

*Liturgy of the Hours*  
LITURGY OF THE HOURS

EVENING PRAYER I

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March 24, 2026

{ Solemnity – Annunciation }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

### HYMN

Let ev'ry age and time confess  
the great reward of life has come,  
for Satan's brutal yoke is crushed,  
redemption has appeared this day.

Events Isaiah once foretold  
within the Virgin are fulfilled;  
the angel has announced the child,  
the Holy Spirit fills her womb.

So by the seed of that true word  
the Virgin Mary has conceived;  
she carries in her womb the child  
whom all the world cannot contain.

What Adam once of old defiled  
and first struck down with swollen pride,  
the second Adam washes clean  
and raises up with lowliness.

All glory be to Christ the Lord,  
to God the Father's only Son,  
whom Mary, fruitful Virgin, bore,  
o'ershadowed by the Spirit blest. Amen.

*Metrical hymn, melody: GONFALON ROYAL, 8 8 8 8; Sir Percy Carter Buck, 1871-1947*

*Plainsong, mode VIII, melody 109; Liber Hymnarius, Solesmes, 1983\*, Text: Agnoscat omne sæculum, 7-8th c.*

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*International Commission on English in the Liturgy Corporation (ICEL).*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

A shoot will spring forth from the stock of Jesse, and a flower will blossom from his root. The Spirit of the Lord will rest upon him.

### *Psalm 113*

*Praise the name of the Lord*

*He has cast down the mighty and has lifted up the lowly (Luke 1:52).*

Práise, O sérvants of the Lórd, \*  
práise the náme of the Lórd!  
May the náme of the Lórd be blésed \*  
both nów and for évermóre!  
From the rísing of the sún to its sétting \*  
práised be the náme of the Lórd!  
Hích above all nátions is the Lórd, \*  
abóve the héavens his glóry.  
Whó is like the Lórd, our Gód, \*  
who has rísen on hích to his thróne  
yet stóops from the héights to look dówn, \*  
to look dówn upon héaven and éarth?  
From the dúst he lífts up the lówly, \*  
from his míserý he ráises the póor  
to sét him in the cómpany of prínces, \*  
yés, with the prínces of his péople.  
To the chíldless wífe he gives a hóme \*  
and gláddens her héart with chíldren.  
Glory to the Father, and to the Son, \*  
and to the Holy Spirit:

as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

A shoot will spring forth from the stock of Jesse, and a flower will blossom from his root. The Spirit of the Lord will rest upon him.

*Antiphon 2*

The Lord God will give him the throne of David his father, and he will reign for ever.

*Psalm 147:12-20*

*The restoration of Jerusalem*

*Come, I will show you the bride of the Lamb (Revelation 21:9).*

O práise the Lórd, Jerúsalem! \*  
Zíon, práise your Gód!

He has strénghened the bárs of your gátes, \*  
he has bléssed the children withín you.  
He estáblished péace on your bórders, \*  
he féeds you with fínest whéat.

He sénds out his wórd to the éarth \*  
and swiftly rúns his commánd.  
He shówers down snów white as wóol, \*  
he scátters hóar-frost like áshes.

He húrles down háilstones like crúmbs. \*  
The wáters are frózen at his tóuch;  
he sénds forth his wórd and it mélts them: \*  
at the bréath of his móuth the waters flów.

He mákes his wórd known to Jácob, \*  
to Ísrael his láws and decrées.  
He has not déalt thus with óther nátions; \*  
he has not táught them hís decrées.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The Lord God will give him the throne of David his father, and he will reign for ever.

*Antiphon 3*

The eternal Word, born of the Father before time began, today emptied himself for our sake and became man.

*Canticle – Philippians 2:6-11*

*Christ, God's holy servant*

Though he was in the form of God, †  
Jesus did not deem equality with God \*  
something to be grasped at.

Rather, he emptied himself †  
and took the form of a slave, \*  
being born in the likeness of men.

He was known to be of human estate, \*  
and it was thus that he humbled himself,  
obediently accepting even death, \*  
death on a cross!

Because of this, \*  
God highly exalted him  
and bestowed on him the name \*  
above every other name,

So that at Jesus' name \*  
every knee must bend  
in the heavens, on the earth, \*  
and under the earth,  
and every tongue proclaim †  
to the glory of God the Father: \*  
**JESUS CHRIST IS LORD!**

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The eternal Word, born of the Father before time began, today emptied himself for our sake and became man.

*Sit*

READING

*1 John 1:1-2*

This is what we proclaim to you:  
what was from the beginning,  
what we have heard,  
what we have seen with our eyes,  
what we have looked upon  
and our hands have touched—  
we speak of the word of life.  
This life became visible;  
we have seen and bear witness to it,  
and we proclaim to you the eternal life  
that was present to the Father  
and became visible to us.

*Responsory*

A flower has sprung from Jesse's stock and a star has risen from Jacob.

— A flower has sprung from Jesse's stock and a star has risen from Jacob.

The Virgin has given birth to the Savior,

— and a star has risen from Jacob.

Glory to the Father, and to the Son, and to the Holy Spirit,

— A flower has sprung from Jesse's stock and a star has risen from Jacob.

*Stand*

GOSPEL CANTICLE

*Antiphon*

The Holy Spirit will come upon you, Mary; and the power of the

Most High will overshadow you.

*Luke 1:46-55*

*The soul rejoices in the Lord*

*Make sign of cross*

My soul proclaims the greatness of the Lord, \*  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant. \*

From this day all generations will call me blessed:  
the Almighty has done great things for me, \*  
and holy is his Name.

He has mercy on those who fear him \*  
in every generation.

He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

He has filled the hungry with good things, \*  
and the rich he has sent away empty.

He has come to the help of his servant Israel \*  
for he has remembered his promise of mercy,  
the promise he made to our fathers, \*  
to Abraham and his children for ever.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The Holy Spirit will come upon you, Mary; and the power of the  
Most High will overshadow you.

### INTERCESSIONS

On this day the eternal Father sent his angel to bring Mary the  
good news of our salvation. Let us turn to God and pray with con-

fidence:

— Lord, fill our hearts with your love.

You chose the Virgin Mary as the mother of your Son,  
have mercy on all who look for your gift of salvation.

— Lord, fill our hearts with your love.

You sent Gabriel to give Mary your message of peace and joy,  
give to the whole world the joy of salvation and your gift of true  
peace.

— Lord, fill our hearts with your love.

Mary gave her consent, the Holy Spirit overshadowed her, and  
your Word came to dwell among us,  
touch our hearts that we may welcome Christ as Mary did.

— Lord, fill our hearts with your love.

You look with love on the humble, and fill the hungry with your  
gifts,  
raise up the downcast, help all in need, comfort and strengthen the  
dying.

— Lord, fill our hearts with your love.

Lord our God, you alone work wonders and with you all things are  
possible,  
give us the fullness of salvation when you raise up the dead on the  
last day.

— Lord, fill our hearts with your love.

### *The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,



but deliver us from evil.

### CONCLUDING PRAYER

God our Father,  
your Word became man and was born of the Virgin Mary.  
May we become more like Jesus Christ,  
whom we acknowledge as our redeemer, God and man.

We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

### *Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

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