

*Liturgy of the Hours*  
LITURGY OF THE HOURS

NIGHT PRAYER

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January 6, 2026  
{ Tuesday after Epiphany }



*Make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

## PENITENTIAL RITE

*Brief moment of silence*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*All strike their breast*

through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*Presiding minister*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

## HYMN

O Christ, resplendent as the day,  
you clear away the dark of night;  
by faith we know you, Light from Light,  
proclaiming light to all the blest.

O holy Lord, we humbly pray:  
Watch over us throughout this night

and grant us calm and silent hours,  
that we may find our rest in you.

And when our eyes are closed in sleep,  
still let our hearts keep watch for you;  
protect and guard by your right hand  
the faithful, filled with love for you.

O strong defender, see our plight,  
subdue our foes who lie in wait;  
direct and guide your servants, Lord,  
whom you have purchased with your blood.

To you, O Christ, most loving King,  
and to the Father, glory be,  
one with the Spirit Paraclete,  
from age to age for evermore. Amen.

*Metrical hymn, melody: A la venue de Noël, 8 8 8 8; Fleurs des Noël, Lyons, 1535*

*Plainsong, mode VIII, melody 97; Liber Hymnarius, Solesmes, 1983\*, Text: Christe,  
qui, splendor et dies, 5–6th c.*

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## PSALMODY

### *Antiphon*

Do not hide your face from me; in you I put my trust.

*Psalm 143:1–11*

*Prayer in distress*

*Only by faith in Jesus Christ is a man made holy in God's sight. No observance of the  
law can achieve this (Galatians 2:16).*

Lórd, listen to my práyer: †  
túrn your éar to my appéal. \*  
You are fáithful, you are júst; give ánsweR.

Do not cáll your sérvant to júdgment \*  
for nó one is júst in your síght.

The ényemy pursúes my sóul; \*  
he has crúshed my lífe to the gróund;  
he has máde me dwéll in dárkness \*  
like the déad, lóng forgóttén.  
Thérefore my spírit fáils; \*  
my héart is númb withín me.

I remémber the dáys that are pást: \*  
I pónder áll your wórks.  
I múse on what your hánd has wróught †  
and to yóu I strétch out my hánds. \*  
Like a párchéd land my sóul thirsts for yóu.

Lórd, make háste and ánsWER; \*  
for my spírit fáils withín me.  
Dó not híde your fáce \*  
lest I becóme like thóse in the gráve.

In the mórning let me knów your lóve \*  
for I pút my trúst in yóu.  
Make me knów the wáy I should wálk: \*  
to yóu I líft up my sóul.

Réscue me, Lórd, from my ényemies; \*  
I have fléd to yóu for réfuge.  
Téach me to dó your wíll \*  
for yóu, O Lórd, are my Gód.  
Let yóur good spírit guíde me \*  
in wáys that are lével and smóoth.

For your náme's sake, Lórd, save my lífe; \*  
in your jústice save my sóul from dístréss.

Glory to the FátHer, and to the Son, \*  
and to the Holy Spírit:  
as it was in the begínning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Do not hide your face from me; in you I put my trust.

READING

*1 Peter 5:8-9a*

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith.

RESPONSORY

Into your hands, Lord, I commend my spirit.

— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

— I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit.

GOSPEL CANTICLE

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

*Luke 2:29-32*

*Christ is the light of the nations and the glory of Israel*

*Make sign of cross*

Lord, now you let your servant go in peace; \*  
your word has been fulfilled:

my own eyes have seen the salvation \*  
which you have prepared in the sight of every people:  
a light to reveal you to the nations \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:

as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that  
awake, we may keep watch with Christ, and asleep, rest in his peace.

CONCLUDING PRAYER

Let us pray.

Lord,  
fill this night with your radiance.  
May we sleep in peace and rise with joy  
to welcome the light of a new day in your name.  
We ask this through Christ our Lord.

— Amen.

*Blessing*

May the all-powerful Lord grant us a restful night and a peaceful  
death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Loving mother of the Redeemer,  
gate of heaven, star of the sea,  
assist your people who have fallen yet strive to rise again.  
To the wonderment of nature you bore your Creator,  
yet remained a virgin after as before.  
You who received Gabriel's joyful greeting,  
have pity on us poor sinners.

# ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

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