

*Liturgy of the Hours*  
LITURGY OF THE HOURS

EVENING PRAYER

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May 20, 2024

{ Memorial – Mary, Mother of the Church }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

**HYMN**

Mother of holy hope and of love everlasting,  
O pray for us.

At the dawning of time I was known by the Lord  
and his command he gave to me.  
He chose the land where I should establish my tent.

Mother of holy hope and of love everlasting,  
O pray for us.

In the city of God he has given me rest,  
and my body he placed therein.  
For ever more I shall rule the city of God.

Mother of holy hope and of love everlasting,  
O pray for us.

As a tree that is planted beside flowing streams,  
a cedar strong, lifted on high,  
so I took root in the holy people of God.

Mother of holy hope and of love everlasting,  
O pray for us.

As the odor of spice or the fragrance of balm,  
or choicest myrrh, is my perfume.  
As fragrant incense I lift my praise to the Lord.

Mother of holy hope and of love everlasting,  
O pray for us.

Come to me, all who yearn to be filled with my fruits,  
And you will yet hunger for more.

For all who try me will find my memory sweet.

Mother of holy hope and of love everlasting,  
O pray for us.

Of a virgin was born Jesus, Lord, whom we pray.  
Glory and praise be to his name.

May every age call his Mother holy and blest.

Mother of holy hope and of love everlasting,  
O pray for us.

*Melody: Mother of Holy Hope; Music: Lucien Deiss, C.S.Sp., 1965; Text: Lucien Deiss, C.S.Sp., 1965*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

Our eyes are fixed intently on the Lord, waiting for his merciful help.

### *Psalm 123*

*The Lord, unfailing hope of his people*

*Two blind men cried out: "Have pity on us, Lord, Son of David" (Matthew 20:30).*

To yóu have I lifted up my éyes,\*  
you who dwéll in the héavens:  
my éyes, like the éyes of sláves\*  
on the hánd of their lórd.

Líke the éyes of a sérvant\*  
on the hánd of her místress,  
so our éyes are on the Lórd our Gód\*  
till he shów us his mércy.

Have mércy on us, Lórd, have mércy.\*  
We are filled with contémpť.  
Indéed all too fúll is our sóul †  
with the scórn of the rích,\*

with the próud man's disdáin.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Our eyes are fixed intently on the Lord, waiting for his merciful help.

*Antiphon 2*

Our help is in the name of the Lord who made heaven and earth.

*Psalm 124*

*Our help is in the name of the Lord*

*The Lord said to Paul: "Fear not . . . I am with you" (Acts 18).*

"If the Lórd had not béen on our síde," \*  
this is Ísrael's sóng.

"If the Lórd had not béen on our síde \*  
when mén rose agáinst us,  
thén would they have swállowed us álíve \*  
when their ánger was kíndled.

Thén would the wáters have engúlfed us, \*  
the tórrént gone óver us;  
óver our héad would have swépt \*  
the ráging wáters."

Bléssed be the Lórd who did not gíve us \*  
a préy to their téeth!  
Our lífe, like a bírd, has escáped \*  
from the snáre of the fówler.

Indéed the snáre has been bróken \*  
and wé have escáped.  
Our hélp is in the náme of the Lórd, \*  
who made héaven and éarth.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:

as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Our help is in the name of the Lord who made heaven and earth.

*Antiphon 3*

God chose us in his Son to be his adopted children.

*Canticle – Ephesians 1:3-10*

*God our Savior*

Praised be the God and Father \*  
of our Lord Jesus Christ,  
who has bestowed on us in Christ \*  
every spiritual blessing in the heavens.

God chose us in him \*  
before the world began  
to be holy \*  
and blameless in his sight.

He predestined us \*  
to be his adopted sons through Jesus Christ,  
such was his will and pleasure, †  
that all might praise the glorious favor \*  
he has bestowed on us in his beloved.

In him and through his blood, we have been redeemed, \*  
and our sins forgiven,  
so immeasurably generous \*  
is God's favor to us.

God has given us the wisdom \*  
to understand fully the mystery,  
the plan he was pleased \*  
to decree in Christ.

A plan to be carried out \*  
in Christ, in the fulness of time,  
to bring all things into one in him, \*  
in the heavens and on earth.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

God chose us in his Son to be his adopted children.

*Sit*

READING

*Galatians 4:4-5*

When the designated time had come, God sent forth his Son born of a woman, born under the law, to deliver from the law those who were subjected to it, so that we might receive our status as adopted sons.

RESPONSORY

Hail Mary, full of grace, the Lord is with you.

— Hail Mary, full of grace, the Lord is with you.

Blessed are you among women, and blessed is the fruit of your womb.

— The Lord is with you.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Hail Mary, full of grace, the Lord is with you.

*Stand*

GOSPEL CANTICLE

*Antiphon*

Blessed are you, O Virgin Mary, for your great faith; all that the Lord promised you will come to pass through you.

*Luke 1:46-55*

*The soul rejoices in the Lord*

*Make sign of cross*

My soul proclaims the greatness of the Lord, \*

my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant. \*

From this day all generations will call me blessed:  
the Almighty has done great things for me, \*  
and holy is his Name.

He has mercy on those who fear him \*  
in every generation.

He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

He has filled the hungry with good things, \*  
and the rich he has sent away empty.

He has come to the help of his servant Israel \*  
for he has remembered his promise of mercy,  
the promise he made to our fathers, \*  
to Abraham and his children for ever.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

Blessed are you, O Virgin Mary, for your great faith; all that the  
Lord promised you will come to pass through you.

### INTERCESSIONS

Let us praise God our almighty Father, who wished that Mary, his  
Son's mother, be celebrated by each generation. Now in need we ask:

— Mary, full of grace, intercede for us.

O God, worker of miracles, you made the immaculate Virgin Mary  
share, body and soul, in your Son's glory in heaven,  
direct the hearts of your children to that same glory.

— Mary, full of grace, intercede for us.

You made Mary our mother. Through her intercession grant strength to the weak, comfort to the sorrowing, pardon to sinners, salvation and peace to all.

— Mary, full of grace, intercede for us.

You made Mary full of grace,  
grant all men the joyful abundance of your grace.

— Mary, full of grace, intercede for us.

Make your Church of one mind and one heart in love,  
and help all those who believe to be one in prayer with Mary, the mother of Jesus.

— Mary, full of grace, intercede for us.

You crowned Mary queen of heaven,  
may all the dead rejoice in your kingdom with the saints for ever.

— Mary, full of grace, intercede for us.

### *The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

### *Concluding Prayer*

O God, Father of mercies,  
whose Only Begotten Son, as he hung upon the Cross,  
chose the Blessed Virgin Mary, his Mother,  
to be our Mother also,  
grant, we pray, that with her loving help  
your Church may be more fruitful day by day  
and, exulting in the holiness of her children,  
may draw to her embrace all the families of the peoples.



Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

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