

Liturgy of the Hours
LITURGY OF THE HOURS

NIGHT PRAYER

January 10, 2022

{ Monday of the First Week in Ordinary Time }



Make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

PENITENTIAL RITE

Brief moment of silence

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

All strike their breast

through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Presiding minister

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

HYMN

The Master came to bring good news,
The news of love and freedom,
To heal the sick and seek the poor,
To build the peaceful kingdom.

Father, forgive us! Through Jesus, hear us!
As we forgive one another.

Through Jesus Christ the Law's fulfilled,
The man who lived for others.
The law of Christ is love alone,
To serve now all our brothers.

Father, forgive us! Through Jesus, hear us!
As we forgive one another.

To seek the sinners Jesus came,
To live among the friendless,
To show them love that they might share
The kingdom that is endless.

Father, forgive us! Through Jesus, hear us!
As we forgive one another.

Forgive us, Lord, as we forgive
And seek to help each other.
Forgive us, Lord, and we shall live
To pray and work together.

Father, forgive us! Through Jesus, hear us!
As we forgive one another.

Melody: Mainz 87.87 with Refrain; Music: Mainz, 1900; Text: Gabriel Huck, 1965

PSALMODY

Antiphon

O Lord, our God, unwearied is your love for us.

Psalm 86

Poor man's prayer in trouble

Blessed be God who comforts us in all our trials (2 Corinthians 1:3, 4).

Turn your éar, O Lórd, and give ánswe^{*}
for Í am póor and néedy.
Preserve my life, for Í am fáithful: ^{*}
save the sérvant who trústs in yóu.

You are my Gód, have mércy on me, Lórd, ^{*}
for I crý to you áll the day lóng.
Give jóy to your sérvant, O Lórd, ^{*}

for to you I lift up my soul.

O Lord, you are good and forgiving, *
full of love to all who call.

Give heed, O Lord, to my prayer *
and attend to the sound of my voice.

In the day of distress I will call *
and surely you will reply.

Among the gods there is none like you, O Lord; *
nor work to compare with yours.

All the nations shall come to adore you *
and glorify your name, O Lord:
for you are great and do marvellous deeds, *
you who alone are God.

Show me, Lord, your way †
so that I may walk in your truth. *
Guide my heart to fear your name.

I will praise you, Lord my God, with all my heart *
and glorify your name for ever;
for your love to me has been great: *
you have saved me from the depths of the grave.

The proud have risen against me; †
ruthless men seek my life: *
to you they pay no heed.

But you, God of mercy and compassion, *
slow to anger, O Lord,
abounding in love and truth, *
turn and take pity on me.

O give your strength to your servant *
and save your handmaid's son.
Show me a sign of your favor †
that my foes may see to their shame *
that you console me and give me your help.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

O Lord, our God, unwearied is your love for us.

READING

1 Thessalonians 5:9-10

God has destined us for acquiring salvation through our Lord Jesus Christ. He died for us, that all of us, whether awake or asleep, together might live with him.

RESPONSORY

Into your hands, Lord, I commend my spirit.

— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

— I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit.

GOSPEL CANTICLE

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Make sign of cross

Lord, now you let your servant go in peace; *
your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that
awake, we may keep watch with Christ, and asleep, rest in his peace.

CONCLUDING PRAYER

Let us pray.

Lord,
give our bodies restful sleep
and let the work we have done today
bear fruit in eternal life.
We ask this through Christ our Lord.

— Amen.

Blessing

May the all-powerful Lord grant us a restful night and a peaceful
death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you do we cry,
poor banished children of Eve.
To you do we send up our sighs
mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
your eyes of mercy toward us,
and after this exile
show us the blessed fruit of your womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

ACKNOWLEDGEMENTS

The English Translation of the Introductory Verses and Responses, the Invitatories, the Antiphons, Captions and Patristic Commentaries for the Psalms, Psalm-prayers, Responsories, Intercessions, Greeting, Blessings, and Dismissal, Non-Biblical Readings, and Hagiographical Introductions from *The Liturgy of the Hours* © 1974, 1975, 1976, International Committee on English in the Liturgy, Inc. (ICEL); the Alternative Opening Prayers and the English translation of the Opening Prayers (Prayers of the Day) from *The Roman Missal* © 1973, ICEL. All rights reserved.

English translation of *Gloria Patri*, *Te Deum Laudamus*, *Benedictus*, *Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



UNITED STATES, CANADA, INDIA, PHILIPPINES

www.ebreviary.com