

*Liturgy of the Hours*  
LITURGY OF THE HOURS

NIGHT PRAYER

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May 2, 2025

{ Memorial – Athanasius, Bishop and Doctor }



*Make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

## PENITENTIAL RITE

*Brief moment of silence*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*All strike their breast*

through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*Presiding minister*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

## HYMN

Jesus, Redeemer of the world,  
Word from the Father, God most high,  
true Light sent forth from unseen Light,  
and watchful guardian of your own:

O Maker of the universe,  
you order all our days and hours;

restore our bodies, worn by toil,  
with peace and silence through the night.

Destroyer of the pit of hell,  
release us from our wicked foe,  
that he may have no strength to lure  
the souls you ransomed by your blood.

As we remain for this brief time,  
our weary bodies seeking rest,  
Lord, may our flesh so sleep in peace,  
that lethargy not dull our minds.

To you, Lord Jesus, glory be,  
who shine in vict'ry over death,  
with God the Father, ever blest,  
and loving Spirit, ever one. Amen.

*Metrical hymn, melody: DEUS TUORUM MILITUM, 8 8 8 8; from the Grenoble Antiphoner, 1753*

*Plainsong, mode I, melody 2; Liber Hymnarius, Solesmes, 1983\*, Text: Iesu, redemptor sæculi, ca. 10th c.*

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*Sit or stand*

## PSALMODY

*Antiphon*

Alleluia, alleluia, alleluia.

*Psalms 88*

*Prayer of a sick person*

*This is your hour when darkness reigns (Luke 22:53).*

Lord my Gód, I call for hélp by dáy; \*  
I cry at níght befóre you.

Let my prayer come into your presence. \*  
O turn your ear to my cry.

For my soul is filled with evils; \*  
my life is on the brink of the grave.  
I am reckoned as one in the tomb: \*  
I have reached the end of my strength,  
like one alone among the dead; \*  
like the slain lying in their graves;  
like those you remember no more, \*  
cut off, as they are, from your hand.

You have laid me in the depths of the tomb, \*  
in places that are dark, in the depths.  
Your anger weighs down upon me: \*  
I am drowned beneath your waves.

You have taken away my friends \*  
and made me hateful in their sight.  
Imprisoned, I cannot escape; \*  
my eyes are sunken with grief.

I call to you, Lord, all the day long; \*  
to you I stretch out my hands.  
Will you work your wonders for the dead? \*  
Will the shades stand and praise you?

Will your love be told in the grave \*  
or your faithfulness among the dead?  
Will your wonders be known in the dark \*  
or your justice in the land of oblivion?

As for me, Lord, I call to you for help: \*  
in the morning my prayer comes before you.  
Lord, why do you reject me? \*  
Why do you hide your face?

Wretched, close to death from my youth, \*  
I have borne your trials; I am numb.  
Your fury has swept down upon me; \*  
your terrors have utterly destroyed me.

They surround me all the day like a flood, \*  
they assail me all together.  
Friend and neighbor you have taken away: \*  
my one companion is darkness.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Alleluia, alleluia, alleluia.

READING

*Jeremiah 14:9a*

You are in our midst, O Lord,  
your name we bear:  
do not forsake us, O Lord, our God!

RESPONSORY

Into your hands, Lord, I commend my spirit, alleluia, alleluia.

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

You have redeemed us, Lord God of truth.

— alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

GOSPEL CANTICLE

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that  
awake, we may keep watch with Christ, and asleep, rest in his peace.  
Alleluia.

*Luke 2:29-32*

*Christ is the light of the nations and the glory of Israel*

*Make sign of cross*

Lord, now you let your servant go in peace; \*  
your word has been fulfilled:

my own eyes have seen the salvation \*  
which you have prepared in the sight of every people:

a light to reveal you to the nations \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that  
awake, we may keep watch with Christ, and asleep, rest in his peace.  
Alleluia.

### CONCLUDING PRAYER

Let us pray.

All-powerful God  
keep us united with your Son  
in his death and burial  
so that we may rise to new life with him,  
who lives and reigns for ever and ever.

— Amen.

*Blessing*

May the all-powerful Lord grant us a restful night and a peaceful  
death.

— Amen.

### ANTIPHON OF THE BLESSED VIRGIN MARY

Queen of heaven, rejoice, alleluia.

The Son whom you merited to bear, alleluia,  
has risen as he said, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia!  
For the Lord has truly risen, alleluia.

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