

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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September 15, 2025

{ Memorial – Our Lady of Sorrows }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

### HYMN

Let us sing praises to the Lord  
with willing mind and fervent heart;  
the noonday hour returns again  
and summons us once more to prayer.

For to the faithful at this hour  
true saving glory was restored  
by off'ring of the blessed Lamb  
and by the power of his Cross.

The Cross obscures the noonday sun  
by its most clear and brilliant light;  
let us receive with all our heart  
the gift of such resplendent grace.

To God the Father glory be,  
all honor to his only Son,  
one with the Spirit Paraclete,  
from age to age for evermore. Amen.

*Metrical hymn, melody: ELY, 8 8 8 8; Thomas Turton, 1780-1864*

*Plainsong, mode VIII, melody 106; Liber Hymnarius, Solesmes, 1983, Text: Dicamus  
laudes Domino, before 6th c.*

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*Sit or stand*

PSALMODY

*Antiphon 1*

Lord, guide my steps according to your promise.

*Psalm 119:129-136*

*XVII (Pe)*

*A meditation on God's law*

*The whole law is summed up in love (Romans 13:10).*

Your will is wónderful indéed; \*  
thérefore I obéy it.  
The unfólding of your wórd gives líght \*  
and téaches the símple.

I ópen my móuth and I sígh \*  
as I yéarn for your commánds.  
Túrn and shów me your mércy; \*  
show jústice to your fréinds.

Let my stéps be guíded by your prómise; \*  
let no évil rúle me.  
Redém me from mán's oppréssion \*  
and Í will keep your précepts.

Let your fáce shíne on your sérvant \*  
and téach me your décrées.  
Téars stréam from my éyes \*  
because your lów is disobéyed.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Lord, guide my steps according to your promise.

*Antiphon 2*

There is but one lawgiver and judge; who are you to judge your

neighbor?

*Psalm 82*

*Denunciation of evil judges*

*Do not attempt to judge another now; the Lord's coming will reveal all (1 Corinthians 4:5).*

God stánds in the divíne assémbly.\*  
In the mídst of the góds he gives júdgment.

“How lóng will you júdge unjústly\*  
and fávor the cáuse of the wícked?  
Do jústice for the wéak and the órphan,\*  
defénd the afflicted and the néedy.  
Réscue the wéak and the póor;\*  
set them frée from the hánd of the wícked.

Unpercéiving, they grópe in the dárkness\*  
and the órder of the wórld is sháken.  
I have sáid to you: ‘Yóu are góds,\*  
and áll of you, sóns of the Most Hígh.’  
And yét, you shall díe like mén,\*  
you shall fáll like ány of the prínces.”

Aríse, O Gód, judge the éarth,\*  
for yóu rule áll the nátions.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

There is but one lawgiver and judge; who are you to judge your neighbor?

*Antiphon 3*

I cried out to the Lord, and he heard me.

*Psalm 120*

*Longing for peace*

*Be patient in suffering; persevere in prayer (Romans 12:12).*

To the Lórd in the hóur of my distréss \*  
I cáll and he ánsvers me.  
“O Lórd, save my sóul from lying líps, \*  
from the tóngue of the decéitful.”

Whát shall he páy you in retúrn, \*  
O tréacherous tóngue?  
The wárrior’s árrows shárpened \*  
and cóals, red-hot, blázing.

Alas, that I abíde a stránger in Méshech, \*  
dwell among the ténts of Kédar!

Long enóugh have Í been dwélling \*  
with thóse who hate péace.  
Í am for péace, but when I spéak, \*  
théy are for fíghting.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

I cried out to the Lord, and he heard me.

*Sit*

READING

*Wisdom 15:1, 3*

You, our God, are good and true,  
slow to anger, and governing all with mercy.  
To know you well is complete justice,  
and to know your might is the root of immortality.

*Verse*

Lord our God, you are tender and compassionate.

— You are patient, most merciful, and true to your word.

*Stand*

## CONCLUDING PRAYER

Let us pray.

Father,

yours is the harvest

and yours is the vineyard:

you assign the task

and pay a wage that is just.

Help us to meet this day's responsibilities,

and let nothing separate us from your love.

Grant this through Christ our Lord.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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