

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

January 1, 2026

{ Solemnity – Mary, Mother of God }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Let us celebrate the motherhood of the Virgin Mary; let us worship her Son, Christ the Lord.

— Let us celebrate the motherhood of the Virgin Mary; let us worship her Son, Christ the Lord.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Let us celebrate the motherhood of the Virgin Mary; let us worship her Son, Christ the Lord.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Let us celebrate the motherhood of the Virgin Mary; let us worship her Son, Christ the Lord.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Let us celebrate the motherhood of the Virgin Mary; let us worship her Son, Christ the Lord.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,
Although they had seen all of my works.

- Let us celebrate the motherhood of the Virgin Mary; let us worship her Son, Christ the Lord.

Forty years I endured that generation.
I said, “They are a people whose hearts go astray
and they do not know my ways.”
So I swore in my anger,
“They shall not enter into my rest.”

- Let us celebrate the motherhood of the Virgin Mary; let us worship her Son, Christ the Lord.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

- Let us celebrate the motherhood of the Virgin Mary; let us worship her Son, Christ the Lord.

Morning Prayer

HYMN

The gate for Christ, so full of grace,
stands open that the King may pass.
When he comes forth, that gate shall close,
as in the past, for ever sealed.

The only Son of God most high
has left the Virgin’s royal hall;
Creator, Spouse, Redeeming Lord,
he comes as champion of his Church.

His Mother’s honor and her joy,

believers' true unbounded hope,
the stone hewn from the mountain side
now comes to fill the earth with grace.

Let ev'ry soul with joy exult:
the Savior of the nations comes
as God and Lord of all the world,
to ransom those whom he has made.

All glory be to Christ the Lord,
the Father's Sole begotten Son,
born from the Virgin Mother's womb
made fruitful by the Spirit blest. Amen.

*Metrical hymn, melody: Puer nobis nascitur, 8 8 8 8; adapted by Michael Praetorius,
1571–1621, in Musae Sionae, VI, 1809*

Plainsong, mode II, melody 30; Liber Hymnarius, Solesmes, 1983, Text: Fit porta
Christi pervia, 9th c.*

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Sit or stand

PSALMODY

Antiphon 1

The Virgin has given birth to the Savior: a flower has sprung from
Jesse's stock and a star has risen from Jacob. O God, we praise you.

Psalm 63:2-9

A soul thirsting for God

Whoever has left the darkness of sin yearns for God.

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thírsting.
My bódý pínes for yóu *
like a drý, weary lánd without wáter.

So I gáze on yóu in the sánctuary *
to sée your stréngth and your glóry.

For your lóve is bétter than lífe, *
my líps will spéak your práise.
So I will bléss you áll my lífe, *
in your náme I will líft up my hánds.
My sóul shall be filled as with a bánquet, *
my móuth shall práise you with jóy.

On my béd I remémber yóu. *
On yóu I múse through the níght
for yóu have béen my hélp; *
in the sháadow of your wíngs I rejóice.
My sóul clíngs to yóu; *
your ríght hand hólds me fást.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Virgin has given birth to the Savior: a flower has sprung from Jesse's stock and a star has risen from Jacob. O God, we praise you.

Antiphon 2

Mary has given birth to our Savior. John the Baptist saw him and cried out: This is the Lamb of God, who takes away the sins of the world, alleluia.

Canticle – Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord. *
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.

Sun and moon, bless the Lord. *

Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. *

All you winds, bless the Lord.

Fire and heat, bless the Lord. *

Cold and chill, bless the Lord.

Dew and rain, bless the Lord. *

Frost and chill, bless the Lord.

Ice and snow, bless the Lord. *

Nights and days, bless the Lord.

Light and darkness, bless the Lord. *

Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. *

Praise and exalt him above all forever.

Mountains and hills, bless the Lord. *

Everything growing from the earth, bless the Lord.

You springs, bless the Lord. *

Seas and rivers, bless the Lord.

You dolphins and all water creatures, bless the Lord. *

All you birds of the air, bless the Lord.

All you beasts, wild and tame, bless the Lord. *

You sons of men, bless the Lord.

O Israel, bless the Lord. *

Praise and exalt him above all forever.

Priests of the Lord, bless the Lord. *

Servants of the Lord, bless the Lord.

Spirits and souls of the just, bless the Lord. *

Holy men of humble heart, bless the Lord.

Hananiah, Azariah, Mishael, bless the Lord. *

Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. *

Let us praise and exalt him above all forever.

Blessed are you, Lord, in the firmament of heaven. *

Praiseworthy and glorious and exalted above all forever.

Antiphon

Mary has given birth to our Savior. John the Baptist saw him and cried out: This is the Lamb of God, who takes away the sins of the world, alleluia.

Antiphon 3

Mary has given birth to a King whose name is everlasting; hers the joy of motherhood, hers the virgin's glory. Never was the like seen before, never shall it be seen again, alleluia.

Psalm 149

The joy of God's holy people.

Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).

Síng a new sǫng to the Lórd, *
his práise in the assémbly of the fáithful.

Let Ísrael rejoyce in its máker, *
let Zíon's sons exúlt in their kíng.
Let them práise his náme with dáncing *
and make músic with tímbrel and hárp.

For the Lórd takes delight in his péople. *
He crówns the póor with salvátion.

Let the fáithful rejoyce in their glóry, *
shout for jóy and táke their rést.

Let the práise of Gód be on their líps *
and a twó-edged swórd in their hánd,

to déál out véngéance to the nátions *
and púnishment on áll the péoples;
to bínd their kíngs in cháins *
and their nóbles in fétters of íron;
to cárry out the séntence pre-ordáined; *
this hónor is for áll his fáithful.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Mary has given birth to a King whose name is everlasting; hers the joy of motherhood, hers the virgin's glory. Never was the like seen before, never shall it be seen again, alleluia.

Sit

READING

Micah 5:2, 3, 4a

The ruler in Israel will give them up, until the time
when she who is to give birth has borne,
And the rest of his brethren shall return
to the children of Israel.

He shall stand firm and shepherd his flock
by the strength of the Lord,
in the majestic name of the Lord, his God.
He shall be peace.

RESPONSORY

The Lord has made known, alleluia, alleluia.

— The Lord has made known, alleluia, alleluia.

His saving power.

— Alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— The Lord has made known, alleluia, alleluia.

Stand

GOSPEL CANTICLE

Antiphon

Marvelous is the mystery proclaimed today: man's nature is made new as God becomes man; he remains what he was and becomes what he was not. Yet each nature stays distinct and for ever undivided.

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Marvelous is the mystery proclaimed today: man's nature is made
new as God becomes man; he remains what he was and becomes
what he was not. Yet each nature stays distinct and for ever
undivided.

INTERCESSIONS

Let us give glory to Christ who was born of the Virgin Mary by the power of the Holy Spirit, and let us pray to him in these words:

— Son of the Virgin Mary, have mercy on us.

Christ, born of the Virgin Mary, you are Wonder-Counselor and Prince of Peace,
give your peace to the world.

— Son of the Virgin Mary, have mercy on us.

Our King and our God, you have raised us up by your coming,
help us to honor you all the days of our lives by our faith and our deeds.

— Son of the Virgin Mary, have mercy on us.

You made yourself like us,
in your mercy grant that we may become more like you.

— Son of the Virgin Mary, have mercy on us.

You made yourself a citizen of our earthly city,
grant that we may become citizens of our true homeland, your kingdom in heaven.

— Son of the Virgin Mary, have mercy on us.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

God our Father,
may we always profit by the prayers

of the Virgin Mother Mary,
for you bring us life and salvation
through Jesus Christ her Son
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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