

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER

October 2, 2026
{ Memorial – Guardian Angels }

during Exposition
of the Blessed Sacrament

concluding with
Benediction and Reposition



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Sing, my tongue, the hidden myst'ry
of Christ's Body glorified,
and his Precious Blood most holy,
shed in ransom for the world,
offered by the King of nations,
born the fruit of noble womb.

Born for us and given to us
Son of Mary, Virgin pure,
in the world he lived among us,
sowed as seeds the word of truth;
then the season of his sojourn
with a wondrous rite he closed.

On the night of that Last Supper
feasting with his chosen friends,
he obeyed the law completely
in the food and drink prescribed;
then he gave his twelve Apostles
with his hands himself as food.

Word made flesh, true bread from heaven,
by a word, made bread his Flesh,
purest wine Christ's Blood becoming,
though our sense cannot perceive;
faith alone brings full assurance
to the pure and faithful heart.

Let us, therefore, bow and worship
such a wondrous Sacrament;

let the ancient law and custom
to a newer rite now yield;
let our faith supply conviction
where the senses tire and fail.

To the Father, unbegotten,
and the Sole-begotten Son,
be salvation, blessing, honor,
jubilation, pow'r, and praise;
to the One from both proceeding
equal glory and renown. Amen.

Metrical hymn, melody: WESTMINSTER ABBEY, 8 7 8 7 8 7; adapted from an anthem by Henry Purcell (1659–1695)

Plainsong, mode III, melody 55; Liber Hymnarius, Solesmes, 1983, Text: Pange, lingua, gloriosi corporis mysterium, attributed to St. Thomas Aquinas, O.P., 1225–1274

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Sit or stand

PSALMODY

Antiphon 1

The angel of the Lord encamps around those who fear him, to
rescue them.

Psalms 34

God the savior of the just

You have tasted the sweetness of the Lord (1 Peter 2:3).

I

I will bléss the Lórd at all tímes,*
his práise álways on my líps;
in the Lórd my sóul shall make its bóast.*
The húmble shall héar and be glád.

Glórfify the Lórd with mé.*
 Togéther let us práise his náme.
 I sóught the Lórd and he ánswered me;*
 from all my térrors he sét me frée.
 Lóok towards hím and be rádiant;*
 let your fáces nót be abáshed.
 This póor man cálléd; the Lord héárd him*
 and réscued him from áll his distréss.
 The ángel of the Lórd is encámped*
 around thóse who revére him, to réscue them.
 Taste and sée that the Lórd is góod.*
 He is háppy who seeks réfuge in hím.
 Revére the Lórd, you his sáints.*
 They lack nóthing, thóse who revére him.
 Strong líons suffer wánt and go húngry*
 but thóse who seek the Lórd lack no bléssing.
 Glory to the Father, and to the Son,*
 and to the Holy Spirit:
 as it was in the beginning, is now,*
 and will be for ever. Amen.

Antiphon

The angel of the Lord encamps around those who fear him, to rescue them.

Antiphon 2

Our God is a living God, for his angel has protected me.

II

Cóme, chíldren, and héar me*
 that I may téach you the féar of the Lórd.
 Who is hé who lóns for lífe*
 and many dáys, to enjóy his prospérité?
 Then kéep your tóngue from évil*
 and your líps from spéaking decéit.
 Turn asíde from évil and do góod;*

séek and stríve after péace.

The Lórd turns his fáce against the wícked *
to destróy their remémbrance from the éarth.
The Lórd turns his éyes to the júst *
and his éars to théir appéal.

They cáll and the Lórd héars *
and réscues them in áll their distréss.
The Lord is clóse to the bróken-héarted; *
those whose spírit is crúshed he will sáve.

Mány are the tríals of the júst man *
but from them áll the Lórd will réscue him.
He will keep gúard over áll his bónes, *
not óne of his bónes shall be bróken.

Évil brings déath to the wícked; *
those who háte the góod are dóomed.
The Lord ránsoms the sóuls of his sérvants. *
Those who híde in him shall nóte be condémned.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Our God is a living God, for his angel has protected me.

Antiphon 3

Glorify the God of heaven, sing praise to him before all living creatures, for he has shown you such great mercy.

Canticle – Revelation 11:17-18; 12:10b-12a

The judgment of God

We praise you, the Lord God Almighty, *
who is and who was.
You have assumed your great power, *
you have begun your reign.

The nations have raged in anger, *

but then came your day of wrath
and the moment to judge the dead: *
The time to reward your servants the prophets
and the holy ones who revere you, *
the great and the small alike.

Now have salvation and power come, †
the reign of our God and the authority *
of his Anointed One.

For the accuser of our brothers is cast out, *
who night and day accused them before God.

They defeated him by the blood of the Lamb †
and by the word of their testimony; *
love for life did not deter them from death.
So rejoice, you heavens, *
and you that dwell therein!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Glorify the God of heaven, sing praise to him before all living creatures, for he has shown you such great mercy.

Sit

READING

Revelation 8:3–4

An angel came in holding a censer of gold. He took his place at the altar of incense and was given large amounts of incense to deposit on the altar of gold in front of the throne, together with the prayers of all God's holy ones. From the angel's hand the smoke of the incense went up before God, and with it the prayers of God's people.

Responsory

God gave his angels charge over you.

— God gave his angels charge over you.

To protect you in all your ways.

— God gave his angels charge over you.

Glory to the Father, and to the Son, and to the Holy Spirit,

— God gave his angels charge over you.

Stand

GOSPEL CANTICLE

Antiphon

The angels will always see the face of my heavenly Father.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

The angels will always see the face of my heavenly Father.

INTERCESSIONS

The angels carry out God's will. Let us pray that we too may listen carefully for his voice and hear his call, as we say:

— With the angels we sing of your glory.

O God, you made your angels messengers of your marvelous works, help us to proclaim your wonderful deeds to all men.

— With the angels we sing of your glory.

The angels unceasingly proclaim that you are holy and exalted, may your people on earth join their voices to the angelic song of praise.

— With the angels we sing of your glory.

You commanded your angels to watch over your servants in all their ways,
guide those who are traveling and bring them home safely in joy and in peace.

— With the angels we sing of your glory.

You gave the angels the mission of announcing peace to men, inspire counsels of peace in the hearts of leaders and peoples of all nations.

— With the angels we sing of your glory.

When you send forth the angels to gather together your chosen people from every corner of the earth,
do not let them pass over any of your children, but bring them all to the unending gladness of your kingdom.

— With the angels we sing of your glory.

The Lord's Prayer

Our Father who art in heaven,

hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Kneel

BENEDICTION

Tantum ergo sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et iubilatio
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.

*Melody: Pange Lingua 87.87.87; Music: Mode III Vatican Plainsong; Text: Pange
Lingua, St. Thomas Aquinas, c. 1225-1274*

Incensation

Let us pray.
Lord Jesus Christ,
you gave us the eucharist
as the memorial of your suffering and death.
May our worship of this sacrament of your body and blood
help us to experience the salvation you won for us

and the peace of the kingdom
where you live with the Father and the Holy Spirit,
God, for ever and ever.

— Amen.

Blessing

Divine Praises

Blessed be God.
Blessed be his holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the name of Jesus.
Blessed be his most sacred Heart.
Blessed be his most precious Blood.
Blessed be Jesus in the most holy Sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and immaculate conception.
Blessed be her glorious assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.

Reposition

Stand

HYMN

Holy God, we praise thy name!
Lord of all, we bow before thee!
All on earth thy scepter claim,
All in heaven above adore thee!
Infinite thy vast domain,
Everlasting is thy reign.

Hark the loud celestial hymn
Angel choirs above are raising;
Cherubim and Seraphim,
In unceasing chorus praising,
Fill the heavens with sweet accord:
Holy, Holy, Holy Lord!

Holy Father, Holy Son,
Holy Spirit, Three we name thee,
While in essence only One,
Undivided God we claim thee;
And adoring bend the knee,
While we own the mystery.

*Melody: Grosser Gott 78.78.77; Music: Katholisches Gesangbuch, Vienna, c. 1774;
Text: Ignaz Franz, 1719-1790; Translator: Clarence Walworth, 1820-1900*

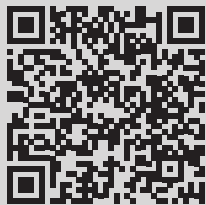
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