

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

April 2, 2024

{ Tuesday within the Octave of Easter }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Alleluia! sing to Jesus!
His the scepter, his the throne;
Alleluia! his the triumph
His the victory alone:
Hark! the songs of peaceful Zion
Thunder like a mighty flood;
Jesus, out of every nation,
Hath redeemed us by his Blood.

Alleluia! not as orphans
Are we left in sorrow now;
Alleluia! He is near us,
Faith believes nor questions how:
Though the cloud from sight received him,
When the forty days were o'er
Shall our hearts forget his promise,
"I am with you evermore"?

Alleluia! Bread of angels,
Thou on earth our food, our stay;
Alleluia! here the sinful
Flee to thee from day to day:
Intercessor, friend of sinners,
Earth's Redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.

Alleluia! King eternal,
Thee the Lord of lords we own;

Alleluia! born of Mary,
Earth thy footstool, heav'n thy throne:
Thou within the veil hast entered,
Robed in flesh, our great High Priest;
Thou on earth both Priest and Victim
In the Eucharistic feast.

*Melody: Hyfrydol 87.87.D; Music: R. H. Prichard, 1811-1887; Text: William
Chatterton Dix, 1837-1898*

Sit or stand

PSALMODY

Antiphon

He was handed over to death for our sins; he was raised to life to
justify us, alleluia.

Psalm 119:1-8

I (Aleph)

Meditation on God's law

Loving God means keeping his commandments (1 John 5:3).

They are háppy whose lífe is blámeless,*
who fóllow God's lów!

They are háppy who dó his wíll,*
seeking hím with all their héarts,
who néver do ánything évil*
but wálk in his wáys.

Yóu have laid dówn your précepts*
to be obéyed with cáre.

Máy my fóotsteps be firm*
to obéy your státutes.

Thén I shall nó't be put to sháme*
as I héed your commánds.

I will thánk you with an úpright héart*
as I léarn your decrées.

Í will obéy your státutes:*
dó not forsáke me.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 16

The Lord himself is my heritage

The Father raised up Jesus, freeing him from the grip of death (Acts 2:24).

Presérve me, Gód, I take réfuge in yóu. †
I sáy to the Lórd: “Yóu are my Gód. *
My háppiness lées in yóu alóne.”

He has pút into my héart a márvellous lóve *
for the fáithful ónes who dwéll in his lánd.
Those who chóose other góds incréase their sórrors. †
Néver will I óffer their ófferings of blóod. *
Néver will I táke their náme upon my líps.

O Lórd, it is yóu who are my pórtion and cúp; *
it is yóu yoursélf who áre my príze.
The lót marked óut for me is my delíght: *
welcome indéed the héritage that fálls to mé!

I will bléss the Lórd who gíves me cóunsel, *
who éven at níght dirécts my héart.
I kéepe the Lórd ever ín my síght: *
since hé is at my ríght hand, Í shall stand firm.

And so my héart rejóices, my sóul is glád; *
éven my bódy shall rést in sáfety.
For yóu will not léave my sóul among the déad, *
nor lét your belóved knów decáy.

You will shów me the páth of lífe, †
the fúllness of jóy in your présence, *
at your ríght hand háppiness for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 23

The Good Shepherd

The Lamb himself will be their shepherd and will lead them to the springs of living waters (Revelation 7:17).

The Lórd is my shépherd; *
there is nóthing I shall wánt.

Frésh and gréen are the pástures *
where he gíves me repóse.

Near réstful wáters he léads me, *
to revíve my drooping spírit.

He guídes me alóng the right páth; *
he is trúe to his náme.

If I should wáلك in the vállley of dárkness *
no évil would I féar.

You are thére with your cróok and your stáff; *
with thése you give me cómfort.

You have prépared a bánquet for mé *
in the síght of my fóes.

My héad you have anóinted with óil; *
my cúp is overflówing.

Surely góodness and kíndness shall fóllow me *
all the dáys of my lífe.

In the Lórd's own hóuse shall I dwéll *
for éver and éver.

Glory to the Father, and to the Son, *
and to the Holy Spírit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

He was handed over to death for our sins; he was raised to life to justify us, alleluia.

Sit

READING

See 1 Peter 3:21-22a

You are now saved by a baptismal bath. This baptism is no removal of physical stain, but the pledge to God of an irreproachable conscience through the resurrection of Jesus Christ. He went to heaven and is at God's right hand.

Verse

This is the day the Lord has made, alleluia.

— Let us rejoice and be glad, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.

Father,
by this Easter mystery you touch our lives
with the healing power of your love.
You have given us the freedom of the sons of God.
May we who now celebrate your gift
find joy in it for ever in heaven.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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