

*Liturgy of the Hours*  
LITURGY OF THE HOURS

OFFICE OF READINGS

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April 6, 2024

{ Saturday within the Octave of Easter }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

HYMN

Christ the Lord is ris'n today;  
Christians, haste your vows to pay;  
Offer you your praises meet  
At the Paschal Victim's feet.  
For the sheep the Lamb has bled,  
Sinless in the sinner's stead;  
Christ, the Lord, is ris'n on high,  
Now he lives no more to die!

Christ, the Victim undefiled,  
Man to God has reconciled;  
When in strange and awful strife  
Met together death and life;  
Christians, on this happy day  
Haste with joy your vows to pay.  
Christ, the Lord, is ris'n on high,  
Now he lives no more to die!

Christ, who once for sinners bled,  
Now the firstborn from the dead,  
Throned in endless might and power,  
Lives and reigns forevermore.  
Hail, eternal Hope on high!  
Hail, our King of Victory!  
Hail, our Prince of life adored!  
Help and save us, gracious Lord.

*Melody: Victimae Paschali Laudes 77.77.D; Music: Traditional, alt.; Text: Victimae  
Paschali Laudes, Wipo, 11<sup>th</sup> century; Translator: Jane E. Leeson, 1807-1882, alt.*

*Sit or stand*

PSALMODY

*Antiphon 1*

Great is the Lord; his majesty is beyond measure, alleluia.

*Psalm 145*

*Praise of God's majesty*

*Lord, you are the Just One, who was and who is (Revelation 16:5).*

*I*

I will give you glóry, O Gód my Kíng, \*  
I will bléss your náme for éver.

I will bléss you dáy after dáy \*  
and praíse your náme for éver.  
The Lórd is gréat, híghly to be praísed, \*  
his gréatness cánnót be méasured.

Age to áge shall procláim your wórks, \*  
shall decláre your míghty déeds,  
shall spéak of your spléndor and glóry, \*  
tell the tále of your wónderful wórks.

They will spéak of your térrible déeds, \*  
recóunt your gréatness and míght.  
They will recáll your abúndant góodness; \*  
age to áge shall ríng out your jústice.

The Lórd is kínd and fúll of compásson, \*  
slow to ánger, abóunding in lóve.  
How góod is the Lórd to áll, \*  
compássonate to áll his créatures.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Great is the Lord; his majesty is beyond measure, alleluia.

*Antiphon 2*

The Lord has made known the glorious splendor of his kingdom,  
alleluia.

*II*

All your créatures shall thánk you, O Lórd,\*  
and your friénds shall repéat their bléssing.  
They shall spéak of the glóry of your réign\*  
and declére your míght, O Gód,

to make knówn to mén your mighty déeds\*  
and the glórious spléndor of your réign.  
Yóurs is an éverlasting kíngdom;\*  
your rúle lasts from áge to áge.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

The Lord has made known the glorious splendor of his kingdom,  
alleluia.

*Antiphon 3*

Let all creatures praise your holy name for ever, alleluia.

*III*

The Lord is fáithful in áll his wórds\*  
and lóving in áll his déeds.  
The Lórd suppórts all who fall\*  
and ráises áll who are bowed dówn.

The éyes of all créatures look to yóu\*  
and you gíve them their fóod in due tíme.  
You ópen wíde your hánd,\*  
grant the desíres of áll who líve.

The Lord is júst in áll his wáys\*  
and lóving in áll his déeds.  
He is clóse to áll who cáll him,\*

who cáll on hím from their héarts.

He gránts the desíres of those who féar him,\*  
he héars their crý and he sáves them.  
The Lórd protéct's all who lóve him; \*  
but the wícked he will útterly destróy.

Let me spéak the práise of the Lórd, †  
let all mankínd bléss his holy náme \*  
for éver, for áges unénding.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Let all creatures praise your holy name for ever, alleluia.

VERSE

God raised up Christ from the dead, alleluia.

— So that all our faith and hope might be in God, alleluia.

*Sit*

READINGS

*First reading*

From the first letter of the apostle Peter

*4:12—5:14*

*Exhortations to the elders and to the faithful*

Do not be surprised, beloved, that a trial by fire is occurring in your midst. It is a test for you, but it should not catch you off guard. Rejoice instead, in the measure that you share Christ's sufferings. When his glory is revealed, you will rejoice exultantly. Happy are you when you are insulted for the sake of Christ, for then God's Spirit in its glory has come to rest on you.

See to it that none of you suffers for being a murderer, a thief, a malefactor, or a destroyer of another's rights. If anyone suffers for

being a Christian, however, he ought not to be ashamed. He should rather glorify God in virtue of that name.

The season of judgment has begun, and begun with God's own household. If it begins this way with us, what must be the end for those who refuse obedience to the gospel of God? And if the just man is saved only with difficulty, what is to become of the godless and the sinner? Accordingly, let those who suffer as God's will requires continue in good deeds, and entrust their lives to a faithful Creator.

To the elders among you I, a fellow elder, a witness of Christ's sufferings and sharer in the glory that is to be revealed, make this appeal. God's flock is in your midst; give it a shepherd's care. Watch over it willingly as God would have you do, not under constraint; and not for shameful profit either, but generously. Be examples to the flock, not lording it over those assigned to you, so that when the chief Shepherd appears you will win for yourselves the unfading crown of glory.

In the same way, you younger men must be obedient to the elders. In your relations with one another, clothe yourselves with humility, because God "is stern with the arrogant but to the humble he shows kindness." Bow humbly under God's mighty hand, so that in due time he may lift you high. Cast all your cares on him because he cares for you.

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith, realizing that the brotherhood of believers is undergoing the same sufferings throughout the world.

The God of all grace, who called you to his everlasting glory in Christ, will himself restore, confirm, strengthen, and establish those who have suffered a little while. Dominion be his throughout the ages! Amen.

I am writing briefly through Silvanus, whom I take to be a faithful brother to you. Herewith are expressed my encouragement and my testimony that this is the true grace of God. Be steadfast in it. The church that is in Babylon, chosen together with you, sends you

greeting, as does Mark my son. Greet one another with the embrace of true love. Peace to all of you who are in Christ.

*Responsory*

*See 1 Peter 4:13; Luke 6:22*

Insofar as you share in the sufferings of Christ, rejoice,

- for your joy will be much greater when his glory is revealed, alleluia.

Blessed are you when men hate you because of the Son of Man.

- For your joy will be much greater when his glory is revealed, alleluia.

*Second reading*

From the Jerusalem Catecheses

*(Cat. 22, Mystagogica 4, 1. 3-6. 9: PG 33, 1098-1106)*

*The bread of heaven and the cup of salvation*

*On the night he was betrayed our Lord Jesus Christ took bread, and when he had given thanks, he broke it and gave it to his disciples and said: "Take, eat: this is my body." He took the cup, gave thanks and said: "Take, drink: this is my blood." Since Christ himself has declared the bread to be his body, who can have any further doubt? Since he himself has said quite categorically, This is my blood, who would dare to question it and say that it is not his blood?*

Therefore, it is with complete assurance that we receive the bread and wine as the body and blood of Christ. His body is given to us under the symbol of bread, and his blood is given to us under the symbol of wine, in order to make us by receiving them one body and blood with him. Having his body and blood in our members, we become bearers of Christ and sharers, as Saint Peter says, in the divine nature.

Once, when speaking to the Jews, Christ said: *Unless you eat my flesh and drink my blood you shall have no life in you.* This horrified them and they left him. Not understanding his words in a spiritual way, they thought the Savior wished them to practice cannibalism.

Under the old covenant there was showbread, but it came to an end with the old dispensation to which it belonged. Under the new covenant there is bread from heaven and the cup of salvation. These sanctify both soul and body, the bread being adapted to the sanctification of the body, the Word, to the sanctification of the soul.

Do not, then, regard the eucharistic elements as ordinary bread and wine: they are in fact the body and blood of the Lord, as he himself has declared. Whatever your senses may tell you, be strong in faith.

You have been taught and you are firmly convinced that what looks and tastes like bread and wine is not bread and wine but the body and the blood of Christ. You know also how David referred to this long ago when he sang: *Bread gives strength to man's heart and makes his face shine with the oil of gladness.* Strengthen your heart, then, by receiving this bread as spiritual bread, and bring joy to the face of your soul.

May purity of conscience remove the veil from the face of your soul so that by contemplating the glory of the Lord, as in a mirror, you may be transformed from glory to glory in Christ Jesus our Lord. To him be glory for ever and ever. Amen.

*Responsory*

*Luke 22:19; Exodus 12:27*

Jesus took bread, gave thanks, and broke the bread. Then he gave it to his disciples and said: This is my body which is given up for you.

— Do this in memory of me, alleluia.

When your children ask: What does this ritual mean? Say to them: This is the sacrifice of the Lord's Passover.

— Do this in memory of me, alleluia.

*Stand*

TE DEUM

You are God: we praise you;  
You are the Lord: we acclaim you;  
You are the eternal Father:  
All creation worships you.



To you all angels, all the powers of heaven,  
Cherubim and Seraphim, sing in endless praise:  
Holy, holy, holy, Lord, God of power and might,  
heaven and earth are full of your glory.

The glorious company of apostles praise you.  
The noble fellowship of prophets praise you.  
The white-robed army of martyrs praise you.

Throughout the world the holy Church acclaims you:  
Father, of majesty unbounded,  
your true and only Son, worthy of all worship,  
and the Holy Spirit, advocate and guide.

You, Christ, are the King of glory,  
the eternal Son of the Father.

When you became man to set us free  
you did not spurn the Virgin's womb.

You overcame the sting of death,  
and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.  
We believe that you will come, and be our judge.

Come then, Lord, and help your people,  
bought with the price of your own blood,  
and bring us with your saints  
to glory everlasting.

### CONCLUDING PRAYER

Let us pray.

Father of love,  
by the outpouring of your grace  
you increase the number of those who believe in you.  
Watch over your chosen family.  
Give undying life to all  
who have been born again in baptism.

Grant this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,

God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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