

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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May 20, 2024

{ Memorial – Mary, Mother of the Church }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

#### HYMN

Lord God and Maker of all things,  
Creation is upheld by you.  
While all must change and know decay,  
You are unchanging, always new.

You are man's solace and his shield,  
His rock secure on which to build,  
You are the spirit's tranquil home,  
In you alone is hope fulfilled.

To God the Father and the Son  
And Holy Spirit render praise,  
Blest Trinity, from age to age  
The strength of all our living days.

*Melody: Auctoritate Saeculi L.M.; Music: Poitiers Antiphoner, 1746; Text: Stanbrook Abbey*

*Sit or stand*

#### PSALMODY

*Antiphon 1*

Lord, I have sought to do your will, through which you give me life.

*Psalm 119:89-96*

*XII (Lamed)*

*A meditation on God's law*

*I give you a new commandment: love one another as I have loved you (John 13:34).*

Your wórd, O Lórd, for éver\*  
stands firm in the héavens:

your trúth lasts from áge to áge,\*  
like the éarth you créated.

By your decreé it endúres to this dáy;\*  
for áll things sérve you.  
Had your lów not béen my delíght\*  
I would have díed in my afflíction.

I will néver forgét your précepts\*  
for with thém you give me lífe.  
Sáve me, for Í am yoúrs\*  
since I séek your précepts.

Though the wícked lie in wáit to destróy me\*  
yet I pónder on your wíll.  
I have séen that all perféction has an énd\*  
but your commánd is bóundless.

Glory to the Fátter, and to the Son,\*  
and to the Holy Spírit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

Lord, I have sought to do your will, through which you give me life.

*Antiphon 2*

I have trusted in you, O Lord, from my youth.

*Psalm 71*

*You have stood by me, Lord, from my youth*

*Let hope be your joy; be patient in trials (Romans 12:12).*

*I*

In yoú, O Lórd, I take réfuge,\*  
let me néver be pút to sháme.  
In your jústice réscue me, fréed me:\*  
pay héed to mé and sáve me.

Be a róck where Í can take réfuge, †  
a míghty strónghold to sáve me;\*  
for yoú are my róck, my strónghold.

Frée me from the hánd of the wícked,\*  
from the gríp of the unjúst, of the opprésor.

It is yóu, O Lórd, who are my hópe,\*  
my trúst, O Lórd, since my yóuth.  
On yóu I have léaned from my bírth, †  
from my móther's womb yóu have been my hélp.\*  
My hópe has álways been in yóu.

My fáte has filled mány with áwe\*  
but yóu are my stróng réfuge.  
My líps are filled with your práise,\*  
with your glóry áll the day lóng.  
Do not rejéct me nów that I am óld;\*  
when my stréngth fails dó not forsáke me.

For my énemies are spéaking abóut me;\*  
those who wáitch me take cóunsel togéther.  
They say: "Gód has forsáken him; fóllow him,\*  
séize him; there is nó one to sáve him."  
O Gód, do not stáy far óff: \*  
my Gód, make háste to hélp me!

Let thém be put to sháme and destróyed,\*  
all thóse who seek my lífe.  
Let them be cóvered with sháme and confúsió,\*  
all thóse who seek to hárm me.

Glory to the Fátter, and to the Són,\*  
and to the Holy Spírit:  
as it was in the béginning, is nów,\*  
and will be for éver. Amen.

*Antiphon*

I have trusted in you, O Lord, from my youth.

*Antiphon 3*

Do not abandon me, my God, when I am old.

*II*

But as for mé, I will álways hópe \*

and praise you móre and móre.  
My líps will téll of your jústice †  
and dáy by dáy of your hélp \*  
though Í can néver tell it áll.

I will decláre the Lórd's mighty déeds, \*  
procláiming your jústice, yours alóne.  
O Gód, you have táught me from my yóuth \*  
and I procláim your wónders stíll.

Nów that I am óld and grey-héaded, \*  
dó not forsáke me, Gód.  
Let me téll of your pówer to all áges, \*  
praise your stréngth and jústice to the skíes,  
tell of yóu who have wórked such wónders. \*  
O Gód, whó is líke you?

You have búrdened me with bítter tróubles \*  
but you will gíve me báck my lífe.  
You will ráise me from the dépths of the éarth; \*  
you will exált me and consóle me agáin.

So I will gíve you thánks on the lýre \*  
for your fáithful lóve, my Gód.  
To yóu will I síng with the hárp, \*  
to yóu, the Hóly One of Ísrael.  
When I síng to you my líps shall rejóice \*  
and my sóul, which yóu have redéemed.

And áll the day lóng my tóngue \*  
shall téll the tále of your jústice:  
for théy are put to sháme and disgráced, \*  
all thóse who séek to hárm me.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Do not abandon me, my God, when I am old.

*Sit*

READING

*Romans 6:22*

Now that you are freed from sin and have become slaves of God, your benefit is sanctification as you tend toward eternal life.

*Verse*

O God, turn back, and bring us to life.

— Then your people will rejoice in you.

*Stand*

CONCLUDING PRAYER

Let us pray.

Father,

yours is the harvest

and yours is the vineyard:

you assign the task

and pay a wage that is just.

Help us to meet this day's responsibilities,

and let nothing separate us from your love.

Grant this through Christ our Lord.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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