

*Liturgy of the Hours*  
LITURGY OF THE HOURS

MORNING PRAYER

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June 13, 2026

{ Memorial – Immaculate Heart of Mary }



# *Invitatory*

*Stand and make sign of cross on lips with thumb*

Lord, open my lips.

— And my mouth will proclaim your praise.

*Psalm 95*

*A call to praise God*

*Encourage each other daily while it is still today (Hebrews 3:13).*

Come, let us sing to the Lord as we celebrate this feast of the Blessed Virgin Mary.

— Come, let us sing to the Lord as we celebrate this feast of the Blessed Virgin Mary.

Come, let us sing to the Lord  
and shout with joy to the Rock who saves us.  
Let us approach him with praise and thanksgiving  
and sing joyful songs to the Lord.

— Come, let us sing to the Lord as we celebrate this feast of the Blessed Virgin Mary.

The Lord is God, the mighty God,  
the great king over all the gods.  
He holds in his hands the depths of the earth  
and the highest mountains as well.  
He made the sea; it belongs to him,  
the dry land, too, for it was formed by his hands.

— Come, let us sing to the Lord as we celebrate this feast of the Blessed Virgin Mary.

Come, then, let us bow down and worship,  
bending the knee before the Lord, our maker.  
For he is our God and we are his people,  
the flock he shepherds.

— Come, let us sing to the Lord as we celebrate this feast of the Blessed Virgin Mary.

Today, listen to the voice of the Lord:  
Do not grow stubborn, as your fathers did  
in the wilderness,  
when at Meriba and Massah  
they challenged me and provoked me,  
Although they had seen all of my works.

— Come, let us sing to the Lord as we celebrate this feast of  
the Blessed Virgin Mary.

Forty years I endured that generation.  
I said, “They are a people whose hearts go astray  
and they do not know my ways.”  
So I swore in my anger,  
“They shall not enter into my rest.”

— Come, let us sing to the Lord as we celebrate this feast of  
the Blessed Virgin Mary.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

— Come, let us sing to the Lord as we celebrate this feast of  
the Blessed Virgin Mary.

## *Morning Prayer*

### HYMN

O glorious Lady raised on high  
above the starry firmament,  
you nourish from your holy breast  
the Son who made you by design.

You give us through your tender child  
what Eve had sadly swept away;  
with love you lay a path to heav’n,  
that those who weep may enter there.

Hail, Portal of our King on high,

hail Gate, resplendent, filled with light;  
all ransomed nations, clap your hands,  
for through the Virgin life has come.

To Father and to Paraclete  
and to your Son all glory be,  
who have, all three, invested you  
with such a wondrous robe of grace. Amen.

*Metrical hymn, melody: EISENACH, 8 8 8 8; Johann Hermann Schein, 1586–1630*

*Plainsong, mode II, melody 30; Liber Hymnarius, Solesmes, 1983\*, Text: O gloriosa  
domina, ca. 7–8th c.*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

As morning breaks we sing of your mercy, Lord, and night will find  
us proclaiming your fidelity.

*Psalms 92*

*Praise of God the Creator*

*Sing in praise of Christ's redeeming work (Saint Athanasius).*

It is good to give thanks to the Lórd, \*  
to make music to your náme, O Most Hígh,  
to procláim your lóve in the mórning \*  
and your trúth in the wátches of the níght,  
on the tén-stringed lýre and the lúte, \*  
with the múrmuring sóund of the hárp.

Your déeds, O Lórd, have made me glád; \*  
for the wórk of your hánds I shout with jóy.  
O Lórd, how gréat are your wórks! \*

How déep are yóur desígns!  
The fóolish man cánnót knów this \*  
and the fóol cánnót understánd.

Though the wícked spring úp like gráss \*  
and áll who do évil thríve:  
they are dóomed to be etérnally destróyed.\*  
But yóu, Lord, are etérnally on hígh.  
Sée how your énemíes pérish; \*  
all dóers of évil are scáttered.

To mé you give the wíld-ox's stréngth; \*  
you anóint me with the púrest óil.  
My éyes looked in tríumph on my fóes; \*  
my éars heard gládly of their fáll.  
The júst will flóurish like the pálm-tree \*  
and grów like a Lébanon cédar.

Plánted in the hóuse of the Lórd \*  
they will flóurish in the cóurts of our Gód,  
stíll bearing frúit when they are óld, \*  
stíll full of sáp, stíll gréen,  
to procláim that the Lórd is júst; \*  
in hím, my rók, there is no wróng.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

As morning breaks we sing of your mercy, Lord, and night will find us proclaiming your fidelity.

### *Antiphon 2*

Extol the greatness of our God.

*Canticle – Deuteronomy 32:1-12*

*God's kindness to his people*

*How often I have longed to gather your children as a hen gathers her brood under her*

*wing (Matthew 23:37).*

Give ear, O heavens, while I speak; \*  
let the earth hearken to the words of my mouth!  
May my instruction soak in like the rain, \*  
and my discourse permeate like the dew,  
like a downpour upon the grass, \*  
like a shower upon the crops:

For I will sing the Lord's renown. \*  
Oh, proclaim the greatness of our God!  
The Rock—how faultless are his deeds, \*  
how right all his ways!  
A faithful God, without deceit, \*  
how just and upright he is!

Yet basely has he been treated by his degenerate children, \*  
a perverse and crooked race!  
Is the Lord to be thus repaid by you, \*  
O stupid and foolish people?  
Is he not your father who created you? \*  
Has he not made you and established you?

Think back on the days of old, \*  
reflect on the years of age upon age.  
Ask your father and he will inform you, \*  
ask your elders and they will tell you:

When the Most High assigned the nations their heritage, \*  
when he parceled out the descendants of Adam,  
he set up the boundaries of the peoples \*  
after the number of the sons of God;  
While the Lord's own portion was Jacob, \*  
his hereditary share was Israel.

He found them in a wilderness, \*  
a wasteland of howling desert.  
He shielded them and cared for them, \*  
guarding them as the apple of his eye.

As an eagle incites its nestlings forth \*  
by hovering over its brood,

so he spread his wings to receive them \*  
and bore them up on his pinions.  
The Lord alone was their leader, \*  
no strange god was with him.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Extol the greatness of our God.

*Antiphon 3*

How wonderful is your name, O Lord, in all creation.

*Psalm 8*

*The majesty of the Lord and man's dignity*

*The Father gave Christ lordship of creation and made him head of the Church (Ephesians 1:22).*

How gréat is your náme, O Lórd our Gód, \*  
through áll the éarth!

Your májesty is práised above the héavens; \*  
on the líps of chíldren and of bábes  
you have found práise to fóil your énemy, \*  
to sílence the fóe and the rébel.

When I see the héavens, the wórks of your hánds, \*  
the móon and the stárs which you arráinged,  
what is mán that you should kéepe him in mínd, \*  
mortal mán that you cáre for hím?

Yet you have máde him little léss than a gód; \*  
with glóry and hónor you crówned him,  
gave him pówer over the wórks of your hánd, \*  
put áll things únder his féet.

Áll of them, shéep and cáttle, \*  
yes, éven the sávage béasts,  
bírd of the áir, and fish \*

that máke their wáy through the wáters.

How gréat is your náme, O Lórd our Gód, \*  
through áll the éarth!

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

How wonderful is your name, O Lord, in all creation.

*Sit*

READING

*See Isaiah 61:10*

I rejoice heartily in the Lord,  
in my God is the joy of my soul;  
For he has clothed me with a robe of salvation,  
and wrapped me in a mantle of justice,  
like a bride bedecked with her jewels.

*Responsory*

The Lord has chosen her, his loved one from the beginning.

— The Lord has chosen her, his loved one from the beginning.

He has taken her to live with him,

— his loved one from the beginning.

Glory to the Father, and to the Son, and to the Holy Spirit,

— The Lord has chosen her, his loved one from the beginning.

*Stand*

GOSPEL CANTICLE

*Antiphon*

My heart and my flesh rejoice in the living God.

*The Messiah and his forerunner*

*Make sign of cross*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.

Through his holy prophets he promised of old †  
that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.

This was the oath he swore to our father Abraham: \*  
to set us free from the hands of our enemies,  
free to worship him without fear, \*  
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; \*  
for you will go before the Lord to prepare his way,  
to give his people knowledge of salvation \*  
by the forgiveness of their sins.

In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

My heart and my flesh rejoice in the living God.

INTERCESSIONS

Let us glorify our Savior, who chose the Virgin Mary for his  
mother. Let us ask him:

— May your mother intercede for us, Lord.

Sun of Justice, the immaculate Virgin was the white dawn announcing your rising,  
grant that we may always live in the light of your coming.

— May your mother intercede for us, Lord.

Eternal Word, you chose Mary as the uncorrupted ark of your dwelling place,  
free us from the corruption of sin.

— May your mother intercede for us, Lord.

Savior of mankind, your mother stood at the foot of your cross,  
grant, through her intercession, that we may rejoice to share in your passion.

— May your mother intercede for us, Lord.

With ultimate generosity and love, you gave Mary as a mother to your beloved disciple,  
help us to live as worthy sons of so noble a mother.

— May your mother intercede for us, Lord.

### *The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

### CONCLUDING PRAYER

Father,  
you prepared the heart of the Virgin Mary  
to be a fitting home for your Holy Spirit.  
By her prayers  
may we become a more worthy temple of your glory.

Grant this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

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