

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

April 8, 2024

{ Solemnity – Annunciation }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Take up your cross, the Savior said,
If you would my disciple be;
Deny yourself, the world forsake,
And humbly follow after me.

Take up your cross, let not its weight
Fill your weak spirit with alarm;
His strength shall bear your spirit up,
Shall brace your heart and nerve your arm.

Take up your cross then in his strength,
And ev'ry danger calmly brave,
To guide you to a better home,
And vict'ry over death and grave.

Take up your cross and follow Christ,
Nor think till death to lay it down;
For only he who bears the cross
May hope to wear the glorious crown.

To you, great Lord, the One in three,
All praise for evermore ascend;
O grant us here below to see
The heav'nly life that knows no end.

Melody: Breslau or Winchester New L.M.; Music: (Breslau) As hymnodus sacer, 1625, or (Winchester New) Musikalisches Handbuch, Hamburg, 1690; Text: Charles William Everest, 1814–1877, adapted by Anthony G. Petti; © 1971 by Faber Music Ltd, London. Reproduced by kind permission of the publishers. All Rights Reserved.

Sit or stand

PSALMODY

Antiphon

Behold, a virgin shall conceive and give birth to a son, and he shall be called Emmanuel, alleluia.

Psalm 123

The Lord, unfailing hope of his people

Two blind men cried out: "Have pity on us, Lord, Son of David" (Matthew 20:30).

To you have I lifted up my eyes, *
you who dwell in the heavens:
my eyes, like the eyes of slaves *
on the hand of their lords.

Like the eyes of a servant *
on the hand of her mistress,
so our eyes are on the Lord our God *
till he show us his mercy.

Have mercy on us, Lord, have mercy. *
We are filled with contempt.
Indeed all too full is our soul †
with the scorn of the rich, *
with the proud man's disdain.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 124

Our help is in the name of the Lord

The Lord said to Paul: "Fear not . . . I am with you" (Acts 18:9-10).

"If the Lord had not been on our side, *"
this is Israel's song.

"If the Lord had not been on our side *"
when men rose against us,
then would they have swallowed us alive *"

when their ánger was kindled.

Thén would the wáters have engúlfed us,*
the tórrént gone óver us;
óver our héad would have swépt *
the ráging wáters.”

Bléssed be the Lórd who did not gíve us *
a préy to their téeth!
Our lífe, like a bírd, has escáped *
from the snáre of the fówler.

Indéed the snáre has been bróken *
and wé have escáped.
Our hélp is in the náme of the Lórd,*
who made héaven and éarth.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 125

The Lord, guardian of his people

Peace to God's true Israel (Galatians 6:16).

Thóse who put their trúst in the Lórd †
are like Mount Zíon, that cánnót be sháken,*
that stánds for éver.

Jerúsalem! The móuntains surróund her, †
so the Lórd surróunds his péople *
both nów and for éver.

For the scépter of the wícked shall not rést *
over the lánd of the júst
for féar that the hánds of the júst *
should túrn to évil.

Do góod, Lord, to thóse who are góod,*
to the úpright of héart;
but the cróoked and thóse who do évil, †

drive them away! *
On Ísrael, péace!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Behold, a virgin shall conceive and give birth to a son, and he shall be called Emmanuel, alleluia.

Sit

READING

1 John 4:10

Love consists in this:
not that we have loved God
but that he has loved us
and has sent his Son as an offering for our sins.

Verse

I am the handmaid of the Lord, alleluia.

— Let it be done to me as you have said, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.

God our Father,
your Word became man and was born of the Virgin Mary.
May we become more like Jesus Christ,
whom we acknowledge as our redeemer, God and man.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

ACKNOWLEDGEMENTS

The English Translation of the Introductory Verses and Responses, the Invitatories, the Antiphons, Captions and Patristic Commentaries for the Psalms, Psalm-prayers, Responsories, Intercessions, Greeting, Blessings, and Dismissal, Non-Biblical Readings, and Hagiographical Introductions from *The Liturgy of the Hours* © 1974, 1975, 1976, International Committee on English in the Liturgy, Inc. (ICEL); the Alternative Opening Prayers and the English translation of the Opening Prayers (Prayers of the Day) from *The Roman Missal* © 1973, ICEL. All rights reserved.

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