

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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August 22, 2025

{ Memorial – Queenship of Mary }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

### HYMN

Let us sing praises to the Lord  
with willing mind and fervent heart;  
the noonday hour returns again  
and summons us once more to prayer.

For to the faithful at this hour  
true saving glory was restored  
by off'ring of the blessed Lamb  
and by the power of his Cross.

The Cross obscures the noonday sun  
by its most clear and brilliant light;  
let us receive with all our heart  
the gift of such resplendent grace.

To God the Father glory be,  
all honor to his only Son,  
one with the Spirit Paraclete,  
from age to age for evermore. Amen.

*Metrical hymn, melody: ELY, 8 8 8 8; Thomas Turton, 1780-1864*

*Plainsong, mode VIII, melody 106; Liber Hymnarius, Solesmes, 1983, Text: Dicamus  
laudes Domino, before 6th c.*

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*Sit or stand*

PSALMODY

*Antiphon 1*

Lord, great is the peace of those who love your law.

*Psalm 119:161-168*

*XXI (Shin)*

Though prínces opprèss me without cáuse \*  
I stand in áwe of your wórd.  
I táke delight in your prómise \*  
like óne who finds a tréasure.

Líes I háte and detést \*  
but your láw is my lóve.  
Séven times a dáy I práise you \*  
for your júst decreés.

The lóvers of your láw have great péace; \*  
they néver stúmbles.  
I awáit your saving hélp, O Lórd, \*  
I fulfill your commánds.

My sóul obéys your will \*  
and lóves it déarly.  
I obéy your précepts and your will; \*  
all that I dó is befóre you.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Lord, great is the peace of those who love your law.

*Antiphon 2*

The assembly of believers had but one mind and heart.

*Psalm 133*

*Joy when hearts are united in love*

*Let us love one another, for love is of God (1 John 4:7).*

How góod and how pléasant it is, \*  
when bróthers líve in únity!

It is líke precious óil upon the héad \*  
running dówn upon the béard,  
running dówn upon Áaron's béard, \*  
upon the cóllar of his róbes.

It is líke the dew of Hérmon which fálls \*  
on the héights of Zíon.  
For thére the Lórd gives his bléssing, \*  
lífe for éver.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The assembly of believers had but one mind and heart.

*Antiphon 3*

Save me from the grasp of the sinner, O Lord, my saving power.

*Psalm 140:1-9, 13-14*

*Lord, you are my refuge*

*The Son of Man will be handed over to wicked men (Matthew 26:45).*

Réscue me, Lórd, from evil mén; \*  
from the víolent kéepp me sáfe,  
from thóse who plan évil in their héarts \*  
and stír up strífe every dáy;  
who shárpen their tóngue like an ádder's, \*  
with the póison of víper on their líps.

Lord, guárd me from the hánds of the wicked; †  
from the víolent kéepp me sáfe; \*

they plán to máke me stúmbles.  
The pród have hídden a tráp, †  
have spréad out línies in a nét, \*  
set snáres acróss my páth.

I have sáid to the Lórd: “You are my Gód.” \*  
Lord, héar the crý of my appéál!  
Lord my Gód, my míghty hélp, \*  
you shíeld my héad in báttle.  
Do not gránt the wícked their desíre \*  
nor lét their plóts succéed.

I know that the Lórd will avénge the póor, \*  
that hé will do jústice for the néedy.  
Yes, the júst will práise your náme: \*  
the úpright shall líve in your présence.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Save me from the grasp of the sinner, O Lord, my saving power.

*Sit*

## READING

*1 John 3:16*

The way we came to understand love  
was that he laid down his life for us;  
we too must lay down our lives for our brothers.

*Verse*

Give thanks to the Lord.

— For his great love is without end.

*Stand*

## CONCLUDING PRAYER

Let us pray.

Lord Jesus Christ,  
at noon, when darkness covered all the earth,  
you mounted the wood of the cross  
as the innocent victim for our redemption.  
May your light be always with us  
to guide us to eternal life in that kingdom  
where you live and reign for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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