

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

November 21, 2026

{ Memorial – Presentation of Mary }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship Christ, the Son of Mary.

— Come, let us worship Christ, the Son of Mary.

Come, let us sing to the Lord

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us worship Christ, the Son of Mary.

The Lord is God, the mighty God,
the great king over all the gods.

He holds in his hands the depths of the earth
and the highest mountains as well.

He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us worship Christ, the Son of Mary.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.

For he is our God and we are his people,
the flock he shepherds.

— Come, let us worship Christ, the Son of Mary.

Today, listen to the voice of the Lord:

Do not grow stubborn, as your fathers did
in the wilderness,

when at Meriba and Massah

they challenged me and provoked me,

Although they had seen all of my works.

— Come, let us worship Christ, the Son of Mary.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— Come, let us worship Christ, the Son of Mary.

Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship Christ, the Son of Mary.

Morning Prayer

HYMN

O Mary, Virgin, royal Queen,
both bride and daughter of the King,
God’s wisdom chose you in his love
before the dawn of time began.

O Maiden, free of ev’ry stain,
O Tow’r of iv’ry, House of God,
the Spirit sent from heaven’s height
has dedicated you this day.

You are the seal of perfect love,
the mirror showing ev’ry good,
the dawn of light that brings the truth,
the ark that bears the child divine.

You live within the high King’s house,
how rich and fair in your delights;
from Jesse’s stock a flow’ring branch,
your soul is filled with grace from God.

O flawless pearl of gleaming light,

resplendent star above the world,
make us by pure and holy lives
true temples where the Spirit dwells.

All glory to the Three in One,
who give you, O most noble Maid,
the wondrous treasure of their grace
from endless store of heav'nly gifts. Amen.

Metrical hymn, melody: EISENACH, 8 8 8 8; Johann Hermann Schein, 1586–1630

Plainsong, mode II, melody 30; Liber Hymnarius, Solesmes, 1983, Text: Maria, virgo
regia, 12–13th c.*

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Sit or stand

PSALMODY

Antiphon 1

Dawn finds me ready to welcome you, my God.

Psalm 119:145–152

XIX (Koph)

I cáll with all my héart; Lord, héar me, *
I will kéep your commánds;
I cáll upón you, sáve me *
and Í will do your wíll.

I ríse before dáwn and cry for hélp, *
I hópe in your wórd.
My éyes wáitch through the níght *
to pónder your prómise.

In your lóve hear my vóice, O Lórd; *
give me lífe by your decrées.
Those who hárm me unjústly draw néar: *

they are fár from your láw.

But yóu, O Lórd, are clóse: *
your commánds are trúth.
Lóng have I knówn that your will *
is estáblished for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Dawn finds me ready to welcome you, my God.

Antiphon 2

The Lord is my strength, and I shall sing his praise, for he has
become my Savior.

Canticle – Exodus 15:1-4a, 8-13, 17-18

Hymn of victory after the crossing of the Red Sea

*Those who had conquered the beast were singing the song of Moses, God's servant (see
Revelation 15:2-3).*

I will sing to the Lord, for he is gloriously triumphant; *
horse and chariot he has cast into the sea.

My strength and my courage is the Lord, *
and he has been my savior.
He is my God, I praise him; *
the God of my father, I extol him.

The Lord is a warrior, *
Lord is his name!
Pharaoh's chariots and army he hurled into the sea. *
At a breath of your anger the waters piled up,
the flowing waters stood like a mound, *
the flood waters congealed in the midst of the sea.

The enemy boasted, "I will pursue and overtake them; †
I will divide the spoils and have my fill of them; *
I will draw my sword; my hand shall despoil them!"

When your wind blew, the sea covered them; *
like lead they sank in the mighty waters.

Who is like to you among the gods, O Lord? *
Who is like to you, magnificent in holiness?
O terrible in renown, worker of wonders, *
when you stretched out your right hand, the earth swallowed them!

In your mercy you led the people you redeemed; *
in your strength you guided them to your holy dwelling.

And you brought them in and planted them on the mountain of
your inheritance— *

the place where you made your seat, O Lord,
the sanctuary, O Lord, which your hands established. *
The Lord shall reign forever and ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord is my strength, and I shall sing his praise, for he has
become my Savior.

Antiphon 3

O praise the Lord, all you nations.

Psalms 117

Praise for God's loving compassion

*I affirm that . . . the Gentile peoples are to praise God because of his mercy (Romans
15:8-9).*

O práise the Lórd, all you nátions, *
acláim him, all you péoples!

Stróng is his lóve for ús; *
he is fáithful for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Antiphon

O praise the Lord, all you nations.

Sit

READING

See Isaiah 61:10

I rejoice heartily in the Lord,
in my God is the joy of my soul;
For he has clothed me with a robe of salvation,
and wrapped me in a mantle of justice,
like a bride bedecked with her jewels.

Responsory

The Lord has chosen her, his loved one from the beginning.

— The Lord has chosen her, his loved one from the beginning.

He has taken her to live with him,

— his loved one from the beginning.

Glory to the Father, and to the Son, and to the Holy Spirit,

— The Lord has chosen her, his loved one from the beginning.

Stand

GOSPEL CANTICLE

Antiphon

Blessed are you, Mary, because you believed that the Lord's words
to you would be fulfilled, alleluia.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Blessed are you, Mary, because you believed that the Lord's words
to you would be fulfilled, alleluia.

INTERCESSIONS

Let us glorify our Savior, who chose the Virgin Mary for his
mother. Let us ask him:

— May your mother intercede for us, Lord.

Sun of Justice, the immaculate Virgin was the white dawn an-
nouncing your rising,
grant that we may always live in the light of your coming.

— May your mother intercede for us, Lord.

Eternal Word, you chose Mary as the uncorrupted ark of your

dwelling place,
free us from the corruption of sin.

— May your mother intercede for us, Lord.

Savior of mankind, your mother stood at the foot of your cross,
grant, through her intercession, that we may rejoice to share in your
passion.

— May your mother intercede for us, Lord.

With ultimate generosity and love, you gave Mary as a mother to
your beloved disciple,
help us to live as worthy sons of so noble a mother.

— May your mother intercede for us, Lord.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Eternal Father,
we honor the holiness and glory of the Virgin Mary.
May her prayers bring us
the fullness of your life and love.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to

everlasting life.

— Amen.

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