

Liturgy of the Hours
LITURGY OF THE HOURS

NIGHT PRAYER

May 8, 2025

{ Thursday of the Third Week of Easter }



Make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

PENITENTIAL RITE

Brief moment of silence

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

All strike their breast

through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Presiding minister

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

HYMN

Jesus, Redeemer of the world,
Word from the Father, God most high,
true Light sent forth from unseen Light,
and watchful guardian of your own:

O Maker of the universe,
you order all our days and hours;

restore our bodies, worn by toil,
with peace and silence through the night.

Destroyer of the pit of hell,
release us from our wicked foe,
that he may have no strength to lure
the souls you ransomed by your blood.

As we remain for this brief time,
our weary bodies seeking rest,
Lord, may our flesh so sleep in peace,
that lethargy not dull our minds.

To you, Lord Jesus, glory be,
who shine in vict'ry over death,
with God the Father, ever blest,
and loving Spirit, ever one. Amen.

Metrical hymn, melody: DEUS TUORUM MILITUM, 8 8 8 8; from the Grenoble Antiphoner, 1753

Plainsong, mode I, melody 2; Liber Hymnarius, Solesmes, 1983, Text: Iesu, redemptor sæculi, ca. 10th c.*

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Sit or stand

PSALMODY

Antiphon

Alleluia, alleluia, alleluia.

Psalms 16

God is my portion, my inheritance

The Father raised up Jesus from the dead and broke the bonds of death (Acts 2:24).

Presérve me, Gód, I take réfuge in yóu. †
I sáy to the Lórd: “Yóu are my Gód.”*

My háppiness lís in yóu alóne.”

He has pút into my héart a márvellous lóve *
for the fáithful ónes who dwéll in his lánd.
Those who chóose other góds increáse their sórróws. †
Néver will I óffer their ófferings of blóod. *
Néver will I táke their náme upon my líps.

O Lórd, it is yóu who are my pórtion and cúp; *
it is yóu yoursélf who áre my príze.
The lót marked óut for me is mý delíght: *
welcome indéed the héritage that fálls to mé!

I will bléss the Lórd who gíves me cóunsel, *
who éven at níght dirécts my héart.
I kéept the Lórd ever ín my síght: *
since hé is at my ríght hand, I shall stand fírm.

And so my héart rejóices, my sóul is glád; *
éven my bódý shall rést in sáfety.
For yóu will not léave my sóul among the déad, *
nor lét your belóved knów decáy.

You will shów me the páth of lífe, †
the fúllness of jóy in your présence, *
at your ríght hand háppiness for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Alleluia, alleluia, alleluia.

READING

1 Thessalonians 5:23

May the God of peace make you perfect in holiness. May he preserve you whole and entire, spirit, soul, and body, irreproachable at the coming of our Lord Jesus Christ.

RESPONSORY

Into your hands, Lord, I commend my spirit, alleluia, alleluia.

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

You have redeemed us, Lord God of truth.

— alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

GOSPEL CANTICLE

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Make sign of cross

Lord, now you let your servant go in peace; *
your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.

CONCLUDING PRAYER

Let us pray.

Lord God,
send peaceful sleep
to refresh our tired bodies.
May your help always renew us
and keep us strong in your service.
We ask this through Christ our Lord.

— Amen.

Blessing

May the all-powerful Lord grant us a restful night and a peaceful death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Queen of heaven, rejoice, alleluia.
The Son whom you merited to bear, alleluia,
has risen as he said, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia!
For the Lord has truly risen, alleluia.

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