

*Liturgy of the Hours*  
LITURGY OF THE HOURS

EVENING PRAYER

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September 15, 2025

{ Memorial – Our Lady of Sorrows }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

### HYMN

Glorious Virgin, Queen of virgins,  
be not bitter at my pleading,  
let me mourn and weep with you.

Let me share Christ's painful suff'ring,  
taste and bear his bitter dying,  
and recall his grievous wounds.

By his stripes let me be wounded,  
bathed and steeped in blood outpouring  
from your Son upon the Cross.

Guard and keep me safe, O Virgin,  
lest I burn in fire and anguish  
when the day of judgment comes.

By the Cross keep me in safety,  
by the death of Christ protect me,  
and sustain me by his grace.

When in death my body slumbers,  
lead my soul to endless glory  
in the joy of Paradise. Amen.

*Metrical hymn, melody: Stabat mater, 8 8 7; from the Mainz Gesangbuch, 1661*

*Plainsong, mode II, melody 47; Liber Hymnarius, Solesmes, 1983, Text: Virgo  
virginum præclara, taken from Stabat mater dolorosa, attributed to Iacopone da Todi,  
ca. 1230–1306*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

Through his cross, Christ our peace has reconciled us to God.

### *Psalm 122*

### *Holy city Jerusalem*

*You have come to Mount Zion, to the city of the living God, heavenly Jerusalem  
(Hebrews 12:22).*

I rejoyced when I héard them sáy: \*

“Let us gó to God’s hóuse.”

And nów our féet are stánding \*

within your gátes, O Jerúsalem.

Jerúsalem is buílt as a cíty \*

stróngly compáct.

It is thére that the tríbes go úp, \*

the tríbes of the Lórd.

For Ísrael’s láw it ís, \*

there to práise the Lord’s náme.

Thére were set the thrónes of júdgment \*

of the hóuse of Dávid.

For the péace of Jerúsalem práy: \*

“Péace be to your hómes!

May péace réign in your wálls, \*

in your pálaces, péace!”

For lóve of my bréthren and fríends \*

I sáy: “Péace upon yóu!”

For lóve of the hóuse of the Lórd \*

I will ásk for your góod.

Glory to the Father, and to the Son, \*

and to the Holy Spirit:

as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Through his cross, Christ our peace has reconciled us to God.

*Antiphon 2*

We have come to the city of the living God, and to Jesus, mediator of the new Covenant.

*Psalm 127*

*Apart from God our labors are worthless*

*You are God's building (1 Corinthians 3:9).*

If the Lórd does not build the hóuse, \*  
in váin do its builders lábor;  
if the Lórd does not wáitch over the cíty, \*  
in váin does the wáitchman keep vígil.

In váin is your éarlier rísing, \*  
your góing láter to rést,  
you who tóil for the bréad you éat: \*  
when he pours gífts on his belóved while they slumber.

Truly sóns are a gift from the Lórd, \*  
a bléssing, the frúit of the wómb.  
Indéed the sóns of yóuth \*  
are like árrows in the hánd of a wárrior.

Ó the háppiness of the mán \*  
who has fílléd his quíver with these árrows!  
Hé will have no cáuse for sháme \*  
when he dispútes with his fóes in the gáteways.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

We have come to the city of the living God, and to Jesus, mediator of the new Covenant.

*Antiphon 3*

In Christ we have redemption through his blood.

*Canticle – Ephesians 1:3–10*

*God our Savior*

Praised be the God and Father \*  
of our Lord Jesus Christ,  
who has bestowed on us in Christ \*  
every spiritual blessing in the heavens.

God chose us in him \*  
before the world began  
to be holy \*  
and blameless in his sight.

He predestined us \*  
to be his adopted sons through Jesus Christ,  
such was his will and pleasure, †  
that all might praise the glorious favor \*  
he has bestowed on us in his beloved.

In him and through his blood, we have been redeemed, \*  
and our sins forgiven,  
so immeasurably generous \*  
is God's favor to us.

God has given us the wisdom \*  
to understand fully the mystery,  
the plan he was pleased \*  
to decree in Christ.

A plan to be carried out \*  
in Christ, in the fulness of time,  
to bring all things into one in him, \*  
in the heavens and on earth.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

In Christ we have redemption through his blood.

*Sit*

READING

*2 Timothy 2:10-12a*

I bear with all this for the sake of those whom God has chosen, in order that they may obtain the salvation to be found in Christ Jesus and with it eternal glory. You can depend on this:

If we have died with him  
we shall also live with him;

If we hold out to the end  
we shall also reign with him.

RESPONSORY

Holy Mary, heaven's Queen and our Lady, you stood by the cross of the Lord.

— Holy Mary, heaven's Queen and our Lady, you stood by the cross of the Lord.

Happy is she, who without dying has won the martyr's crown.

— You stood by the cross of the Lord.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Holy Mary, heaven's Queen and our Lady, you stood by the cross of the Lord.

*Stand*

GOSPEL CANTICLE

*Antiphon*

When Jesus saw his mother standing beside the cross with the disciple whom he loved, he said to her: Woman, behold your son.  
Then he said to the disciple: Behold your mother.

*Make sign of cross*

My soul proclaims the greatness of the Lord, \*  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant. \*

From this day all generations will call me blessed:  
the Almighty has done great things for me, \*  
and holy is his Name.

He has mercy on those who fear him \*  
in every generation.

He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

He has filled the hungry with good things, \*  
and the rich he has sent away empty.

He has come to the help of his servant Israel \*  
for he has remembered his promise of mercy,  
the promise he made to our fathers, \*  
to Abraham and his children for ever.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

When Jesus saw his mother standing beside the cross with the  
disciple whom he loved, he said to her: Woman, behold your son.  
Then he said to the disciple: Behold your mother.

**INTERCESSIONS**

Let us praise God our almighty Father, who wished that Mary, his  
Son's mother, be celebrated by each generation. Now in need we ask:

— Mary, full of grace, intercede for us.

O God, worker of miracles, you made the immaculate Virgin Mary share, body and soul, in your Son's glory in heaven, direct the hearts of your children to that same glory.

— Mary, full of grace, intercede for us.

You made Mary our mother. Through her intercession grant strength to the weak, comfort to the sorrowing, pardon to sinners, salvation and peace to all.

— Mary, full of grace, intercede for us.

You made Mary full of grace,  
grant all men the joyful abundance of your grace.

— Mary, full of grace, intercede for us.

Make your Church of one mind and one heart in love,  
and help all those who believe to be one in prayer with Mary, the mother of Jesus.

— Mary, full of grace, intercede for us.

You crowned Mary queen of heaven,  
may all the dead rejoice in your kingdom with the saints for ever.

— Mary, full of grace, intercede for us.

### *The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

### *Concluding Prayer*

Father,  
as your Son was raised on the cross,



his mother Mary stood by him, sharing his sufferings.  
May your Church be united with Christ  
in his suffering and death  
and so come to share in his rising to new life,  
where he lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

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