

Liturgy of the Hours
LITURGY OF THE HOURS

NIGHT PRAYER

February 7, 2023

{ Tuesday of the Fifth Week in Ordinary Time }



Make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

PENITENTIAL RITE

Brief moment of silence

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

All strike their breast

through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Presiding minister

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

HYMN

O Christ, you are the light and day
Which drives away the night,
The ever shining Sun of God
And pledge of future light.

As now the ev'ning shadows fall
Please grant us, Lord, we pray,

A quiet night to rest in you
Until the break of day.

Remember us, poor mortal men,
We humbly ask, O Lord,
And may your presence in our souls
Be now our great reward.

*Melody: Saint Anne C.M.; Music: William Croft, 1708; Text: Christe qui Lux es et
Dies; Translator: Rev. M. Quinn, O.P. et al.*

*O Christ, You Are the Light and Day, translation by Rev. Michael M. Quinn, O.P.;
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PSALMODY

Antiphon

Do not hide your face from me; in you I put my trust.

Psalm 143:1-11

Prayer in distress

*Only by faith in Jesus Christ is a man made holy in God's sight. No observance of the
law can achieve this (Galatians 2:16).*

Lórd, listen to my práyer: †
túrn your éar to my appéal. *
You are fáithful, you are júst; give ánswe.r.
Do not cáll your sérvant to júdgment *
for nó one is júst in your síght.

The ényemy pursúes my sóul; *
he has crúshed my lífe to the gróund;
he has máde me dwéll in dárkness *
like the déad, lóng forgóttén.
Thérefore my spírit fáils; *
my héart is númb withín me.

I reméber the dáys that are pást: *
I pónder áll your wórks.
I múse on what your hánd has wróught †
and to yóu I strétch out my hánds. *

Like a párched land my sóul thirsts for yóu.

Lórd, make háste and ánsver; *
for my spírit fáils withín me.

Dó not híde your fáce *
lest I becóme like thóse in the gráve.

In the mórning let me knów your lóve *
for I pút my trúst in yóu.
Make me knów the wáy I should wálk: *
to yóu I líft up my sóul.

Réscue me, Lórd, from my énemies; *
I have fléd to yóu for réfuge.
Téach me to dó your wíll *
for yóu, O Lórd, are my Gód.
Let yóur good spírit guíde me *
in wáys that are lével and smóoth.

For your náme's sake, Lórd, save my lífe; *
in your jústice save my sóul from distréss.

Glory to the Fátter, and to the Son, *
and to the Holy Spírit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Do not hide your face from me; in you I put my trust.

READING

1 Peter 5:8-9a

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith.

RESPONSORY

Into your hands, Lord, I commend my spirit.

— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

— I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit.

GOSPEL CANTICLE

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Make sign of cross

Lord, now you let your servant go in peace; *
your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

CONCLUDING PRAYER

Let us pray.

Lord,

fill this night with your radiance.

May we sleep in peace and rise with joy
to welcome the light of a new day in your name.

We ask this through Christ our Lord.

— Amen.

Blessing

May the all-powerful Lord grant us a restful night and a peaceful death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you do we cry,
poor banished children of Eve.
To you do we send up our sighs
mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
your eyes of mercy toward us,
and after this exile
show us the blessed fruit of your womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

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