

*Liturgy of the Hours*  
LITURGY OF THE HOURS

EVENING PRAYER

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August 1, 2025

{ Memorial – Alphonsus Liguori, Bishop and Doctor }

during Exposition  
of the Blessed Sacrament

concluding with  
Benediction and Reposition



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

HYMN

Sing, my tongue, the hidden myst'ry  
of Christ's Body glorified,  
and his Precious Blood most holy,  
shed in ransom for the world,  
offered by the King of nations,  
born the fruit of noble womb.

Born for us and given to us  
Son of Mary, Virgin pure,  
in the world he lived among us,  
sowed as seeds the word of truth;  
then the season of his sojourn  
with a wondrous rite he closed.

On the night of that Last Supper  
feasting with his chosen friends,  
he obeyed the law completely  
in the food and drink prescribed;  
then he gave his twelve Apostles  
with his hands himself as food.

Word made flesh, true bread from heaven,  
by a word, made bread his Flesh,  
purest wine Christ's Blood becoming,  
though our sense cannot perceive;  
faith alone brings full assurance  
to the pure and faithful heart.

Let us, therefore, bow and worship  
such a wondrous Sacrament;

let the ancient law and custom  
to a newer rite now yield;  
let our faith supply conviction  
where the senses tire and fail.

To the Father, unbegotten,  
and Sole-begotten Son,  
be salvation, blessing, honor,  
jubilation, pow'r, and praise;  
to the One from both proceeding  
equal glory and renown. Amen.

*Metrical hymn, melody: WESTMINSTER ABBEY, 8 7 8 7 8 7; adapted from an anthem by Henry Purcell (1659–1695)*

*Plainsong, mode III, melody 55; Liber Hymnarius, Solesmes, 1983, Text: Pange, lingua, gloriosi corporis mysterium, attributed to St. Thomas Aquinas, O.P., 1225–1274*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

Lord, lay your healing hand upon me, for I have sinned.

*Psalm 41*

*Prayer of a sick person*

*One of you will betray me, yes, one who eats with me (Mark 14:18).*

Happy the mán who consíders the póor and the wéak. \*  
The Lórd will sáve him in the dáy of évil,  
will guárd him, give him lífe, make him háppy in the lánd \*  
and will nó't give him úp to the wíll of his fóes.  
The Lórd will hélp him on his béd of páin, \*  
he will bríng him báck from síckness to héalth.

As for mé, I said: “Lórd, have mércy on mé,\*  
heal my sóul for Í have sínned agáinst you.”  
My fóes are spéaking évil agáinst me.\*  
“How lóng before he díes and his náme be forgóttén?”  
They cóme to vísit me and spéak empty wórds,\*  
their héarts full of málice, they spréad it abróad.

My énemies whísper togéther agáinst me.\*  
They áll weigh úp the évil which is ón me:  
“Some déadly thínghas fástened upón him,\*  
he will nótrise agáin from whére he líes.”  
Thus éven my friend, in whóm I trústed,\*  
who áte my bréad, has túrned agáinst me.

But yóu, O Lórd, have mércy on mé.\*  
Let me ríse once móre and Í will repáy them.  
By thís I shall knów that yóu are my fríend,\*  
if my fóes do not shóut in tríumph óver me.  
If yóu uphóld me Í shall be unhármed\*  
and sét in your présence for évermóre.

Bléssed be the Lórd, the Gód of Ísrael\*  
from áge to áge. Amén. Amén.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

### *Antiphon*

Lord, lay your healing hand upon me, for I have sinned.

### *Antiphon 2*

The mighty Lord is with us; the God of Jacob is our stronghold.

### *Psalms 46*

### *God our refuge and strength*

*He shall be called Emmanuel, which means: God-with-us (Matthew 1:23).*

Gód is for ús a réfuge and stréngth,\*  
a hélper close at hánd, in tíme of dístréss:

so we shall not fear though the earth should rock, \*  
though the mountains fall into the depths of the sea,  
even though its waters rage and foam, \*  
even though the mountains be shaken by its waves.

The Lord of hosts is with us: \*  
the God of Jacob is our stronghold.

The waters of a river give joy to God's city, \*  
the holy place where the Most High dwells.  
God is within, it cannot be shaken; \*  
God will help it at the dawning of the day.  
Nations are in tumult, kingdoms are shaken: \*  
he lifts his voice, the earth shrinks away.

The Lord of hosts is with us: \*  
the God of Jacob is our stronghold.

Come, consider the works of the Lord, \*  
the redoubtable deeds he has done on the earth.  
He puts an end to wars over all the earth; †  
the bow he breaks, the spear he snaps. \*  
He burns the shields with fire.  
"Be still and know that I am God, \*  
supreme among the nations, supreme on the earth!"

The Lord of hosts is with us: \*  
the God of Jacob is our stronghold.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

The mighty Lord is with us; the God of Jacob is our stronghold.

### *Antiphon 3*

All nations will come and worship before you, O Lord.

*Canticle – Revelation 15:3-4*

*Hymn of adoration*

Mighty and wonderful are your works, \*  
Lord God Almighty!  
Righteous and true are your ways, \*  
O King of the nations!

Who would dare refuse you honor, \*  
or the glory due your name, O Lord?

Since you alone are holy, \*  
all nations shall come  
and worship in your presence. \*  
Your mighty deeds are clearly seen.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

All nations will come and worship before you, O Lord.

*Sit*

READING

*James 3:17-18*

Wisdom from above is first of all innocent. It is also peaceable, lenient, docile, rich in sympathy and the kindly deeds that are its fruits, impartial and sincere. The harvest of justice is sown in peace for those who cultivate peace.

RESPONSORY

In the midst of the Church he spoke with eloquence.

— In the midst of the Church he spoke with eloquence.

The Lord filled him with the spirit of wisdom and understanding.

— He spoke with eloquence.

Glory to the Father, and to the Son, and to the Holy Spirit,

— In the midst of the Church he spoke with eloquence.

*Stand*

## GOSPEL CANTICLE

*Antiphon*

O blessed doctor, light of holy Church and lover of God's law, pray to the Son of God for us.

*Luke 1:46-55*

*The soul rejoices in the Lord*

*Make sign of cross*

My soul proclaims the greatness of the Lord, \*  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant. \*

From this day all generations will call me blessed:  
the Almighty has done great things for me, \*  
and holy is his Name.

He has mercy on those who fear him \*  
in every generation.

He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

He has filled the hungry with good things, \*  
and the rich he has sent away empty.

He has come to the help of his servant Israel \*  
for he has remembered his promise of mercy,  
the promise he made to our fathers, \*  
to Abraham and his children for ever.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

O blessed doctor, light of holy Church and lover of God's law, pray to the Son of God for us.

### INTERCESSIONS

Jesus Christ is worthy of all praise, for he was appointed high priest among men and their representative before God. We honor him and in our weakness we pray:

— Bring salvation to your people, Lord.

You marvelously illuminated your Church through distinguished leaders and holy men and women,  
let Christians rejoice always in such splendor.

— Bring salvation to your people, Lord.

You forgave the sins of your people when their holy leaders like Moses sought your compassion,  
through their intercession continue to purify and sanctify your holy people.

— Bring salvation to your people, Lord.

In the midst of their brothers and sisters you anointed your holy ones and filled them with the Holy Spirit,  
fill all the leaders of your people with the same Spirit.

— Bring salvation to your people, Lord.

You yourself are the only visible possession of our holy pastors,  
let none of them, won at the price of your blood, remain far from you.

— Bring salvation to your people, Lord.

The shepherds of your Church keep your flock from being snatched out of your hand. Through them you give your flock eternal life,  
save those who have died, those for whom you gave up your life.

— Bring salvation to your people, Lord.

### *The Lord's Prayer*

Our Father who art in heaven,



hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

*Kneel*

### BENEDICTION

Tantum ergo sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Praestet fides supplementum  
Sensuum defectui.

Genitori, Genitoque  
Laus et iubilatio  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio. Amen.

*Melody: Pange Lingua 87.87.87; Music: Mode III Vatican Plainsong; Text: Pange  
Lingua, St. Thomas Aquinas, c. 1225-1274*

*Incensation*

Let us pray.  
Lord Jesus Christ,  
you gave us the eucharist  
as the memorial of your suffering and death.  
May our worship of this sacrament of your body and blood  
help us to experience the salvation you won for us

and the peace of the kingdom  
where you live with the Father and the Holy Spirit,  
God, for ever and ever.

— Amen.

### *Blessing*

### *Divine Praises*

Blessed be God.  
Blessed be his holy Name.  
Blessed be Jesus Christ, true God and true Man.  
Blessed be the name of Jesus.  
Blessed be his most sacred Heart.  
Blessed be his most precious Blood.  
Blessed be Jesus in the most holy Sacrament of the altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and immaculate conception.  
Blessed be her glorious assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be Saint Joseph, her most chaste spouse.  
Blessed be God in his angels and in his saints.

### *Reposition*

### *Stand*

### HYMN

Holy God, we praise thy name!  
Lord of all, we bow before thee!  
All on earth thy scepter claim,  
All in heaven above adore thee!  
Infinite thy vast domain,  
Everlasting is thy reign.

Hark the loud celestial hymn  
Angel choirs above are raising;  
Cherubim and Seraphim,  
In unceasing chorus praising,  
Fill the heavens with sweet accord:  
Holy, Holy, Holy Lord!

Holy Father, Holy Son,  
Holy Spirit, Three we name thee,  
While in essence only One,  
Undivided God we claim thee;  
And adoring bend the knee,  
While we own the mystery.

*Melody: Grosser Gott 78.78.77; Music: Katholisches Gesangbuch, Vienna, c. 1774;  
Text: Ignaz Franz, 1719-1790; Translator: Clarence Walworth, 1820-1900*

# ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

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