# Liturgy of the Hours LITURGY OF THE HOURS

## OFFICE OF READINGS

January 18, 2026 { Second Sunday in Ordinary Time }



## Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

#### HYMN

Hail, O day, of all days most glorious, blessed day of Christ's noble victory, day of gladness, worthy of endless joy, first and foremost.

Light divine now shines over all the blind: Christ the victor harrows the underworld, conqu'ring death he reconciles us to God, least to highest.

By the judgment of our eternal King all were sentenced under the law of sin, that from heaven grace for the poor and weak might bring solace.

In his wisdom and everlasting pow'r, God with mercy tempered his holy wrath, though the foolish world ran on heedlessly, all to ruin.

He is risen, free from the pow'r of hell, great restorer of the whole human race, on his shoulders bearing his wayward sheep up to heaven.

Peace of angels graces the human race; ranks of heaven grow and fill up again; praise is fitting to our triumphant Lord, praise eternal.

Let the Church our Mother now raise her voice

with the choirs of heaven in harmony. Let the faithful cry out with joy this day: Alleluia!

Death is conquered, vanquished and powerless; with delight let all sing in victory: Peace on earth, and let jubilation ring in high heaven. Amen.

Metrical hymn, melody: Tothill, 10 10 10 4; ICEL, 2021

Plainsong, mode VII, melody 91; Liber Hymnarius, Solesmes, 1983\*, Text: Salve dies, dierum gloria, Adam of St. Victor, 12th c.

The English translation of Hymns and chants from The Liturgy of the Hours © 2023 International Commission on English in the Liturgy Corporation (ICEL).

Reproduced from The Divine Office Hymnal (hymns #249/250). Copyright © 2023 United States Conference of Catholic Bishops, Washington, DC (USCCB). Published and distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the Pew Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and plainsong melodies, visit www.giamusic.com.

Sit or stand

#### **PSALMODY**

## Antiphon 1

Lord, our God, in splendor and majesty you are clothed, wrapped in light as in a robe, alleluia.

#### Psalm 104

## Hymn to God the Creator

To be in Christ means being a completely new creature. Everything of the old is gone, now everything is made anew (2 Corinthians 5:17).

I

Bléss the Lórd, my sóul! \* Lord Gód, how gréat you áre, clóthed in májesty and glóry, \* wrápped in líght as in a róbe!

You strétch out the héavens like a tént. \* Above the ráins you buíld your dwélling. You máke the clóuds your cháriot, \*

and wálk on the wings of the wind; you máke the winds your méssengers \* and fláshing fíre your sérvants.

You founded the éarth on its báse,\*
to stand firm from áge to áge.
You wrápped it with the ócean like a clóak: \*
the wáters stood hígher than the móuntains.

At your thréat they tóok to flíght; \*
at the vóice of your thúnder they fléd.
They róse over the móuntains and flowed dówn \*
to the pláce which yóu had appóinted.
You set the límits they míght not páss \*
lest they retúrn to cóver the éarth.

You make springs gush fórth in the válleys: \* they flów in betwéen the hílls.

They give drink to all the béasts of the field; \* the wild-asses quénch their thirst.

On their bánks dwell the birds of héaven; \* from the bránches they sing their sóng.

Glory to the Father, and to the Son, \* and to the Holy Spirit: as it was in the beginning, is now, \* and will be for ever. Amen.

## Antiphon

Lord, our God, in splendor and majesty you are clothed, wrapped in light as in a robe, alleluia.

## Antiphon 2

The Lord has brought forth bread from the earth, and wine to give warmth to men's hearts, alleluia.

II

From your dwélling you water the hills; \* éarth drinks its fill of your gift.
You make the grass grow for the cattle \* and the plants to serve man's néeds,

that he may bring forth bréad from the éarth \* and wine to chéer man's héart; óil, to máke him glád \* and bréad to stréngthen man's héart.

The trées of the Lórd drink their fill, \* the cédars he plánted on Lébanon; thére the bírds build their nésts: \* on the trée-top the stórk has her hóme. The góats find a hóme on the móuntains \* and rábbits híde in the rócks.

You made the móon to márk the mónths; \* the sún knows the tíme for its sétting. When you spréad the dárkness it is níght \* and all the béasts of the fórest creep fórth. The young líons róar for their préy \* and ásk their fóod from Gód.

At the rísing of the sún they steal awáy \* and gó to rést in their déns.

Mán goes fórth to his wórk, \* to lábor till évening fálls.

Glory to the Father, and to the Son, \* and to the Holy Spirit: as it was in the beginning, is now, \* and will be for ever. Amen.

## Antiphon

The Lord has brought forth bread from the earth, and wine to give warmth to men's hearts, alleluia.

## Antiphon 3

The Lord looked upon all he had made and saw that it was very good, alleluia.

III

How mány are your wórks, O Lórd! † In wísdom you have máde them áll. \* The éarth is fúll of your ríches.

Thére is the séa, vast and wíde, † with its móving swárms past cóunting, \* líving things gréat and smáll. The shíps are móving thére \* and the mónsters you máde to pláy with.

Áll of thése look to yóu \* to gíve them their fóod in due séason. You gíve it, they gáther it úp: \* you ópen your hánd, they have their fill.

You híde your fáce, they are dismáyed; † you táke back your spírit, they díe, \* retúrning to the dúst from which they cáme. You sénd forth your spírit, they are creáted; \* and you renéw the fáce of the éarth.

May the glóry of the Lórd last foréver! \*
May the Lórd rejóice in his wórks!
He lóoks on the éarth and it trémbles; \*
the móuntains send forth smóke at his tóuch.

I will sing to the Lórd all my lífe, \*
make músic to my Gód while I líve.
May my thóughts be pléasing to hím. \*
I find my jóy in the Lórd.
Let sínners vánish from the éarth †
and the wícked exíst no móre. \*
Bléss the Lórd, my sóul.

Glory to the Father, and to the Son, \* and to the Holy Spirit: as it was in the beginning, is now, \* and will be for ever. Amen.

## Antiphon

The Lord looked upon all he had made and saw that it was very good, alleluia.

#### VERSE

Blessed are your eyes, for they see God's works.

And your ears, for they hear his word.

Sit

#### READINGS

## First reading

The beginning of the book of Deuteronomy

1:1, 6-18

## The last words of Moses in Moab

These are the words which Moses spoke to all Israel beyond the Jordan [in the desert, in the Arabah, opposite Suph, between Paran and Tophel, Laban, Hazeroth and Dizahab].

"The Lord, our God, said to us at Horeb, 'You have stayed long enough at this mountain. Leave here and go to the hill country of the Amorites and to all the surrounding regions, the land of the Canaanites in the Arabah, the mountains, the foothills, the Negeb and the seacoast; to Lebanon, and as far as the Great River (the Euphrates). I have given that land over to you. Go now and occupy the land I swore to your fathers, Abraham, Isaac and Jacob, I would give to them and to their descendants.'

"At that time I said to you, 'Alone, I am unable to carry you. The Lord, your God, has so multiplied you that you are now as numerous as the stars in the sky. May the Lord, the God of your fathers, increase you a thousand times over, and bless you as he promised! But how can I alone bear the crushing burden that you are, along with your bickering? Choose wise, intelligent and experienced men from each of your tribes, that I may appoint them as your leaders.' You answered me, 'We agree to do as you have proposed.' So I took outstanding men of your tribes, wise and experienced, and made them your leaders as officials over thousands, over hundreds, over fifties and over tens, and other tribal officers. I charged your judges at that time, 'Listen to complaints among your kinsmen, and administer true justice to both parties even if one of them is an alien. In rendering judgment, do not consider who a person is; give ear to the lowly and to the great alike, fearing no man, for judgment is God's. Refer to me any case that is too hard for you and I will hear

it.'Thereupon I gave you all the commands you were to fulfill."

## Responsory

#### Deuteronomy 10:17; 1:17

The Lord your God is the God of gods, the great God, mighty and awesome.

— He has no favorites and accepts no bribes.

You will listen to the lowly as well as the great and have no fear of any man, for judgment belongs to God.

— He has no favorites and accepts no bribes.

## Second reading

From a Letter to the Ephesians by Saint Ignatius of Antioch, bishop and martyr

It is right for you to give glory in every way to Jesus Christ who has given glory to you; you must be made holy in all things by being united in perfect obedience, in submission to the bishop and the presbyters.

I am not giving you orders as if I were a person of importance. Even if I am a prisoner for the name of Christ, I am not yet made perfect in Jesus Christ. I am now beginning to be a disciple and I am speaking to you as my fellow disciple. It is you who should be strengthening me by your faith, your encouragement, your patience, your serenity. But since love will not allow me to be silent about you, I am taking the opportunity to urge you to be united in conformity with the mind of God. For Jesus Christ, our life, without whom we cannot live, is the mind of the Father, just as the bishops, appointed over the whole earth, are in conformity with the mind of Jesus Christ.

It is fitting, therefore, that you should be in agreement with the mind of the bishop as in fact you are. Your excellent presbyters, who are a credit to God, are as suited to the bishop as strings to a harp. So in your harmony of mind and heart the song you sing is Jesus

Christ. Every one of you should form a choir, so that, in harmony of sound through harmony of hearts, and in unity taking the note from God, you may sing with one voice through Jesus Christ to the Father. If you do this, he will listen to you and see from your good works that you are members of his Son. It is then an advantage to you to live in perfect unity, so that at all times you may share in God.

If in a short space of time I have become so close a friend of your bishop—in a friendship not based on nature but on spiritual grounds—how much more blessed do I judge you to be, for you are as united with him as the Church is to Jesus Christ, and Jesus Christ to the Father, so that all things are in harmony through unity. Let no one make any mistake: unless a person is within the sanctuary, he is deprived of God's bread. For if the prayer of one or two has such power, how much more has the prayer of the bishop and the whole Church.

## Responsory

## See Ephesians 4:1, 3-4

I implore you in the Lord, lead a life worthy of the vocation to which you have been called.

 Be careful to preserve the unity of the Spirit in the bond of peace.

There is one body and one Spirit, and there is but one hope given to you by your calling.

— Be careful to preserve the unity of the Spirit in the bond of peace.

Stand

#### TE DEUM

You are God: we praise you; You are the Lord: we acclaim you; You are the eternal Father: All creation worships you.

To you all angels, all the powers of heaven, Cherubim and Seraphim, sing in endless praise: Holy, holy, holy, Lord, God of power and might, heaven and earth are full of your glory.

The glorious company of apostles praise you. The noble fellowship of prophets praise you. The white-robed army of martyrs praise you.

Throughout the world the holy Church acclaims you: Father, of majesty unbounded, your true and only Son, worthy of all worship, and the Holy Spirit, advocate and guide.

You, Christ, are the King of glory, the eternal Son of the Father.

When you became man to set us free you did not spurn the Virgin's womb.

You overcame the sting of death, and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory. We believe that you will come, and be our judge.

Come then, Lord, and help your people, bought with the price of your own blood, and bring us with your saints to glory everlasting.

#### CONCLUDING PRAYER

Let us pray.

Father of heaven and earth, hear our prayers, and show us the way to peace in the world.

Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

## ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri*, *Te Deum Laudamus*, *Benedictus*, *Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



## United States of America

www.ebreviary.com