

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

April 25, 2024

{ Feast – Mark, Evangelist }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Hail thee, festival day!
Blest day that art hallowed for ever;
Day whereon Christ arose,
Breaking the kingdom of death.

Lo, the fair beauty of earth,
From the death of the winter arising!
Ev'ry good gift of the year
Now with its Master returns:

Hail thee, festival day!
Blest day that art hallowed for ever;
Day whereon Christ arose,
Breaking the kingdom of death.

He who was nailed to the cross
Is Lord and the ruler of all men;
All things created on earth
Sing to the glory of God:

Hail thee, festival day!
Blest day that art hallowed for ever;
Day whereon Christ arose,
Breaking the kingdom of death.

God the All-Father, the Lord,
Who rulest the earth and the heavens,
Guard us from harm without,
Cleanse us from evil within:

Hail thee, festival day!

Blest day that art hallowed for ever;
Day whereon Christ arose,
Breaking the kingdom of death.

Jesus the health of the world,
Enlighten our minds, thou Redeemer,
Son of the Father supreme,
Only begotten of God:

Hail thee, festival day!
Blest day that art hallowed for ever;
Day whereon Christ arose,
Breaking the kingdom of death.

*Melody: Salve Festa Dies; Music: R. Vaughan Williams, 1906; Text: Venantius
Honorius Fortunatus, 530-609; Translator: Maurice F. Bell, 1862-1947;
'Hail thee, festival day' tr M F Bell (1862-1947) from The English Hymnal.
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Sit or stand

PSALMODY

Antiphon

Alleluia, alleluia, alleluia.

Psalm 119:153-160

XX (Resh)

Sée my affliction and sáve me *
for I reméber your lów.
Uphóld my cáuse and defénd me; *
by your prómise give me lífe.

Salvátion is fár from the wícked *
who are héedless of your commánds.
Númerless, Lórd, are your mércies; *
with your decrées give me lífe.

Though my fóes and oppréssors are cóuntless *
I have not swérvéd from your wíll.
I lóok at the fáithless with disgúst; *
they ignóre your prómise.

Sée how I lóve your précepts; *
in your mércy give me lífe.
Your wórd is founded on trúth: *
your decreés are etérnal.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 128

Happiness of family life rooted in God

"May the Lord bless you from Zion" refers to the Church (Arnobius).

O bléssed are thóse who fear the Lórd *
and wálk in his wáys!

By the lábor of your hánds you shall éat. *
You will be háppy and próser;
your wífe like a frúitful víne *
in the héart of your hóuse;
your chíldren like shóots of the ólive, *
aróund your táble.

Indéed thús shall be bléssed *
the mán who fears the Lórd.
May the Lórd bléss you from Zíon *
all the dáys of your lífe!
May you sée your chíldren's chíldren †
in a háppy Jerúsalem! *
On Ísrael, péace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 129

God's people reaffirm their trust in time of affliction

The voice of the Church lamenting its suffering is heard in this psalm (Saint

Augustine).

“They have pressed me hard from my youth,”*
this is Israel’s song.

“They have pressed me hard from my youth*
but could never destroy me.

They ploughed my back like ploughmen,*
drawing long furrows.
But the Lord, who is just, has destroyed*
the yoke of the wicked.”

Lét them be shamed and routed,*
those who hate Zíon!
Lét them be like grass on the roof*
that withers before it flowers.

With that no reaper fills his arms,*
no binder makes his sheaves
and those passing by will not say: †
“On you the Lord’s blessing!”*
“We bless you in the name of the Lord.”

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Alleluia, alleluia, alleluia.

Sit

READING

1 Thessalonians 2:2b-3, 4

We drew courage from our God to preach his good tidings to you in the face of great opposition. The exhortation we deliver does not spring from deceit or impure motives or any sort of trickery; rather, having met the test imposed on us by God, as men entrusted with the good tidings, we speak like those who strive to please God rather than men.

Verse

The apostles held fast to Christ's message, alleluia.

— They kept the precepts he gave them, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.

Father,
you gave Saint Mark
the privilege of proclaiming your gospel.
May we profit by his wisdom
and follow Christ more faithfully.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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