Liturgy of the Hours LITURGY OF THE HOURS

Evening Prayer I

May 31, 2025 { Seventh Sunday of Easter }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Ηγμν

O come, Creator Spirit blest, come, visit souls that are your own; fill all the hearts that you have made with grace and blessing from on high.

For you are called the Paraclete, the holy gift of God most High, the living wellspring, love, and fire, the soul's anointing from above.

In graces you are sevenfold, the Finger of God's strong right hand, and you, the Father's promised one, adorn our tongues with gracious speech.

Come, fill our senses with your light, pour forth your love into our hearts, the weakness of our mortal frame make strong with pow'r that never fails.

Drive far from us our deadly foe and swiftly grant us lasting peace; with you to guide and lead the way, may we avoid all harm and sin.

Now through your presence may we know and love the Father and the Son; and you, the Spirit of them both, may we profess throughout all time. Amen.

Metrical hymn, melody: VENI CREATOR (MECHLIN), 8 8 8 8; Plainsong,

Mechlin adaptation

Plainsong, mode VIII, melody 99; Antiphonale Sacrosanctae Ecclesiae Romanae, Typis Polyglottis Vaticanis, 1912, Text: Veni, creator Spiritus, attributed to Rabanus Maurus, O.S.B., ca. 780–856

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Sit or stand

PSALMODY

Antiphon 1

The Lord our God is high above the heavens; he raises up the lowly from the dust, alleluia.

Psalm 113

Praise the name of the Lord

He has cast down the mighty and has lifted up the lowly (Luke 1:52).

Práise, O sérvants of the Lórd,* práise the náme of the Lórd! May the náme of the Lórd be bléssed * both nów and for évermóre! From the rísing of the sún to its sétting * práised be the náme of the Lórd!

Hígh above all nátions is the Lórd, * abóve the héavens his glóry. Whó is like the Lórd, our Gód, * who has rísen on hígh to his thróne yet stóops from the héights to look dówn, * to look dówn upon héaven and éarth?

From the dúst he lífts up the lówly, * from his mísery he ráises the póor to sét him in the cómpany of prínces, * yés, with the prínces of his péople.

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To the chíldless wífe he gives a hóme * and gláddens her héart with chíldren.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

The Lord our God is high above the heavens; he raises up the lowly from the dust, alleluia.

Antiphon 2

Lord, you have broken the chains that held me bound; I will offer you a sacrifice of praise, alleluia.

Psalm 116:10-19

Thanksgiving in the Temple

Through Christ let us offer God a continual sacrifice of praise (Hebrews 13:15).

I trústed, éven when I sáid: * "I am sórely afflícted," and whén I sáid in my alárm: * "No mán can be trústed."

How cán I repáy the Lórd * for his góodness to mé? The cúp of salvátion I will ráise; * I will cáll on the Lórd's name.

My vóws to the Lórd I will fulfíll * befóre all his péople. O précious in the éyes of the Lórd * is the déath of his fáithful.

Your sérvant, Lord, your sérvant am Í; * you have lóosened my bónds. A thánksgiving sácrifice I máke: * I will cáll on the Lórd's name.

My vóws to the Lórd I will fulfíll * befóre all his péople,

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in the cóurts of the hóuse of the Lórd, * in your mídst, O Jerúsalem.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Lord, you have broken the chains that held me bound; I will offer you a sacrifice of praise, alleluia.

Antiphon 3

Though he was the Son of God, Christ learned obedience through suffering; and for all who obey him, he has become the source of life, alleluia.

Canticle – Philippians 2:6-11

Christ, God's holy servant

Though he was in the form of God, † Jesus did not deem equality with God * something to be grasped at.

Rather, he emptied himself [†] and took the form of a slave, ^{*} being born in the likeness of men.

He was known to be of human estate, * and it was thus that he humbled himself, obediently accepting even death, * death on a cross!

Because of this,* God highly exalted him and bestowed on him the name * above every other name,

So that at Jesus' name * every knee must bend in the heavens, on the earth, * and under the earth, and every tongue proclaim † to the glory of God the Father: * JESUS CHRIST IS LORD!

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Though he was the Son of God, Christ learned obedience through suffering; and for all who obey him, he has become the source of life, alleluia.

Sit

Reading

1 Peter 2:9-10

You are "a chosen race, a royal priesthood, a holy nation, a people he claims for his own to proclaim the glorious works" of the One who called you from darkness into his marvelous light. Once you were no people, but now you are God's people; once there was no mercy for you, but now you have found mercy.

Responsory

The Holy Spirit is the Paraclete, alleluia, alleluia.

— The Holy Spirit is the Paraclete, alleluia, alleluia.

He will teach you all things,

— alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— The Holy Spirit is the Paraclete, alleluia, alleluia.

Stand

GOSPEL CANTICLE

Antiphon

I will not leave you orphans; I am going now but I will come back to you and your hearts will rejoice, alleluia.

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Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord, * my spirit rejoices in God my Savior for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed: the Almighty has done great things for me, * and holy is his Name.

He has mercy on those who fear him * in every generation.

He has shown the strength of his arm,^{*} he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, * and has lifted up the lowly.

He has filled the hungry with good things, * and the rich he has sent away empty.

He has come to the help of his servant Israel * for he has remembered his promise of mercy, the promise he made to our fathers, * to Abraham and his children for ever.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

I will not leave you orphans; I am going now but I will come back to you and your hearts will rejoice, alleluia.

INTERCESSIONS

Let us bless Christ, on whom the Holy Spirit came down in the form of a dove. Let us pray to him, and seal our prayer by saying:

— Amen.

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Lord, send the Spirit of your promise, that your Church may be continually renewed in life and vigor.

— Amen.

May all peoples acclaim you as king and God, may Israel become your prized possession.

— Amen.

You cast out devils, cast out from us all scandal and stubborn pride.

— Amen.

At Pentecost you undid the disunity of Babel, by your Spirit gather all in unity, and spread the one faith throughout the world.

— Amen.

May your Spirit dwell within us, and raise to life our mortal bodies.

— Amen.

The Lord's Prayer

Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Concluding Prayer

Father, help us keep in mind that Christ our Savior lives with you in glory and promised to remain with us until the end of time.

We ask this through our Lord Jesus Christ, your Son,

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who lives and reigns with you and the Holy Spirit, God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

Acknowledgements

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

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