

*Liturgy of the Hours*  
LITURGY OF THE HOURS

NIGHT PRAYER

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May 2, 2024

{ Memorial – Athanasius, Bishop and Doctor }



*Make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

## PENITENTIAL RITE

*Brief moment of silence*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*All strike their breast*

through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*Presiding minister*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

## HYMN

At the Lamb's high feast we sing  
Praise to our victorious King,  
Who has washed us in the tide  
Flowing from his wounded side;  
Praise the Lord, whose love divine  
Gives his sacred blood for wine,

Gives his body for the feast,  
Christ the victim, Christ the priest.

Where the Paschal blood is poured,  
Death's dark angel sheathes his sword;  
Israel's hosts in triumph go  
Through the waves that drown the foe.  
Christ the Lamb whose blood was shed,  
Paschal victim, Paschal bread;  
Let us with a fervent love  
Taste the manna from above.

Mighty victim from on high,  
Pow'rs of hell now vanquished lie;  
Sin is conquered in the fight:  
You have brought us life and light;  
Your resplendent banners wave,  
You have risen from the grave;  
Christ has opened paradise,  
And in him all men shall rise.

Easter triumph, Easter joy,  
Sin alone can this destroy;  
Souls from sin and death set free  
Glory in their liberty.  
Hymns of glory, hymns of praise  
Father unto you we raise;  
Risen Lord, for joy we sing:  
Let our hymns through heaven ring.

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#### PSALMODY

*Antiphon*

Alleluia, alleluia, alleluia.

*Psalm 16*

*God is my portion, my inheritance*

*The Father raised up Jesus from the dead and broke the bonds of death (Acts 2:24).*

Presérve me, Gód, I take réfuge in yóu. †  
I sáy to the Lórd: “Yóu are my Gód. \*  
My háppiness líes in yóu alóne.”

He has pút into my héart a márvellous lóve \*  
for the fáithful ónes who dwéll in his lánd.  
Those who chóose other góds incréase their sórrows. †  
Néver will I óffer their ófferings of blóod. \*  
Néver will I táke their náme upon my líps.

O Lórd, it is yóu who are my pórtion and cúp; \*  
it is yóu yoursélf who áre my príze.  
The lót marked óut for me is mý delíght: \*  
welcome indéed the héritage that fálls to mé!

I will bléss the Lórd who gíves me cóunsel, \*  
who éven at níght dirécts my héart.  
I kéept the Lórd ever ín my síght: \*  
since hé is at my ríght hand, I shall stand fírm.

And so my héart rejóices, my sóul is glád; \*  
éven my bódy shall rést in sáfety.  
For yóu will not léave my sóul among the déad, \*  
nor lét your belóved knów decáy.

You will shów me the páth of lífe, †  
the fúllness of jóy in your présence, \*  
at your ríght hand háppiness for éver.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Alleluia, alleluia, alleluia.

## READING

*1 Thessalonians 5:23*

May the God of peace make you perfect in holiness. May he preserve you whole and entire, spirit, soul, and body, irreproachable at the coming of our Lord Jesus Christ.

## RESPONSORY

Into your hands, Lord, I commend my spirit, alleluia, alleluia.

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

You have redeemed us, Lord God of truth.

— alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

## GOSPEL CANTICLE

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.

*Luke 2:29-32*

*Christ is the light of the nations and the glory of Israel*

*Make sign of cross*

Lord, now you let your servant go in peace; \*  
your word has been fulfilled:

my own eyes have seen the salvation \*  
which you have prepared in the sight of every people:

a light to reveal you to the nations \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.  
Alleluia.

CONCLUDING PRAYER

Let us pray.

Lord God,  
send peaceful sleep  
to refresh our tired bodies.  
May your help always renew us  
and keep us strong in your service.  
We ask this through Christ our Lord.

— Amen.

*Blessing*

May the all-powerful Lord grant us a restful night and a peaceful death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Queen of heaven, rejoice, alleluia.  
The Son whom you merited to bear, alleluia,  
has risen as he said, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia!  
For the Lord has truly risen, alleluia.

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