Liturgy of the Hours LITURGY OF THE HOURS

DAYTIME PRAYER

Seasons of Advent and Christmas { Office for the Dead }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

Come, Holy Ghost, who ever one Art with the Father and the Son; Come, Holy Ghost, our souls possess With thy full flood of holiness.

In will and deed, in heart and tongue With all the powers, thy praise be sung; And love light up our mortal frame Till others catch the living flame.

Almighty Father, hear our cry
Through Jesus Christ, our Lord most high,
Who with the Holy Ghost and thee
Doth live and reign eternally.

Melody: Saint Venantius L.M.; Music: Clausener Gesangbuch, 1653; Text: St. Ambrose (?); Translator: J. H. Newman, 1801–1890

Sit or stand

PSALMODY

Antiphon 1

Lord, lay your healing hands on the wounds of my sins.

Psalm 70

O God, come to my aid

Lord, save us, we are lost (Matthew 8:25).

O Gód, make háste to my réscue, * Lord, cóme to my áid! Lét there be sháme and confúsion * on thóse who seek my lífe.

O lét them turn báck in confúsion, * who delíght in my hárm, let them retréat, cóvered with sháme, * who jéer at my lót.

Lét there be rejóicing and gládness * for áll who séek you. Let them sáy for ever: "Gód is gréat," * who lóve your saving hélp.

As for mé, wrétched and póor, *cóme to me, O Gód.
Yóu are my réscuer, my hélp, *O Lórd, do not deláy.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Psalm 85

Our salvation is near

God blessed the land when our Savior came to earth (Origen).

O Lórd, you once fávored your lánd * and revíved the fórtunes of Jácob, you forgáve the guilt of your péople * and cóvered áll their síns. You avérted áll your ráge, * you cálmed the héat of your ánger.

Revíve us now, Gód, our hélper! *
Put an énd to your gríevance agáinst us.
Will you be ángry with ús for éver, *
will your ánger néver céase?

Will you nót restóre again our lífe * that your péople may rejóice in yóu? Let us sée, O Lórd, your mércy * and gíve us your sáving hélp.

I will héar what the Lord Gód has to sáy, * a vóice that spéaks of péace, péace for his péople and his fríends * and those who túrn to hím in their héarts. His help is néar for thóse who féar him * and his glóry will dwéll in our lánd.

Mércy and faithfulness have mét; *
jústice and péace have embráced.
Fáithfulness shall spring from the éarth *
and jústice look dówn from héaven.

The Lórd will máke us prósper * and our éarth shall yíeld its frúit. Jústice shall márch befóre him * and péace shall fóllow his stéps.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Psalm 86

The prayer of the poor man in distress

Blessed be God who comforts us in all our trials (2 Corinthians 1:3, 4).

Turn your éar, O Lórd, and give ánswer * for Í am póor and néedy.

Preserve my lífe, for Í am fáithful: * save the sérvant who trústs in yóu.

You are my Gód, have mércy on me, Lórd, * for I crý to you áll the day lóng. Give jóy to your sérvant, O Lórd, * for to yóu I líft up my sóul.

O Lórd, you are góod and forgíving, *full of lóve to áll who cáll.
Give héed, O Lórd, to my práyer * and atténd to the sóund of my vóice.

In the dáy of distréss I will cáll *

and súrely you will réply. Among the gods there is none like you, O Lord; * nor work to compare with yours.

All the nátions shall cóme to adóre you * and glórify your náme, O Lórd: for you are gréat and do márvellous déeds, * yóu who alóne are Gód.

Shów me, Lórd, your wáy † so that Í may wálk in your trúth. * Guide my héart to féar your náme.

I will práise you, Lord my Gód, with all my héart * and glórify your náme for éver; for your lóve to mé has been gréat: * you have sáved me from the dépths of the gráve.

The proud have risen agáinst me; † rúthless men séek my lífe: * to you they páy no héed.

But you, God of mércy and compássion, * slów to ánger, O Lórd, abounding in lóve and trúth, * túrn and take píty on mé.

O gíve your stréngth to your sérvant * and sáve your hándmaid's són. Shów me a sígn of your fávor † that my fóes may sée to their sháme * that you consóle me and gíve me your hélp.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Lord, lay your healing hands on the wounds of my sins.

READING

Wisdom 1:13-14a, 15

God did not make death, nor does he rejoice in the destruction of the living. For he fashioned all things that they might have being; for justice is undying.

Verse

Though I walk in the valley of darkness, I fear no evil.

— For you are with me, Lord.

Stand

CONCLUDING PRAYER

Let us pray.

Lord, hear our prayers.

By raising your Son from the dead, you have given us faith. Strengthen our hope that N., our brother (sister), will share in his resurrection.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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