

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

September 8, 2026
{ Feast – Birth of Mary }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us celebrate the birth of the Virgin Mary, let us worship her Son, Christ the Lord.

— Come, let us celebrate the birth of the Virgin Mary, let us worship her Son, Christ the Lord.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us celebrate the birth of the Virgin Mary, let us worship her Son, Christ the Lord.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us celebrate the birth of the Virgin Mary, let us worship her Son, Christ the Lord.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Come, let us celebrate the birth of the Virgin Mary, let us worship her Son, Christ the Lord.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,
Although they had seen all of my works.

- Come, let us celebrate the birth of the Virgin Mary, let us worship her Son, Christ the Lord.

Forty years I endured that generation.
I said, “They are a people whose hearts go astray
and they do not know my ways.”
So I swore in my anger,
“They shall not enter into my rest.”

- Come, let us celebrate the birth of the Virgin Mary, let us worship her Son, Christ the Lord.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

- Come, let us celebrate the birth of the Virgin Mary, let us worship her Son, Christ the Lord.

Morning Prayer

HYMN

O holy Lady, heav’nly Queen,
exalted Guardian of this world,
O shining star upon the seas,
O Virgin Mother, wondrous Maid:

Come forth, sweet Daughter, tender shoot,
O little Virgin, grow and bloom,
for you shall bear a noble flow’r,
your Son, the Christ, both God and Man.

Behold, each year we celebrate

this solemn feast day of your birth,
for, sprung from choicest, noble stock,
you shine refulgent for the world.

Through you, this day, though born of earth,
we find rebirth in heav'n above;
a covenant of noble peace
has brought us peace beyond our ken.

All glory to the Three in One
from age to age for evermore,
for by their gift you are proclaimed
the blessed Mother of the Church. Amen.

Metrical hymn, melody: EISENACH, 8 8 8 8; Johann Hermann Schein, 1586–1630

Plainsong, mode II, melody 30; Liber Hymnarius, Solesmes, 1983; Text: O sancta
mundi domina, ca. 10th c.*

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Sit or stand

PSALMODY

Antiphon 1

We commemorate the birth of the blessed Virgin Mary, a descendant of Abraham, born of the tribe of Judah and of David's seed.

Psalm 63:2–9

A soul thirsting for God

Whoever has left the darkness of sin yearns for God.

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thírsting.
My bódy pínes for yóu *
like a drý, weary lánd without wáter.
So I gáze on yóu in the sánctuary *

to see your strength and your glory.

For your love is better than life, *
my lips will speak your praise.
So I will bless you all my life, *
in your name I will lift up my hands.
My soul shall be filled as with a banquet, *
my mouth shall praise you with joy.

On my bed I remember you. *
On you I muse through the night
for you have been my help; *
in the shadow of your wings I rejoice.
My soul clings to you; *
your right hand holds me fast.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

We commemorate the birth of the blessed Virgin Mary, a descendant of Abraham, born of the tribe of Judah and of David's seed.

Antiphon 2

When the most holy Virgin was born, the whole world was made radiant; blessed is the branch and blessed is the stem which bore such holy fruit.

Canticle – Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord. *
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord. *

Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. *

All you winds, bless the Lord.

Fire and heat, bless the Lord. *

Cold and chill, bless the Lord.

Dew and rain, bless the Lord. *

Frost and chill, bless the Lord.

Ice and snow, bless the Lord. *

Nights and days, bless the Lord.

Light and darkness, bless the Lord. *

Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. *

Praise and exalt him above all forever.

Mountains and hills, bless the Lord. *

Everything growing from the earth, bless the Lord.

You springs, bless the Lord. *

Seas and rivers, bless the Lord.

You dolphins and all water creatures, bless the Lord. *

All you birds of the air, bless the Lord.

All you beasts, wild and tame, bless the Lord. *

You sons of men, bless the Lord.

O Israel, bless the Lord. *

Praise and exalt him above all forever.

Priests of the Lord, bless the Lord. *

Servants of the Lord, bless the Lord.

Spirits and souls of the just, bless the Lord. *

Holy men of humble heart, bless the Lord.

Hananiah, Azariah, Mishael, bless the Lord. *

Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. *

Let us praise and exalt him above all forever.

Blessed are you, Lord, in the firmament of heaven. *

Praiseworthy and glorious and exalted above all forever.

Antiphon

When the most holy Virgin was born, the whole world was made

radiant; blessed is the branch and blessed is the stem which bore such holy fruit.

Antiphon 3

Let us joyfully celebrate the birth of blessed Mary so that she may intercede for us before Jesus Christ the Lord.

Psalm 149

The joy of God's holy people.

Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).

Síng a new sǫng to the Lórd, *
his práise in the assémbly of the fáithful.

Let Ísrael rejóice in its máker, *
let Zíon's sons exúlt in their kíng.
Let them práise his náme with dáncing *
and make músic with tímbrel and hárp.

For the Lórd takes delíght in his péople. *

He crówns the póor with salvátion.

Let the fáithful rejóice in their glóry, *
shout for jóy and táke their rést.

Let the práise of Gód be on their líps *
and a twó-edged swórd in their hánd,

to déal out véngeance to the nátions *

and púnishment on áll the péoples;

to bínd their kíngs in cháins *

and their nóbles in fétters of íron;

to cárry out the séntence pre-ordáined; *

this hónor is for áll his fáithful.

Glory to the Father, and to the Son, *

and to the Holy Spirit:

as it was in the beginning, is now, *

and will be for ever. Amen.

Antiphon

Let us joyfully celebrate the birth of blessed Mary so that she may intercede for us before Jesus Christ the Lord.

Sit

READING

Isaiah 11:1-3

A shoot shall sprout from the stump of Jesse,
and from his roots a bud shall blossom.
The spirit of the Lord shall rest upon him:
a spirit of wisdom and of understanding,
A spirit of counsel and of strength,
a spirit of knowledge and of fear of the Lord,
and his delight shall be the fear of the Lord.

Responsory

The Lord has chosen her, his loved one from the beginning.

— The Lord has chosen her, his loved one from the beginning.

He has taken her to live with him,

— his loved one from the beginning.

Glory to the Father, and to the Son, and to the Holy Spirit,

— The Lord has chosen her, his loved one from the beginning.

Stand

GOSPEL CANTICLE

Antiphon

Your birth, O Virgin Mother of God, proclaims joy to the whole world, for from you arose the glorious Sun of Justice, Christ our God; he freed us from the age-old curse and filled us with holiness; he destroyed death and gave us eternal life.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Your birth, O Virgin Mother of God, proclaims joy to the whole
world, for from you arose the glorious Sun of Justice, Christ our
God; he freed us from the age-old curse and filled us with holiness;
he destroyed death and gave us eternal life.

INTERCESSIONS

Let us glorify our Savior, who chose the Virgin Mary for his
mother. Let us ask him:

— May your mother intercede for us, Lord.

Sun of Justice, the immaculate Virgin was the white dawn an-
nouncing your rising,
grant that we may always live in the light of your coming.

— May your mother intercede for us, Lord.

Eternal Word, you chose Mary as the uncorrupted ark of your dwelling place,
free us from the corruption of sin.

— May your mother intercede for us, Lord.

Savior of mankind, your mother stood at the foot of your cross,
grant, through her intercession, that we may rejoice to share in your passion.

— May your mother intercede for us, Lord.

With ultimate generosity and love, you gave Mary as a mother to your beloved disciple,
help us to live as worthy sons of so noble a mother.

— May your mother intercede for us, Lord.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Father of mercy,
give your people help and strength from heaven.
The birth of the Virgin Mary's Son
was the dawn of our salvation.
May this celebration of her birthday
bring us closer to lasting peace.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

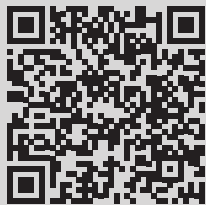
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