

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

April 3, 2024

{ Wednesday within the Octave of Easter }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Alleluia! sing to Jesus!
His the scepter, his the throne;
Alleluia! his the triumph
His the victory alone:
Hark! the songs of peaceful Zion
Thunder like a mighty flood;
Jesus, out of every nation,
Hath redeemed us by his Blood.

Alleluia! not as orphans
Are we left in sorrow now;
Alleluia! He is near us,
Faith believes nor questions how:
Though the cloud from sight received him,
When the forty days were o'er
Shall our hearts forget his promise,
"I am with you evermore"?

Alleluia! Bread of angels,
Thou on earth our food, our stay;
Alleluia! here the sinful
Flee to thee from day to day:
Intercessor, friend of sinners,
Earth's Redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.

Alleluia! King eternal,
Thee the Lord of lords we own;

Alleluia! born of Mary,
Earth thy footstool, heav'n thy throne:
Thou within the veil hast entered,
Robed in flesh, our great High Priest;
Thou on earth both Priest and Victim
In the Eucharistic feast.

*Melody: Hyfrydol 87.87.D; Music: R. H. Prichard, 1811-1887; Text: William
Chatterton Dix, 1837-1898*

Sit or stand

PSALMODY

Antiphon

He was handed over to death for our sins; he was raised to life to
justify us, alleluia.

Psalm 119:9-16

II (Beth)

Hów shall the yóung remain sínless? *
By obéying your wórd.
I have sóught you with áll my héart: *
let me not stráy from your commánds.

I tréasure your prómise in my héart *
lest I sín agáinst you.
Bléssed are yóu, O Lórd; *
téach me your commánds.

With my tóngue I have recóunted *
the decrées of your líps.
I rejóice to dó your wíll *
as though all ríches were míne.

I will pónder áll your précepts *
and consíder your páths.
I táke delíght in your commánds; *
I will nó't forget your wórd.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 28:1-3, 6-9

Entreaty and thanksgiving

Father, I thank you, for you have heard my prayer (John 11:41).

To yóu, O Lórd, I cáll, *
my róck, héar me.
If yóu do not héed I shall becóme *
like thóse in the gráve.

Héar the vóice of my pléading *
as I cáll for hélp,
as I lift up my hánds in práyer *
to your hóly pláce.

Do not drág me awáy with the wícked, *
with the évil-dóers,
who spéak words of péace to their néighbors *
but with évil in their héarts.

Bléssed be the Lórd for he has héard *
my crý, my appéal.
The Lórd is my stréngth and my shíeld; *
in hím my heart trústs.
I was hélped, my héart rejóices *
and I práise him with my sóng.

The Lórd is the stréngth of his péople, *
a fórtress where his anóinted find hélp.
Save your péople; bless Ísraél your héritage. *
Be their shépherd and cárry them for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 116:10-19

Thanksgiving in the Temple

Through Christ let us offer God a continual sacrifice of praise (Hebrews 13:15).

I trusted, éven when I said: *
“I am sórely afflicted,”
and whén I said in my alárm: *
“No mán can be trusted.”

How cán I repáy the Lórd *
for his góodness to mé?
The cúp of salvátion I will ráise; *
I will cáll on the Lórd’s name.

My vóws to the Lórd I will fulfill *
befóre all his péople.
O précious in the éyes of the Lórd *
is the déath of his fáithful.

Your sérvant, Lord, your sérvant am Í; *
you have lóosened my bónds.
A thánksgiving sácricfe I máke: *
I will cáll on the Lórd’s name.

My vóws to the Lórd I will fulfill *
befóre all his péople,
in the cóurts of the hóuse of the Lórd, *
in your mídst, O Jerúsalem.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

He was handed over to death for our sins; he was raised to life to justify us, alleluia.

Sit

READING

1 John 5:5-6a

Who is conqueror of the world?
The one who believes that Jesus is the Son of God.
Jesus Christ it is who came through water and blood—
not in water only,
but in water and in blood.

Verse

This is the day the Lord has made, alleluia.
— Let us rejoice and be glad, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.
God our Father,
on this solemn feast you give us the joy of recalling
the rising of Christ to new life.
May the joy of our annual celebration
bring us to the joy of eternal life.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.
— And give him thanks.

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