

*Liturgy of the Hours*  
LITURGY OF THE HOURS

NIGHT PRAYER

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May 21, 2025

{ Wednesday of the Fifth Week of Easter }



*Make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

## PENITENTIAL RITE

*Brief moment of silence*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*All strike their breast*

through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*Presiding minister*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

## HYMN

Jesus, Redeemer of the world,  
Word from the Father, God most high,  
true Light sent forth from unseen Light,  
and watchful guardian of your own:

O Maker of the universe,  
you order all our days and hours;

restore our bodies, worn by toil,  
with peace and silence through the night.

Destroyer of the pit of hell,  
release us from our wicked foe,  
that he may have no strength to lure  
the souls you ransomed by your blood.

As we remain for this brief time,  
our weary bodies seeking rest,  
Lord, may our flesh so sleep in peace,  
that lethargy not dull our minds.

To you, Lord Jesus, glory be,  
who shine in vict'ry over death,  
with God the Father, ever blest,  
and loving Spirit, ever one. Amen.

*Metrical hymn, melody: DEUS TUORUM MILITUM, 8 8 8 8; from the Grenoble Antiphoner, 1753*

*Plainsong, mode I, melody 2; Liber Hymnarius, Solesmes, 1983\*, Text: Iesu, redemptor sæculi, ca. 10th c.*

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*Sit or stand*

## PSALMODY

*Antiphon*

Alleluia, alleluia, alleluia.

*Psalms 31:1-6*

*Trustful prayer in adversity*

*Father, into your hands I commend my spirit (Luke 23:46).*

In yóu, O Lórd, I take réfuge.\*  
Let me néver be pút to sháme.

In your jústice, sét me frée,\*  
héar me and spéedily réscue me.

Be a róck of réfuge fór me,\*  
a míghty stróngthold to sáve me,  
for yóu are my róck, my stróngthold.\*  
For your náme's sake, léad me and guíde me.

Reléase me from the snáres they have hídden\*  
for yóu are my réfuge, Lórd.  
Into your hánds I comménd my spírit.\*  
It is yóu who will redéem me, Lórd.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Psalm 130*

*A cry from the depths*

*He will save his people from their sins (Matthew 1:21).*

Out of the dépths I crý to you, O Lórd,\*  
Lórd, hear my vóice!  
O lét your éars be attentíve\*  
to the vóice of my pléading.

If you, O Lórd, should márk our guílt,\*  
Lórd, who would survíve?  
But with yóu is fóund forgíveness:\*  
for thís we revére you.

My sóul is wáiting for the Lórd,\*  
I cóunt on his wórd.  
My sóul is lónging for the Lórd\*  
more than wátchman for dáybreak.  
Let the wátchman cóunt on dáybreak\*  
and Ísrael on the Lórd.

Be cáuse with the Lórd there is mércy\*  
and fúllness of redémption,  
Ísrael indéed he will redéem\*

from áll its iniquity.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Alleluia, alleluia, alleluia.

## READING

*Ephesians 4:26-27*

If you are angry, let it be without sin. The sun must not go down on your wrath; do not give the devil a chance to work on you.

## RESPONSORY

Into your hands, Lord, I commend my spirit, alleluia, alleluia.

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

You have redeemed us, Lord God of truth.

— alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit, alleluia, alleluia.

## GOSPEL CANTICLE

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.  
Alleluia.

*Luke 2:29-32*

*Christ is the light of the nations and the glory of Israel*

*Make sign of cross*

Lord, now you let your servant go in peace; \*  
your word has been fulfilled:

my own eyes have seen the salvation \*  
which you have prepared in the sight of every people:

a light to reveal you to the nations \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that  
awake, we may keep watch with Christ, and asleep, rest in his peace.  
Alleluia.

CONCLUDING PRAYER

Let us pray.

Lord Jesus Christ,  
you have given your followers  
an example of gentleness and humility,  
a task that is easy, a burden that is light.  
Accept the prayers and work of this day,  
and give us the rest that will strengthen us  
to render more faithful service to you  
who live and reign for ever and ever.

— Amen.

*Blessing*

May the all-powerful Lord grant us a restful night and a peaceful  
death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Queen of heaven, rejoice, alleluia.  
The Son whom you merited to bear, alleluia,  
has risen as he said, alleluia.  
Rejoice and be glad, O Virgin Mary, alleluia!  
For the Lord has truly risen, alleluia.

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