

*Liturgy of the Hours*  
LITURGY OF THE HOURS

EVENING PRAYER

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March 30, 2024

{ Holy Saturday }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

HYMN

O Sacred Head, surrounded  
By crown of piercing thorn.  
O Bleeding Head, so wounded,  
Reviled and put to scorn.  
Our sins have marred the glory  
Of thy most holy Face,  
Yet angel hosts adore thee,  
And tremble as they gaze.

The Lord of every nation  
Was hung upon a tree;  
His death was our salvation,  
Our sins, his agony.  
O Jesus, by thy Passion,  
Thy Life in us increase;  
Thy death for us did fashion  
Our pardon and our peace.

*Melody: Passion Chorale 76.76.D; Music: Hans Leo Hassler, 1601; Text: St. 1, Sir H. W. Baker, 1821-1877, alt. and St. 2, Melvin Farrell, S.S., 1961*

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*Sit or stand*

PSALMODY

*Antiphon 1*

Death, you shall die in me; hell, you shall be destroyed by me.

*Psalm 116:10-19*

*Thanksgiving in the Temple*

*Through Christ let us offer God a continual sacrifice of praise (Hebrews 13:15).*

I trusted, éven when I said: \*  
“I am sórely afflicted,”  
and whén I said in my alárm: \*  
“No mán can be trusted.”

How cán I repáy the Lórd \*  
for his góodness to mé?  
The cúp of salvátion I will ráise; \*  
I will cáll on the Lórd’s name.

My vóws to the Lórd I will fulfill \*  
befóre all his péople.  
O précious in the éyes of the Lórd \*  
is the déath of his fáithful.

Your sérvant, Lord, your sérvant am Í; \*  
you have lóosened my bónds.  
A thánksgiving sácricfe I máke: \*  
I will cáll on the Lórd’s name.

My vóws to the Lórd I will fulfill \*  
befóre all his péople,  
in the cóurts of the hóuse of the Lórd, \*  
in your mídst, O Jerúsalem.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Death, you shall die in me; hell, you shall be destroyed by me.

*Antiphon 2*

As Jonah was three days and three nights in the belly of the whale,  
so will the Son of Man be three days and three nights in the heart of  
the earth.

*Psalm 143:1-11*

*Prayer in distress*

*A man is not justified by observance of the law but only through faith in Jesus Christ  
(Galatians 2:16).*

Lórd, listen to my práyer; †  
túrn your éar to my appéal. \*  
You are fáithful, you are júst; give ánsWER.  
Do not cáll your sérvant to júdgment \*  
for nó one is júst in your síght.

The énemy pursúes my sóul; \*  
he has crúshed my lífe to the gróund;  
he has máde me dwéll in dárkness \*  
like the déad, lóng forgóttén.  
Thérefore my spírit fáils; \*  
my héart is númb withín me.

I reméber the dáys that are pást: \*  
I pónder áll your wórks.  
I múse on what your hánd has wróught †  
and to yóu I strétch out my hánds. \*  
Like a párched land my sóul thirsts for yóu.

Lórd, make háste and ánsWER; \*  
for my spírit fáils withín me.  
Dó not híde your fáce \*  
lest I becóme like thóse in the gráve.

In the mórning let me knów your lóve \*  
for I pút my trúst in yóu.  
Make me knów the wáy I should wálk: \*  
to yóu I líft up my sóul.

Réscue me, Lórd, from my énemies; \*  
I have fléd to yóu for réfuge.  
Téach me to dó your wíll \*  
for yóu, O Lórd, are my Gód.  
Let yóur good spírit guíde me \*  
in wáys that are lével and smóoth.

For your náme's sake, Lórd, save my lífe; \*  
in your jústice save my sóul from distréss.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

As Jonah was three days and three nights in the belly of the whale,  
so will the Son of Man be three days and three nights in the heart of  
the earth.

*Antiphon 3*

Destroy this temple, says the Lord, and in three days I will rebuild it.  
He was speaking of the temple of his body.

*Canticle – Philippians 2:6-11*

*Christ, God's holy servant*

Though he was in the form of God, †  
Jesus did not deem equality with God \*  
something to be grasped at.

Rather, he emptied himself †  
and took the form of a slave, \*  
being born in the likeness of men.

He was known to be of human estate, \*  
and it was thus that he humbled himself,  
obediently accepting even death, \*  
death on a cross!

Because of this, \*  
God highly exalted him  
and bestowed on him the name \*  
above every other name,

So that at Jesus' name \*  
every knee must bend  
in the heavens, on the earth, \*  
and under the earth,

and every tongue proclaim †  
to the glory of God the Father: \*  
JESUS CHRIST IS LORD!

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Destroy this temple, says the Lord, and in three days I will rebuild it.  
He was speaking of the temple of his body.

*Sit*

### READING

*1 Peter 1:18-21*

Realize that you were delivered from the futile way of life your fathers handed on to you, not by any diminishable sum of silver or gold, but by Christ's blood beyond all price: the blood of a spotless, unblemished lamb chosen before the world's foundation and revealed for your sake in these last days. It is through him that you are believers in God, the God who raised him from the dead and gave him glory. Your faith and hope, then, are centered in God.

*Antiphon*

For our sake Christ was obedient even when this meant death, death on a cross. Therefore God raised him on high and gave him the name above all other names.

*Stand*

### GOSPEL CANTICLE

*Antiphon*

Now the Son of Man has been glorified and God has been glorified in him.

*Luke 1:46-55*

*The soul rejoices in the Lord*

*Make sign of cross*

My soul proclaims the greatness of the Lord, \*  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant. \*

From this day all generations will call me blessed:  
the Almighty has done great things for me, \*  
and holy is his Name.

He has mercy on those who fear him \*  
in every generation.

He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

He has filled the hungry with good things, \*  
and the rich he has sent away empty.

He has come to the help of his servant Israel \*  
for he has remembered his promise of mercy,  
the promise he made to our fathers, \*  
to Abraham and his children for ever.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Now the Son of Man has been glorified and God has been glorified  
in him.

#### INTERCESSIONS

For our sake our Redeemer suffered death and was buried, and rose  
again. With heartfelt love let us adore him, and pray:

— Lord, have mercy on us.

Lord Jesus, when your side was pierced, there flowed out blood and water, the marvelous symbol of the whole Church, through your death, burial and resurrection, bring life to your bride, the Church.

— Lord, have mercy on us.

Lord Jesus, you remembered those who did not remember your promise of resurrection, remember those without hope, who do not know that you have risen.

— Lord, have mercy on us.

Lamb of God, you were offered for all as our paschal sacrifice, draw all mankind to yourself.

— Lord, have mercy on us.

God of all the world, you encompass the universe but were pleased to be laid in a tomb, free the human race from the powers of darkness, and grant it the gift of immortal glory.

— Lord, have mercy on us.

Christ, Son of the living God, you opened the gates of paradise to the repentant thief, gather all who have shared your death and burial into the glory of your resurrection.

— Lord, have mercy on us.

*The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.



*Concluding Prayer*

All-powerful and ever-living God,  
your only Son went down among the dead  
and rose again in glory.  
In your goodness  
raise up your faithful people,  
buried with him in baptism,  
to be one with him  
in the eternal life of heaven,  
where he lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

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