

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

May 25, 2026

{ Memorial – Mary, Mother of the Church }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

O mighty Ruler, God of truth,
for days and seasons setting bounds,
you clothe with splendor morning light
and midday skies with brilliant heat.

Extinguish flames of bitter strife,
all harmful passion take away,
grant health unto our mortal frame,
and on our hearts bestow true peace.

Most loving Father, hear our prayer,
and you, O Christ coequal Son,
who with the Spirit Paraclete
now reign for all eternity. Amen.

Metrical hymn, melody: ELY, 8 8 8 8; Thomas Turton, 1780-1864

Plainsong, mode VIII, melody 106; Liber Hymnarius, Solesmes, 1983, Text: Rector Potens, verax Deus, unknown author, very ancient; traditionally attributed to St. Ambrose, 340-397

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Sit or stand

PSALMODY

Antiphon 1

Lord, guide my steps according to your promise.

Psalm 119:129-136

XVII (Pe)

A meditation on God's law

The whole law is summed up in love (Romans 13:10).

Your will is wonderful indeed; *
therefore I obey it.
The unfolding of your word gives light *
and teaches the simple.

I open my mouth and I sigh *
as I yearn for your commands.
Turn and show me your mercy; *
show justice to your friends.

Let my steps be guided by your promise; *
let no evil rule me.
Redeem me from man's oppression *
and I will keep your precepts.

Let your face shine on your servant *
and teach me your decrees.
Tears stream from my eyes *
because your law is disobeyed.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Lord, guide my steps according to your promise.

Antiphon 2

There is but one lawgiver and judge; who are you to judge your

neighbor?

Psalm 82

Denunciation of evil judges

Do not attempt to judge another now; the Lord's coming will reveal all (1 Corinthians 4:5).

God stánds in the divíne assémbly. *
In the mídst of the góds he gives júdgment.

“How lóng will you júdge unjústly *
and fávor the cáuse of the wicked?
Do jústice for the wéak and the órphan, *
defénd the afflicted and the néedy.
Réscue the wéak and the póor; *
set them frée from the hánd of the wicked.

Unpercéiving, they grópe in the dárkness *
and the órder of the wórld is sháken.
I have sáid to you: ‘Yóu are góds, *
and áll of you, sóns of the Most Hígh.’
And yét, you shall díe like mén, *
you shall fáll like ány of the prínces.”

Aríse, O Gód, judge the éarth, *
for yóu rule áll the nátions.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

There is but one lawgiver and judge; who are you to judge your neighbor?

Antiphon 3

I cried out to the Lord, and he heard me.

Psalm 120

Longing for peace

Be patient in suffering; persevere in prayer (Romans 12:12).

To the Lórd in the hóur of my distréss *
I cáll and he ánsvers me.
“O Lórd, save my sóul from lying líps, *
from the tóngue of the decéitful.”

Whát shall he páy you in retúrn, *
O tréacherous tóngue?
The wárrior’s árrows shárpened *
and cóals, red-hot, blázing.

Alas, that I abíde a stránger in Méshech, *
dwell among the ténts of Kédar!

Long enóugh have Í been dwélling *
with thóse who hate péace.
Í am for péace, but when I spéak, *
théy are for fíghting.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

I cried out to the Lord, and he heard me.

Sit

READING

Wisdom 15:1, 3

You, our God, are good and true,
slow to anger, and governing all with mercy.
To know you well is complete justice,
and to know your might is the root of immortality.

Verse

Lord our God, you are tender and compassionate.

— You are patient, most merciful, and true to your word.

Stand

CONCLUDING PRAYER

Let us pray.

Father,
yours is the harvest
and yours is the vineyard:
you assign the task
and pay a wage that is just.
Help us to meet this day's responsibilities,
and let nothing separate us from your love.
Grant this through Christ our Lord.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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