

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

---

November 21, 2025

{ Memorial – Presentation of Mary }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

## HYMN

O mighty Ruler, God of truth,  
for days and seasons setting bounds,  
you clothe with splendor morning light  
and midday skies with brilliant heat.

Extinguish flames of bitter strife,  
all harmful passion take away,  
grant health unto our mortal frame,  
and on our hearts bestow true peace.

Most loving Father, hear our prayer,  
and you, O Christ coequal Son,  
who with the Spirit Paraclete  
now reign for all eternity. Amen.

*Metrical hymn, melody: ELY, 8 8 8 8; Thomas Turton, 1780-1864*

*Plainsong, mode VIII, melody 106; Liber Hymnarius, Solesmes, 1983, Text: Rector  
Potens, verax Deus, unknown author, very ancient; traditionally attributed to St.  
Ambrose, 340-397*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023  
International Commission on English in the Liturgy Corporation (ICEL).*

*Reproduced from The Divine Office Hymnal (hymns #311/312). Copyright © 2023  
United States Conference of Catholic Bishops, Washington, DC (USCCB). Published  
and distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the  
Pew Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and  
plainsong melodies, visit [www.giamusic.com](http://www.giamusic.com).*

*Sit or stand*

## PSALMODY

### *Antiphon 1*

Lightly I run in the way you have shown, for you have opened my heart to receive your law.

*Psalm 119:25-32*

### *IV (Daleth)*

My sóul lies in the dúst; \*  
by your wórd revíve me.  
I decláred my wáys and you ánspered: \*  
téach me your státutes.

Make me grásp the wáy of your précepts \*  
and I will múse on your wónders.  
My sóul pines awáy with gríef; \*  
by your wórd raise me úp.

Kéep me from the wáy of érror \*  
and téach me your láw.  
I have chósen the wáy of trúth \*  
with your decrées befóre me.

I bínd myself to dó your wíll; \*  
Lord, dó not disappóint me.  
I will rún the wáy of your commánds; \*  
you give fréedom to my héart.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

Lightly I run in the way you have shown, for you have opened my heart to receive your law.

### *Antiphon 2*

I trust in the Lord and will not be shaken.

*Psalm 26*

*Trusting prayer of an innocent man*

*God chose us in Christ to be holy and sinless (Ephesians 1:4).*

Give júdgment for mé, O Lórd: †  
for I wálk the páth of perféction. \*  
I trúst in the Lórd; I have not wávered.

Exámine me, Lórd, and trý me; \*  
O tést my héart and my mínd,  
for your lóve is befóre my éyes \*  
and I wálk accórding to your trúth.

I néver take my pláce with liars \*  
and with hýpocrites I sháll not gó.  
I háte the évil-doer's cómpany: \*  
I will not take my pláce with the wícked.

To prove my ínnocence I wásh my hánds \*  
and take my pláce aróund your áltar,  
sínning a sóng of thanksgíving, \*  
procláiming áll your wónders.

O Lórd, I love the hóuse where you dwéll, \*  
the pláce where your glóry abídes.

Do not swéep me awáy with sínners, \*  
nor my life with blóodthirsty mén  
in whose hánds are évil plóts, \*  
whose ríght hands are filled with góld.

As for mé, I walk the páth of perféction. \*  
Redéem me and shów me your mércy.  
My fóot stands on lével gróund: \*  
I will bléss the Lórd in the assémbly.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

I trust in the Lord and will not be shaken.

*Antiphon 3*

I put all my trust in the Lord, and he has not failed me.

*Psalm 28:1-3, 6-9*

*Entreaty and thanksgiving*

*Father, I thank you, for you have heard my prayer (John 11:41).*

To you, O Lórd, I cáll, \*  
my rók, héar me.  
If you do not héed I shall becóme \*  
like thóse in the gráve.

Héar the vóice of my pléading \*  
as I cáll for hélp,  
as I líft up my hánds in práyer \*  
to your hólý pláce.

Do not drág me áwáy with the wícked, \*  
with the évil-dóers,  
who spéak words of péace to their néighbors \*  
but with évil in their héarts.

Bléssed be the Lórd for he has héard \*  
my crý, my appéal.  
The Lórd is my stréngth and my shíeld; \*  
in hím my heart trústs.  
I was hélped, my héart rejóices \*  
and I práise him with my sóng.

The Lórd is the stréngth of his péople, \*  
a fórtress where his anóinted find hélp.  
Save your péople; bless Ísrael your héritage. \*  
Be their shépherd and cárry them for éver.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

I put all my trust in the Lord, and he has not failed me.

*Sit*

READING

*2 Corinthians 13:4*

It is true he was crucified out of weakness, but he lives by the power of God. We too are weak in him, but we live with him by God's power in us.

*Verse*

I am broken, crushed to the earth.

— Speak, Lord, your word of life.

*Stand*

CONCLUDING PRAYER

Let us pray.

Lord Jesus Christ,  
at noon, when darkness covered all the earth,  
you mounted the wood of the cross  
as the innocent victim for our redemption.  
May your light be always with us  
to guide us to eternal life in that kingdom  
where you live and reign for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

# ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri*, *Te Deum Laudamus*, *Benedictus*, *Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



---

UNITED STATES OF AMERICA

*[www.ebreviary.com](http://www.ebreviary.com)*