Liturgy of the Hours LITURGY OF THE HOURS

Daytime Prayer

July 25, 2025 { Feast – James, Apostle }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Ηγμν

Let us sing praises to the Lord with willing mind and fervent heart; the noonday hour returns again and summons us once more to prayer.

For to the faithful at this hour true saving glory was restored by off'ring of the blessed Lamb and by the power of his Cross.

The Cross obscures the noonday sun by its most clear and brilliant light; let us receive with all our heart the gift of such respnendent grace.

To God the Father glory be, all honor to his only Son, one with the Spirit Paraclete, from age to age for evermore. Amen.

Metrical hymn, melody: DUGUET, 8 8 8 8; Abbé Dieudonné Duguet, 1794-1849

Plainsong, mode VIII, melody 107; Liber Hymnarius, Solesmes, 1983*, Text: Dicamus laudes Domino, before 6th c.

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Sit or stand

PSALMODY

Antiphon 1

Lord, great is the peace of those who love your law.

Psalm 119:161-168

XXI (Shin)

Though prínces oppréss me without cáuse * I stand in áwe of your wórd. I táke delight in your prómise * like óne who finds a tréasure.

Líes I háte and detést * but your láw is my lóve. Séven times a dáy I práise you * for your júst decrées.

The lóvers of your láw have great péace; * they néver stúmble. I awáit your saving hélp, O Lórd, * I fulfill your commánds.

My sóul obéys your wíll * and lóves it déarly. I obéy your précepts and your wíll; * all that I dó is befóre you.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Lord, great is the peace of those who love your law.

Antiphon 2

The assembly of believers had but one mind and heart.

Psalm 133

Joy when hearts are united in love

Let us love one another, for love is of God (1 John 4:7).

How good and how pléasant it ís, * when bróthers líve in únity!

It is líke precious óil upon the héad * running dówn upon the béard, running dówn upon Áaron's béard, * upon the cóllar of his róbes.

It is líke the dew of Hérmon which fálls * on the héights of Zíon. For thére the Lórd gives his bléssing, * lífe for éver.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

The assembly of believers had but one mind and heart.

Antiphon 3

Save me from the grasp of the sinner, O Lord, my saving power.

Psalm 140:1-9, 13-14

Lord, you are my refuge

The Son of Man will be handed over to wicked men (Matthew 26:45).

Réscue me, Lórd, from evil mén; * from the víolent kéep me sáfe, from thóse who plan évil in their héarts * and stír up strífe every dáy; who shárpen their tóngue like an ádder's, * with the póison of víper on their líps.

Lord, guárd me from the hánds of the wícked; † from the víolent kéep me sáfe; *

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they plán to máke me stúmble. The próud have hídden a tráp, † have spréad out línes in a nét, * set snáres acróss my páth.

I have sáid to the Lórd: "You are my Gód."* Lord, héar the crý of my appéal! Lord my Gód, my míghty hélp, * you shíeld my héad in báttle. Do not gránt the wícked their desíre * nor lét their plóts succéed.

I know that the Lórd will avénge the póor, * that hé will do jústice for the néedy. Yes, the júst will práise your náme: * the úpright shall líve in your présence.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Save me from the grasp of the sinner, O Lord, my saving power. *Sit*

Reading

Acts 5:12a, 14

Through the hands of the apostles, many signs and wonders occurred among the people. Nevertheless more and more believers, men and women in great numbers, were continually added to the Lord.

Verse

The apostles held fast to Christ's message.

— They kept the precepts he gave them.

Stand

CONCLUDING PRAYER

Let us pray.

Almighty Father, by the martyrdom of Saint James you blessed the work of the early Church. May his profession of faith give us courage and his prayers bring us strength.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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