Liturgy of the Hours

Liturgy of the Hours

Daytime Prayer

December 31, 2026

{ Seventh Day in the Octave of Christmas }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

Hymn

O mighty Ruler, God of truth,
for days and seasons setting bounds,
you clothe with splendor morning light
and midday skies with brilliant heat.

Extinguish flames of bitter strife,
all harmful passion take away,
grant health unto our mortal frame,
and on our hearts bestow true peace.

Most loving Father, hear our prayer,
and you, O Christ coequal Son,
who with the Spirit Paraclete
now reign for all eternity. Amen.

Metrical hymn, melody: A la venue de Noël, 8 8 8 8; Fleurs des noëls, Lyons, 1535

Plainsong, mode II, melody 46; Liber Hymnarius, Solesmes, 1983, Text: Rector potens, verax Deus, unknown author, very ancient; traditionally attributed to St. Ambrose, 340–397

The English translation of Hymns and chants from The Liturgy of the Hours © 2023 International Commission on English in the Liturgy Corporation (ICEL).

Reproduced from The Divine Office Hymnal (hymns #39/40). Copyright © 2023 United States Conference of Catholic Bishops, Washington, DC (USCCB). Published and distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the Pew Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and plainsong melodies, visit www.giamusic.com.

Sit or stand

Psalmody

Antiphon

Mary treasured all these words and pondered them in her heart.

Psalm 119: 17–24

III (Ghimel)

Bless your sérvant and Í shall líve *
and obéy your wórd.
Ópen my éyes that I may sée *
the wónders of your láw.

Í am a pílgrim on the éarth; *
shów me your commánds.
My sóul is éver consúmed *
as I lóng for your decrées.

You thréaten the próud, the accúrsed, *
who túrn from your commánds.
Relíeve me from scórn and contémpt *
for I dó your wíll.

Though prínces sit plótting agáinst me *
I pónder on your rúlings.
Your wíll is mý delíght; *
your státutes are my cóunsellors.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 25

Prayer for God's favor and protection

Our hope will never be disappointed (Romans 5:5).

I

To you, O Lórd, I líft up my sóul. †
I trúst in you, let me nót be disappóinted; *

do not lét my énemies tríumph.
Those who hópe in you shall nót be disappóinted, *
but only thóse who wántonly break fáith.

Lórd, make me knów your wáys. *
Lórd, téach me your páths.
Make me wálk in your trúth, and téach me: *
for yóu are Gód my sávior.

In yóu I hópe all day lóng *
becáuse of your góodness, O Lórd.
Remémber your mércy, Lórd, *
and the lóve you have shówn from of óld.
Do not remémber the síns of my yóuth. *
In your lóve remémber mé.

The Lórd is góod and úpright. *
He shows the páth to thóse who stráy,
he guides the húmble in the ríght páth; *
he téaches his wáy to the póor.

His wáys are fáithfulness and lóve *
for those who kéep his cóvenant and láw.
Lórd, for the sáke of your náme *
forgíve my guílt; for it is gréat.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

II

If ányone féars the Lórd *
he will shów him the páth he should chóose.
His sóul shall líve in háppiness *
and his chíldren shall posséss the lánd.
The Lord's fríendship is for thóse who revére him; *
to thém he revéals his cóvenant.

My éyes are álways on the Lórd; *
for he réscues my féet from the snáre.

Túrn to mé and have mércy *
for Í am lónely and póor.

Relíeve the ánguish of my héart *
and sét me frée from my distréss.
Sée my afflíction and my tóil *
and táke all my síns awáy.

Sée how mány are my fóes; *
how víolent their hátred for mé.
Presérve my life and réscue me. *
Do not disappóint me, yóu are my réfuge.
May ínnocence and úprightness protéct me: *
for my hópe is in yóu, O Lórd.

Redeem Ísrael, O Gód, *
from áll its distréss.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Mary treasured all these words and pondered them in her heart.

Sit

Reading

Isaiah 48:20

With shouts of joy proclaim this,
make it known;
Publish it to the ends of the earth, and say,
"The Lord has redeemed his servant Jacob."

Verse

All the ends of the earth, alleluia.

— Have seen the saving power of God, alleluia.

Stand

Concluding Prayer

Let us pray.

Ever-living God,
in the birth of your Son
our religion has its origin and its perfect fulfillment.
Help us to share in the life of Christ
for he is the salvation of mankind,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri, Te Deum Laudamus, Benedictus, Magnificat,* and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



United States of America
www.ebreviary.com