Liturgy of the Hours LITURGY OF THE HOURS

NIGHT PRAYER

May 20, 2025

{ Tuesday of the Fifth Week of Easter }



Make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

PENITENTIAL RITE

Brief moment of silence

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

All strike their breast

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Presiding minister

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

HYMN

Jesus, Redeemer of the world, Word from the Father, God most high, true Light sent forth from unseen Light, and watchful guardian of your own:

O Maker of the universe, you order all our days and hours;

May 20, 2025 2

restore our bodies, worn by toil, with peace and silence through the night.

Destroyer of the pit of hell, release us from our wicked foe, that he may have no strength to lure the souls you ransomed by your blood.

As we remain for this brief time, our weary bodies seeking rest, Lord, may our flesh so sleep in peace, that lethargy not dull our minds.

To you, Lord Jesus, glory be, who shine in vict'ry over death, with God the Father, ever blest, and loving Spirit, ever one. Amen.

Metrical hymn, melody: DEUS TUORUM MILITUM, 8 8 8 8; from the Grenoble Antiphoner, 1753

Plainsong, mode I, melody 2; Liber Hymnarius, Solesmes, 1983*, Text: Iesu, redemptor sæculi, ca. 10th c.

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Sit or stand

PSALMODY

Antiphon

Alleluia, alleluia, alleluia.

Psalm 143:1-11

Prayer in distress

Only by faith in Jesus Christ is a man made holy in God's sight. No observance of the law can achieve this (Galatians 2:16).

Lórd, lísten to my práyer: †

túrn your éar to my appéal. *
You are fáithful, you are júst; give ánswer.
Do not cáll your sérvant to júdgment *
for nó one is júst in your síght.

The énemy pursúes my sóul; *
he has crúshed my lífe to the gróund;
he has máde me dwéll in dárkness *
like the déad, lóng forgótten.
Thérefore my spírit fáils; *
my héart is númb withín me.

I remémber the dáys that are pást: *
I pónder áll your wórks.
I múse on what your hánd has wróught †
and to yóu I strétch out my hánds. *
Like a párched land my sóul thirsts for yóu.

Lórd, make háste and ánswer; *
for my spírit fáils withín me.
Dó not híde your fáce *
lest I becóme like thóse in the gráve.

In the mórning let me knów your lóve * for I pút my trúst in yóu.

Make me knów the wáy I should wálk: * to yóu I líft up my sóul.

Réscue me, Lórd, from my énemies; *
I have fléd to yóu for réfuge.
Téach me to dó your wíll *
for yóu, O Lórd, are my Gód.
Let yóur good spírit guíde me *
in wáys that are lével and smóoth.

For your náme's sake, Lórd, save my lífe; * in your jústice save my sóul from distréss.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, *

May 20, 2025 4

and will be for ever. Amen.

Antiphon

Alleluia, alleluia, alleluia.

READING

1 Peter 5:8-9a

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith.

RESPONSORY

Into your hands, Lord, I commend my spirit, alleluia, alleluia.

- Into your hands, Lord, I commend my spirit, alleluia, alleluia.
- You have redeemed us, Lord God of truth.
 - alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

GOSPEL CANTICLE

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Make sign of cross

Lord, now you let your servant go in peace; * your word has been fulfilled:

my own eyes have seen the salvation * which you have prepared in the sight of every people:

a light to reveal you to the nations * and the glory of your people Israel.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.

CONCLUDING PRAYER

Let us pray.

Lord, fill this night with your radiance.
May we sleep in peace and rise with joy to welcome the light of a new day in your name.
We ask this through Christ our Lord.

— Amen.

Blessing

May the all-powerful Lord grant us a restful night and a peaceful death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Queen of heaven, rejoice, alleluia. The Son whom you merited to bear, alleluia, has risen as he said, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia! For the Lord has truly risen, alleluia.

May 20, 2025 6

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