

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER

September 8, 2026
{ Feast – Birth of Mary }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

O Mother blest of God most high
and glory of the human race,
through you, though we were slaves to sin,
we are the children of the light,

O Mary, Virgin Mother, Queen,
and tender shoot from David's stock,
though noble in your royal birth,
yet more exalted in your Son,

Cut back the dry and ancient wood
and graft us on to newer stock;
through you the faithful will become
a royal priesthood serving God.

Unravel by your holy prayers
the knots our guilt and sins have tied;
bring us to heaven's great reward,
who praise your merits with our hymn.

All praise to God, the Three in One,
who from the treasure of their gifts
have given you the greatest pearl,
most noble Virgin, heav'nly Queen. Amen.

Metrical hymn, melody: EISENACH, 8 8 8 8; Johann Hermann Schein, 1586–1630

Plainsong, mode II, melody 30; Liber Hymnarius, Solesmes, 1983, Text: Beata Dei
genetrix, St. Peter Damian, O.S.B. Camald., ca. 1007–1072*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023
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Sit or stand

PSALMODY

Antiphon 1

The Virgin Mary came forth from the root of Jesse, and the Spirit of the Most High came to dwell in her heart.

Psalm 122

Holy city Jerusalem

You have come to Mount Zion, to the city of the living God, heavenly Jerusalem (Hebrews 12:22).

I rejoyiced when I héard them sáy: *

“Let us gó to God’s hóuse.”

And nów our féet are stánding *
within your gátes, O Jerúsalem.

Jerúsalem is buílt as a cíty *
stróngly compáct.

It is thére that the tríbes go úp, *
the tríbes of the Lórd.

For Ísrael’s lów it ís, *
there to práise the Lord’s náme.
Thére were set the thrónes of júdgment *
of the hóuse of Dávid.

For the péace of Jerúsalem práy: *
“Péace be to your hómes!
May péace réign in your wálls, *
in your pálaces, péace!”

For lóve of my bréthren and fríends *
I say: “Péace upón yóu!”
For lóve of the hóuse of the Lórd *
I will ásk for your góod.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

The Virgin Mary came forth from the root of Jesse, and the Spirit
of the Most High came to dwell in her heart.

Antiphon 2

Today we commemorate the birth of the Virgin Mary. God saw
her beauty and visited her in her lowliness.

Psalm 127

Apart from God our labors are worthless

You are God's building (1 Corinthians 3:9).

If the Lórd does not build the hóuse,*
in váin do its builders lábor;
if the Lórd does not wáitch over the cíty,*
in váin does the wáitchman keep vígil.

In váin is your éarlier rísing,*
your góing láter to rést,
you who tóil for the bréad you éat: *
when he pours gifts on his belóved while they slumber.

Truly sóns are a gift from the Lórd,*
a bléssing, the frúit of the wómb.
Indéed the sóns of yóuth *
are like árrows in the hánd of a wárrior.

Ó the háppiness of the mán *
who has fílléd his quíver with these árrows!
Hé will have no cáuse for sháme *
when he dispútes with his fóes in the gáteways.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Today we commemorate the birth of the Virgin Mary. God saw her beauty and visited her in her lowliness.

Antiphon 3

Blessed and worthy of our praise is the holy Virgin Mary, the Mother of God. We celebrate her birth, that she might intercede for us before the Lord.

Canticle – Ephesians 1:3-10

God our Savior

Praised be the God and Father *
of our Lord Jesus Christ,
who has bestowed on us in Christ *
every spiritual blessing in the heavens.

God chose us in him *
before the world began
to be holy *
and blameless in his sight.

He predestined us *
to be his adopted sons through Jesus Christ,
such was his will and pleasure, †
that all might praise the glorious favor *
he has bestowed on us in his beloved.

In him and through his blood, we have been redeemed, *
and our sins forgiven,
so immeasurably generous *
is God's favor to us.

God has given us the wisdom *
to understand fully the mystery,
the plan he was pleased *
to decree in Christ.

A plan to be carried out *
in Christ, in the fulness of time,
to bring all things into one in him, *

in the heavens and on earth.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Blessed and worthy of our praise is the holy Virgin Mary, the Mother of God. We celebrate her birth, that she might intercede for us before the Lord.

Sit

READING

Romans 9:4-5

To the Israelites belonged the adoption, the glory, the covenants, the law-giving, the worship, and the promises; theirs were the patriarchs, and from them came the Messiah (I speak of his human origins). Blessed forever be God who is over all! Amen.

Responsory

Hail, Mary, full of grace, the Lord is with you.

— Hail, Mary, full of grace, the Lord is with you.

Blessed are you among women and blessed is the fruit of your womb.

— The Lord is with you.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Hail, Mary, full of grace, the Lord is with you.

Stand

GOSPEL CANTICLE

Antiphon

Let us commemorate the illustrious birth of the glorious Virgin Mary, for the Lord has looked with favor on his lowly servant. He sent his angel to announce to her that she would conceive the Savior of the world.

Make sign of cross

My soul proclaims the greatness of the Lord,*
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.*

From this day all generations will call me blessed:
the Almighty has done great things for me,*
and holy is his Name.

He has mercy on those who fear him*
in every generation.

He has shown the strength of his arm,*
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,*
and has lifted up the lowly.

He has filled the hungry with good things,*
and the rich he has sent away empty.

He has come to the help of his servant Israel*
for he has remembered his promise of mercy,
the promise he made to our fathers,*
to Abraham and his children for ever.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Let us commemorate the illustrious birth of the glorious Virgin Mary, for the Lord has looked with favor on his lowly servant. He sent his angel to announce to her that she would conceive the Savior of the world.

INTERCESSIONS

Let us praise God our almighty Father, who wished that Mary, his

Son's mother, be celebrated by each generation. Now in need we ask:

— Mary, full of grace, intercede for us.

O God, worker of miracles, you made the immaculate Virgin Mary share, body and soul, in your Son's glory in heaven, direct the hearts of your children to that same glory.

— Mary, full of grace, intercede for us.

You made Mary our mother. Through her intercession grant strength to the weak, comfort to the sorrowing, pardon to sinners, salvation and peace to all.

— Mary, full of grace, intercede for us.

You made Mary full of grace,
grant all men the joyful abundance of your grace.

— Mary, full of grace, intercede for us.

Make your Church of one mind and one heart in love,
and help all those who believe to be one in prayer with Mary, the mother of Jesus.

— Mary, full of grace, intercede for us.

You crowned Mary queen of heaven,
may all the dead rejoice in your kingdom with the saints for ever.

— Mary, full of grace, intercede for us.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Father of mercy,
give your people help and strength from heaven.
The birth of the Virgin Mary's Son
was the dawn of our salvation.
May this celebration of her birthday
bring us closer to lasting peace.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

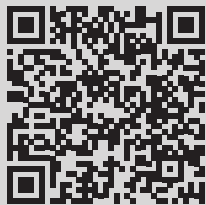
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