*

When they heard the voice from the cloud, the disciples fell on their faces, overcome with fear; Jesus came up to them, touched them and said: Stand up. Do not be afraid.

*Luke 1:46-55*

*The soul rejoices in the Lord*

*Make sign of cross*

My soul proclaims the greatness of the Lord, \*  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant. \*

From this day all generations will call me blessed:  
the Almighty has done great things for me, \*

and holy is his Name.

He has mercy on those who fear him \*  
in every generation.

He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

He has filled the hungry with good things, \*  
and the rich he has sent away empty.

He has come to the help of his servant Israel \*  
for he has remembered his promise of mercy,  
the promise he made to our fathers, \*  
to Abraham and his children for ever.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

When they heard the voice from the cloud, the disciples fell on their faces, overcome with fear; Jesus came up to them, touched them and said: Stand up. Do not be afraid.

### INTERCESSIONS

In the presence of his disciples our Savior was wonderfully transfigured on Mount Tabor. Let us pray to him with confidence:

— Lord, in your light may we see light.

O Christ, before your passion and death you revealed the resurrection to your disciples on Mount Tabor; we pray for your Church which labors amid the cares and anxieties of this world, that in its trials it may always be transfigured by the joy of your victory.

— Lord, in your light may we see light.

O Christ, you took Peter, James and John and led them up a high

mountain by themselves; we pray for our pope and bishops, that they may inspire in your people the hope of being transfigured at the last day.

— Lord, in your light may we see light.

O Christ, upon the mountaintop you let the light of your face shine over Moses and Elijah, we ask your blessing upon the Jewish people; of old you called them to be your chosen nation.

— Lord, in your light may we see light.

O Christ, you gave light to the world when the glory of the Creator arose over you, we pray for men of good will that they may walk in your light.

— Lord, in your light may we see light.

O Christ, you will reform our lowly body and make it like your glorious one, we pray for our brothers and sisters who have died that they may share in your glory for ever.

— Lord, in your light may we see light.

*The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

CONCLUDING PRAYER

God our Father,  
in the transfigured glory of Christ your Son,  
you strengthen our faith  
by confirming the witness of your prophets,

and show us the splendor of your beloved sons and daughters.  
As we listen to the voice of your Son,  
help us to become heirs to eternal life with him  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

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