

*Liturgy of the Hours*  
LITURGY OF THE HOURS

EVENING PRAYER

---

March 29, 2024

{ Good Friday }



*Evening Prayer is said only by those who do not  
participate in the celebration of the Lord's passion.*

*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

#### HYMN

O Sacred Head, surrounded  
By crown of piercing thorn.  
O Bleeding Head, so wounded,  
Reviled and put to scorn.  
Our sins have marred the glory  
Of thy most holy Face,  
Yet angel hosts adore thee,  
And tremble as they gaze.

The Lord of every nation  
Was hung upon a tree;  
His death was our salvation,  
Our sins, his agony.  
O Jesus, by thy Passion,  
Thy Life in us increase;  
Thy death for us did fashion  
Our pardon and our peace.

*Melody: Passion Chorale 76.76.D; Music: Hans Leo Hassler, 1601; Text: St. 1, Sir H.  
W. Baker, 1821-1877, alt. and St. 2, Melvin Farrell, S.S., 1961*

*O Sacred Head Surrounded, Text of Verse 2 by Melvin L. Farrell, S.S.; Text (Vs. 2)  
© 1961, World Library Publications, 3708 River Road, Suite 400, Franklin Park,  
Illinois 60131-2158. 800-566-6150 [www.wlpmusic.com](http://www.wlpmusic.com) All rights reserved. Used  
by permission.*

*Sit or stand*

PSALMODY

*Antiphon 1*

Look well, all you peoples, and see my suffering.

*Psalm 116:10-19*

*Thanksgiving in the Temple*

*Through Christ let us offer God a continual sacrifice of praise (Hebrews 13:15).*

I trusted, éven when I said: \*  
“I am sórely afflicted,”  
and when I said in my alárm: \*  
“No mán can be trusted.”

How cán I repáy the Lórd \*  
for his góodness to mé?  
The cúp of salvátion I will ráise; \*  
I will cáll on the Lórd’s name.

My vóws to the Lórd I will fulfill \*  
befóre all his péople.  
O précious in the éyes of the Lórd \*  
is the déath of his fáithful.

Your sérvant, Lord, your sérvant am Í; \*  
you have lóosened my bónds.  
A thánksgiving sácrafice I máke: \*  
I will cáll on the Lórd’s name.

My vóws to the Lórd I will fulfill \*  
befóre all his péople,  
in the cóurts of the hóuse of the Lórd, \*  
in your mídst, O Jerúsalem.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Look well, all you peoples, and see my suffering.

*Antiphon 2*

My soul is in anguish, my heart is in torment.

*Psalm 143:1-11*

*Prayer in distress*

*A man is not justified by observance of the law but only through faith in Jesus Christ  
(Galatians 2:16).*

Lórd, lísten to my práyer; †  
túrn your éar to my appéal. \*

You are fáithful, you are júst; give ánsWER.  
Do not cáll your sérvant to júdgment \*  
for nó one is júst in your síght.

The ényemy pursúes my sóul; \*  
he has crúshed my lífe to the gróund;  
he has máde me dwéll in dárkness \*  
líke the déad, lóng forgóttén.  
Thérefore my spírit fáils; \*  
my héart is númb withín me.

I reméber the dáys that are pást: \*  
I pónder áll your wórks.  
I múse on what your hánd has wróught †  
and to yóu I strécht out my hánds. \*  
Líke a párchéd land my sóul thírsts for yóu.

Lórd, make háste and ánsWER; \*  
for my spírit fáils withín me.  
Dó not híde your fáce \*  
lest I becóme líke thóse in the gráve.

In the mórníng let me knów your lóve \*  
for I pút my trúst in yóu.  
Make me knów the wáy I should wálk: \*  
to yóu I líft up my sóul.

Réscue me, Lórd, from my ényemies; \*

I have fléed to yóu for réfuge.  
Téach me to dó your will \*  
for yóu, O Lórd, are my Gód.  
Let yóur good spírit guíde me \*  
in wáys that are lével and smóoth.

For your náme's sake, Lórd, save my lífe; \*  
in your jústice save my sóul from distréss.

Glory to the Father, and to the Son, \*  
and to the Holy Spírit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

My soul is in anguish, my heart is in torment.

*Antiphon 3*

When Jesus had taken the vinegar, he said: "It is accomplished."  
Then he bowed his head and died.

*Canticle – Philippians 2:6-11*

*Christ, God's holy servant*

Though he was in the form of God, †  
Jesus did not deem equality with God \*  
something to be grasped at.

Rather, he emptied himself †  
and took the form of a slave, \*  
being born in the likeness of men.

He was known to be of human estate, \*  
and it was thus that he humbled himself,  
obediently accepting even death, \*  
death on a cross!

Because of this, \*  
God highly exalted him  
and bestowed on him the name \*  
above every other name,

So that at Jesus' name \*

every knee must bend  
in the heavens, on the earth, \*  
and under the earth,  
and every tongue proclaim †  
to the glory of God the Father: \*  
JESUS CHRIST IS LORD!

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

When Jesus had taken the vinegar, he said: “It is accomplished.”  
Then he bowed his head and died.

*Sit*

#### READING

*1 Peter 2:21-24*

Christ suffered for you and left you an example, to have you follow in his footsteps. He did no wrong; no deceit was found in his mouth. When he was insulted, he returned no insult. When he was made to suffer, he did not counter with threats. Instead, he delivered himself up to the One who judges justly. In his own body he brought your sins to the cross, so that all of us, dead to sin, could live in accord with God’s will. By his wounds you were healed.

*Antiphon*

For our sake Christ was obedient, accepting even death, death on a cross.

*Stand*

#### GOSPEL CANTICLE

*Antiphon*

When we were his enemies, God reconciled us to himself by the death of his Son.

*Luke 1:46-55*

*The soul rejoices in the Lord*

*Make sign of cross*

My soul proclaims the greatness of the Lord, \*  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant. \*

From this day all generations will call me blessed:  
the Almighty has done great things for me, \*  
and holy is his Name.

He has mercy on those who fear him \*  
in every generation.

He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

He has filled the hungry with good things, \*  
and the rich he has sent away empty.

He has come to the help of his servant Israel \*  
for he has remembered his promise of mercy,  
the promise he made to our fathers, \*  
to Abraham and his children for ever.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

When we were his enemies, God reconciled us to himself by the death of his Son.

#### INTERCESSIONS

Today we lovingly remember the death of our Lord Jesus Christ, from which was born new life for the whole world. Let us turn to God the Father, and say:

— By the merits of your Son's death, hear us, Lord.  
Give unity to your Church.

— By the merits of your Son's death, hear us, Lord.  
Protect Francis, our Pope.

— By the merits of your Son's death, hear us, Lord.  
Sanctify your people, both clergy and faithful, by your Spirit.

— By the merits of your Son's death, hear us, Lord.  
Increase faith and understanding in those under instruction.

— By the merits of your Son's death, hear us, Lord.  
Gather all Christians in unity.

— By the merits of your Son's death, hear us, Lord.  
Lead the Jewish people to the fullness of redemption.

— By the merits of your Son's death, hear us, Lord.  
Enlighten with your glory those who do not yet believe in Christ.

— By the merits of your Son's death, hear us, Lord.  
Show the marks of your love in creation to those who deny them.

— By the merits of your Son's death, hear us, Lord.  
Guide the minds and hearts of those who govern us.

— By the merits of your Son's death, hear us, Lord.  
Console all who are troubled.

— By the merits of your Son's death, hear us, Lord.  
Have pity on those who have died.

— By the merits of your Son's death, hear us, Lord.

*The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.



Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

*Concluding Prayer*

Father,  
look with love upon your people,  
the love which our Lord Jesus Christ showed us  
when he delivered himself to evil men  
and suffered the agony of the cross,  
for he lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

# ACKNOWLEDGEMENTS

The English Translation of the Introductory Verses and Responses, the Invitatories, the Antiphons, Captions and Patristic Commentaries for the Psalms, Psalm-prayers, Responsories, Intercessions, Greeting, Blessings, and Dismissal, Non-Biblical Readings, and Hagiographical Introductions from *The Liturgy of the Hours* © 1974, 1975, 1976, International Committee on English in the Liturgy, Inc. (ICEL); the Alternative Opening Prayers and the English translation of the Opening Prayers (Prayers of the Day) from *The Roman Missal* © 1973, ICEL. All rights reserved.

English translation of *Gloria Patri, Te Deum Laudamus, Benedictus, Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.





mobile prayers



---

UNITED STATES, CANADA, INDIA, PHILIPPINES

*[www.ebreviary.com](http://www.ebreviary.com)*