

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER II

July 19, 2026

{ Sixteenth Sunday in Ordinary Time }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

O light, O blessed Trinity
and ever perfect Unity,
the flaming sun now dims and sets;
come, flood our hearts with holy light.

We honor you with morning hymn
and pray to you with evening song:
may we in glory humbly praise
and worship you through ev'ry age.

We ask the Father and the Son
and beg the Spirit of them both:
Sustain us with your loving care,
who reign for ever Three in One. Amen.

Metrical hymn, melody: Truro, 8 8 8 8; From Thomas Williams's Psalmodia Evangelica, Part II, 1789

Plainsong, mode VIII, melody 118; Liber Hymnarius, Solesmes, 1983, Text: O lux, beata Trinitas, 7-8th c.*

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Sit or stand

PSALMODY

Antiphon 1

In eternal splendor, before the dawn of light on earth, I have begotten you, alleluia.

Psalm 110:1-5, 7

The Messiah, king and priest

Christ's reign will last until all his enemies are made subject to him (1 Corinthians 15:25).

The Lórd's revelátion to my Máster: †
“Sít on my ríght: *
your fóes I will pút beneath your féet.”

The Lórd will wíeld from Zíon †
your scépter of pówer: *
rúle in the mídst of all your fóes.

A prínce from the dáy of your bírth †
on the hólý móuntains; *
from the wómb before the dáwn I begót you.

The Lórd has sworn an óath he will not chángé. †
“You are a príest for éver, *
a príest like Melchízedeck of óld.”

The Máster stánding at your ríght hand *
will shatter kíngs in the dáy of his wráth.

He shall drínk from the stréam by the wáyside *
and thérefore he shall líft up his héad.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

In eternal splendor, before the dawn of light on earth, I have begotten you, alleluia.

Antiphon 2

Blessed are they who hunger and thirst for holiness; they will be satisfied.

Psalm 112

The happiness of the just man

Live as children born of the light. Light produces every kind of goodness and justice and truth (Ephesians 5:8-9).

Happy the man who fears the Lórd,*
who takes delight in his commands.
His sons will be powerful on éarth;*
the children of the upright are blessed.

Ríches and wéalth are in his hóuse;*
his jústice stands firm for éver
He is a líght in the dárkness for the úpright:*
he is génerous, mérciful and júst.

The góod man takes píty and lénds,*
he condúcts his affáirs with hónor.
The júst man will néver wáver:*
hé will be remémbered for éver.

He has no féar of évil néws;*
with a firm heart he trústs in the Lórd.
With a stéadfast héart he will not féar;*
he will sée the dównfall of his fóes.

Open-hánded, he gíves to the póor; †
his jústice stands firm for éver.*
His héad will be ráised in glóry.

The wícked man sées and is ángry, †
grinds his téeth and fádes awáy;*
the desíre of the wícked leads to dóom.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Blessed are they who hunger and thirst for holiness; they will be satisfied.

Antiphon 3

Praise God, all you who serve him, both great and small, alleluia.

Canticle – See Revelation 19:1-7

The wedding of the Lamb

Alleluia.

Salvation, glory, and power to our God: *
his judgments are honest and true.

Alleluia.

Alleluia.

Sing praise to our God, all you his servants, *
all who worship him reverently, great and small.

Alleluia.

Alleluia.

The Lord our all-powerful God is King, *
let us rejoice, sing praise, and give him glory.

Alleluia.

Alleluia.

The wedding feast of the Lamb has begun, *
and his bride is prepared to welcome him.

Alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Praise God, all you who serve him, both great and small, alleluia.

Sit

READING

Hebrews 12:22-24

You have drawn near to Mount Zion and the city of the living God, the heavenly Jerusalem, to myriads of angels in festal gathering, to the assembly of the first-born enrolled in heaven, to God the judge of all, to the spirits of just men made perfect, to Jesus, the mediator of a new covenant, and to the sprinkled blood which speaks more eloquently than that of Abel.

Responsory

Our Lord is great, mighty is his power.

— Our Lord is great, mighty is his power.

His wisdom is beyond compare,

— mighty is his power.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Our Lord is great, mighty is his power.

Stand

GOSPEL CANTICLE

Antiphon

Mary has chosen the better part, and it shall not be taken from her.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *

in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Mary has chosen the better part, and it shall not be taken from her.

INTERCESSIONS

Rejoicing in the Lord, from whom all good things come, let us pray:

— Lord, hear our prayer.

Father and Lord of all, you sent your Son into the world, that your name might be glorified in every place,
strengthen the witness of your Church among the nations.

— Lord, hear our prayer.

Make us obedient to the teachings of your apostles,
and bound to the truth of our faith.

— Lord, hear our prayer.

As you love the innocent,
render justice to those who are wronged.

— Lord, hear our prayer.

Free those in bondage and give sight to the blind,
raise up the fallen and protect the stranger.

— Lord, hear our prayer.

Fulfill your promise to those who already sleep in your peace,
through your Son grant them a blessed resurrection.

— Lord, hear our prayer.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Lord, be merciful to your people.
Fill us with your gifts
and make us always eager to serve you
in faith, hope, and love.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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