

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER

February 6, 2026

{ Memorial – Paul Miki and Companions, Martyrs }

during Exposition
of the Blessed Sacrament

concluding with
Benediction and Reposition



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Sing, my tongue, the hidden myst'ry
of Christ's Body glorified,
and his Precious Blood most holy,
shed in ransom for the world,
offered by the King of nations,
born the fruit of noble womb.

Born for us and given to us
Son of Mary, Virgin pure,
in the world he lived among us,
sowed as seeds the word of truth;
then the season of his sojourn
with a wondrous rite he closed.

On the night of that Last Supper
feasting with his chosen friends,
he obeyed the law completely
in the food and drink prescribed;
then he gave his twelve Apostles
with his hands himself as food.

Word made flesh, true bread from heaven,
by a word, made bread his Flesh,
purest wine Christ's Blood becoming,
though our sense cannot perceive;
faith alone brings full assurance
to the pure and faithful heart.

Let us, therefore, bow and worship
such a wondrous Sacrament;

let the ancient law and custom
to a newer rite now yield;
let our faith supply conviction
where the senses tire and fail.

To the Father, unbegotten,
and Sole-begotten Son,
be salvation, blessing, honor,
jubilation, pow'r, and praise;
to the One from both proceeding
equal glory and renown. Amen.

Metrical hymn, melody: WESTMINSTER ABBEY, 8 7 8 7 8 7; adapted from an anthem by Henry Purcell (1659–1695)

Plainsong, mode III, melody 55; Liber Hymnarius, Solesmes, 1983, Text: Pange, lingua, gloriosi corporis mysterium, attributed to St. Thomas Aquinas, O.P., 1225–1274

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Sit or stand

PSALMODY

Antiphon 1

Day after day I will bless you, Lord; I will tell of your marvelous deeds.

Psalm 145

Praise of God's majesty

Lord, you are the Just One, who was and who is (Revelation 16:5).

I

I will give you glóry, O Gód my Kíng,*

I will bléss your náme for éver.

I will bléss you dáy after dáy*

and praise your náme for éver.
The Lord is gréat, híghly to be práised, *
his gréatness cánnót be méasured.

Age to áge shall procláim your wórks, *
shall decláre your míghty déeds,
shall spéak of your spléndor and glóry, *
tell the tále of your wónderful wórks.

They will spéak of your térrible déeds, *
recóunt your gréatness and míght.
They will recáll your abúndant góodness; *
age to áge shall ríng out your jústice.

The Lord is kínd and fúll of compásson, *
slow to ánger, abóunding in lóve.
How góod is the Lórd to áll, *
compássionate to áll his créatures.

All your créatures shall thánk you, O Lórd, *
and your fríends shall repéat their bléssing.
They shall spéak of the glóry of your réign *
and decláre your míght, O Gód,

to make knówn to mén your míghty déeds *
and the glórious spléndor of your réign.
Yóurs is an éverlasting kíngdom; *
your rúle lasts from áge to áge.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Day after day I will bless you, Lord; I will tell of your marvelous deeds.

Antiphon 2

To you alone, Lord, we look with confidence; you are ever close to those who call upon you.

II

The Lord is faithful in all his words *
and loving in all his deeds.

The Lord supports all who fall *
and raises all who are bowed down.

The eyes of all creatures look to you *
and you give them their food in due time.
You open wide your hand, *
grant the desires of all who live.

The Lord is just in all his ways *
and loving in all his deeds.
He is close to all who call him, *
who call on him from their hearts.

He grants the desires of those who fear him, *
he hears their cry and he saves them.
The Lord protects all who love him; *
but the wicked he will utterly destroy.

Let me speak the praise of the Lord, †
let all mankind bless his holy name *
for ever, for ages unending.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

To you alone, Lord, we look with confidence; you are ever close to
those who call upon you.

Antiphon 3

King of all the ages, your ways are perfect and true.

Canticle – Revelation 15:3-4

Hymn of adoration

Mighty and wonderful are your works, *
Lord God Almighty!

Righteous and true are your ways, *
O King of the nations!

Who would dare refuse you honor, *
or the glory due your name, O Lord?

Since you alone are holy, *
all nations shall come
and worship in your presence. *
Your mighty deeds are clearly seen.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

King of all the ages, your ways are perfect and true.

Sit

READING

1 Peter 4:13-14

Rejoice, beloved, in the measure that you share Christ's sufferings.
When his glory is revealed, you will rejoice exultantly. Happy are you
when you are insulted for the sake of Christ, for then God's Spirit in
its glory has come to rest on you.

RESPONSORY

Let the just rejoice and sing for joy in the Lord.

— Let the just rejoice and sing for joy in the Lord.

Delight in his love, you pure of heart.

— and sing for joy in the Lord.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Let the just rejoice and sing for joy in the Lord.

Stand

GOSPEL CANTICLE

Antiphon

The holy friends of Christ rejoice in heaven; they followed in his footsteps to the end. They have shed their blood for love of him and will reign with him for ever.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The holy friends of Christ rejoice in heaven; they followed in his footsteps to the end. They have shed their blood for love of him and will reign with him for ever.

INTERCESSIONS

This is the hour when the King of martyrs offered his life in the upper room and laid it down on the cross. Let us thank him and say:

— We praise you, O Lord.

We praise you, O Lord, our Savior, inspiration and example for every martyr, for loving us to the end:

— We praise you, O Lord.

For calling all repentant sinners to the rewards of life:

— We praise you, O Lord.

For entrusting to your Church the blood of the new and everlasting covenant poured out for the remission of sin:

— We praise you, O Lord.

For our perseverance in your grace today:

— We praise you, O Lord.

For incorporating our dead brothers and sisters into your own death today:

— We praise you, O Lord.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Kneel

BENEDICTION

Tantum ergo sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et iubilatio
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.

*Melody: Pange Lingua 87.87.87; Music: Mode III Vatican Plainsong; Text: Pange
Lingua, St. Thomas Aquinas, c. 1225-1274*

Incensation

Let us pray.

Lord Jesus Christ,
you gave us the eucharist
as the memorial of your suffering and death.
May our worship of this sacrament of your body and blood
help us to experience the salvation you won for us
and the peace of the kingdom
where you live with the Father and the Holy Spirit,
God, for ever and ever.

— Amen.

Blessing

Divine Praises

Blessed be God.

Blessed be his holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the name of Jesus.

Blessed be his most sacred Heart.

Blessed be his most precious Blood.

Blessed be Jesus in the most holy Sacrament of the altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and immaculate conception.

Blessed be her glorious assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in his angels and in his saints.

Reposition

Stand

HYMN

Holy God, we praise thy name!

Lord of all, we bow before thee!

All on earth thy scepter claim,

All in heaven above adore thee!

Infinite thy vast domain,

Everlasting is thy reign.

Hark the loud celestial hymn

Angel choirs above are raising;

Cherubim and Seraphim,

In unceasing chorus praising,

Fill the heavens with sweet accord:

Holy, Holy, Holy Lord!

Holy Father, Holy Son,
Holy Spirit, Three we name thee,
While in essence only One,
Undivided God we claim thee;
And adoring bend the knee,
While we own the mystery.

*Melody: Grosser Gott 78.78.77; Music: Katholisches Gesangbuch, Vienna, c. 1774;
Text: Ignaz Franz, 1719-1790; Translator: Clarence Walworth, 1820-1900*

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